

# Cardiff and Vale of Glamorgan Area Plan for Care and Support Needs

## Shaping Our Future Well-being: 'Me, My Home, My Community'

### 2018-2023



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# What is the Purpose of the Area Plan?

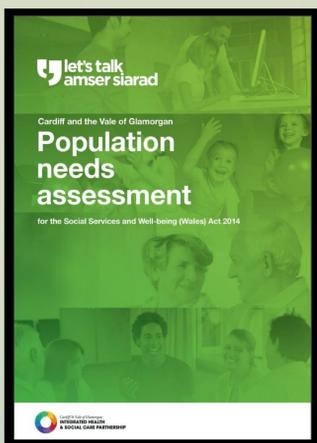
This Area Plan provides the response of the Cardiff and Vale of Glamorgan Regional Partnership Board to the findings of the regional [Population Needs Assessment](#) published on 31st March 2017.

It has been prepared to meet the requirements of the [Statutory Guidance](#) in relation to Area Plans under section 14A of the Social Services and Well-being (Wales) Act 2014. The Act requires a description of the range and level of services proposed to be provided or arranged in response to care and support needs, including the support needs of carers, identified in the population assessment reports.

This Plan has been prepared on the basis of a 5 year period in line with the requirements for the preparation of a Population Needs Assessment.



# What is the Population Needs Assessment?



The Social Services and Well-being (Wales) Act 2014 introduced a duty on local authorities and local health boards to prepare and publish an assessment of the care and support needs of the population, including carers who need support.

Partners from the public and voluntary sectors in Cardiff and the Vale of Glamorgan joined forces under the banner 'Let's Talk' to identify the key care and support needs, prevention issues and assets (such as people, buildings, organisations or services which contribute to enhancing or maintaining well-being) in the region.

An assessment was undertaken between February 2016 and January 2017. Over this time, information was brought together from a number of sources: public surveys tailored to the audience; focus group interviews with local residents; a survey of local professionals and organisations providing care or support, including the third sector; service and population data; key documents; and previous work.

Detailed findings on the assessment of the care and support needs across a number of population groups as set out by Welsh Government are presented in the report, which include:



Older People, including People with Dementia



Children & Young People



Learning Disability & Autism



Adult & Young Carers



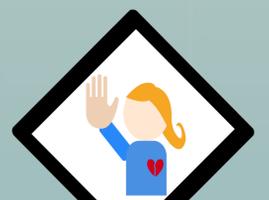
Health & Physical Disabilities



Sensory Loss & Impairment



Adult Mental Health & Cognitive Impairment



Violence Against Women, Domestic Abuse & Sexual Violence

In our region, we also identified the following groups/themes as priorities to review:



Asylum Seekers & Refugees



Veterans



Offenders



Substance Misuse

The Population Needs Assessment highlighted a number of cross-cutting key care and support needs for the Cardiff and Vale of Glamorgan population. These include:

**Key Care and Support Needs Identified**  
Key Findings



**Key Finding 1 (KF1)**

Increase citizen involvement in shaping both preventative and reactionary services



**Key Finding 2 (KF2)**

Promote and improve access to high quality and accessible information and advice



**Key Finding 3 (KF3)**

Further support the development of opportunities that enable social and economic well-being



**Key Finding 4 (KF4)**

Strengthen links between schools, vocational opportunities, apprenticeships, further education and adult learning



**Key Finding 5 (KF5)**

Support people to make healthier lifestyle choices to reduce the prevalence of unhealthy behaviours



**Key Finding 6 (KF6)**

Improve access to low level and specialist mental health care and support



**Key Finding 7 (KF7)**

Provide appropriate and safe housing and community environments, to enable people to remain independent



**Key Finding 8 (KF8)**

Improve public transport, to enable better access to services, employment and social activities



**Key Finding 9 (KF9)**

Develop services that prevent the need for more intensive care and support



**Key Finding 10 (KF10)**

Develop services to respond to existing and future care and support needs, including those for carers



**Key Finding 11 (KF11)**

Improve support for people as they transition between services



**Key Finding 12 (KF12)**

Improve organisational working practices, to ensure that services help people to achieve the outcomes they seek

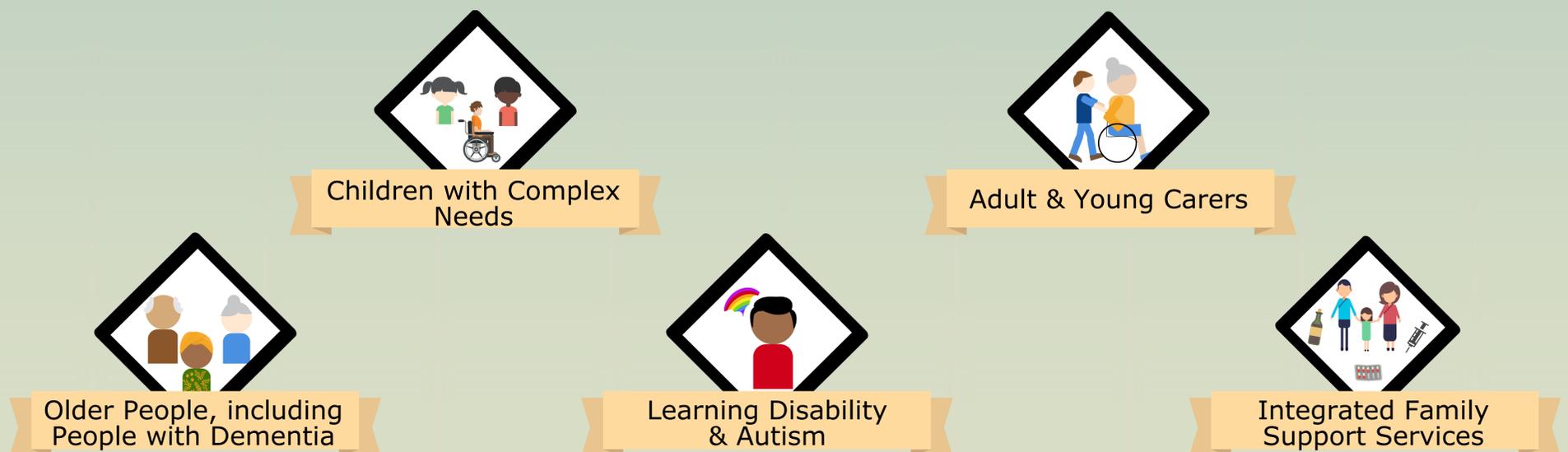
The response of the Regional Partnership Board and other Partnerships/delivery mechanisms to these key findings is reflected in each of the relevant population/theme chapters included in this Plan.

# Addressing the Identified Care and Support Needs

In response to the findings of the Population Needs Assessment, a review was undertaken in relation to all suggested areas for action in the report. This review was done against existing or planned activity in current Partnerships or organisational delivery mechanisms to identify where this work is already being progressed.

Two reports have been produced as a result of this review. The first is this Area Plan, which sets out the key needs identified within the Population Assessment, along with the priority areas for action in response to the findings. In addition, an [Area Action Plan](#) has also been developed, which provides the detail of how these priorities will be delivered. Both reports also set out the contributions to Cardiff and Vale of Glamorgan's Well-being Objectives and the National Social Services Outcomes Framework.

The main focus of both Plans will be the Regional Partnership Board's responsibilities for the integration of services in relation to:



Where there are other care and support themes identified which are led by other Partnerships and planning arrangements across the region, both Plans will signpost to existing reporting mechanisms to enable progress to be monitored.

The Area Plan and Area Action Plan are both available at: [www.cvihs.co.uk/about/what-we-do/cardiff-vale-glamorgan-area-plan/](http://www.cvihs.co.uk/about/what-we-do/cardiff-vale-glamorgan-area-plan/)

## Developing the Area Plan

The development of the Area Plan and Area Action Plan has been informed by a number of sources, including public surveys, focus group interviews with local residents, a survey of local professionals and organisations providing care or support, service and population data, key documents, and current work being undertaken by partner organisations.

Whilst there is no requirement to undertake formal consultation on the Area Plan, those people involved in the production of the Population Needs Assessment were invited to comment on the draft document and to provide input to the Action Plan.

In addition, an online public survey was developed to give people an opportunity to provide comments. Work also took place with Public Service Board colleagues to participate in the engagement on the Well-being Plans and to enable discussion to occur on care and support needs.

As part of the process to develop the Plan, the Partnership has undertaken an Equality and Health Impact Assessment. The Cardiff and Vale of Glamorgan Regional Partnership Board serves a very diverse population and takes into account the requirements of the Equality Act 2010 and Public Health (Wales) Act 2017 to progress equal opportunities for all. The Partnership is committed, through the delivery of this Plan, to promoting positive measures that address inequalities in health and eliminate all forms of unlawful or unfair discrimination on the grounds of age, marriage and civil partnership, disability, race, gender, religion/belief, sexual orientation, gender reassignment or gender identity and pregnancy/maternity.

All feedback received as part of the development of the Plan and subsequent consultation has been considered and reflected in the final documents, as appropriate.



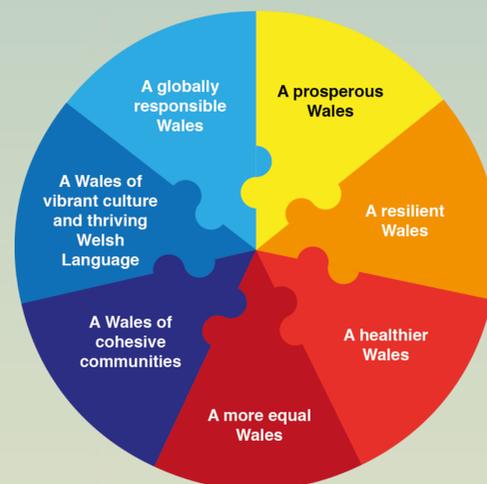
# Contributing towards Local Well-being Objectives

The development of this Plan has been undertaken in close synergy with the Cardiff and Vale of Glamorgan Public Service Boards, in recognition that many of the priorities in this Area Plan will represent the care and support elements of each of the two Well-being Plans.

Well-being Assessments and Plans are a statutory requirement under the Well-being of Future Generations (Wales) Act 2015, which is about improving the economic, social, environmental and cultural well-being of Wales through sustainable development.

The Act places a well-being duty on public sector bodies to take action to achieve 7 well-being goals in accordance with a 'sustainable development principle'. The 7 well-being goals are:

- A prosperous Wales
- A resilient Wales
- A healthier Wales
- A more equal Wales
- A Wales of cohesive communities
- A Wales of vibrant culture and thriving Welsh Language
- A globally responsible Wales



To demonstrate application of the 'sustainable development principle', public sector bodies need to:

<u>Prevention</u>	<u>Integration</u>	<u>Collaborate</u>	<u>Involvement</u>	<u>Long-term</u>
Focus on prevention by looking at the root causes of issues	Deliver services using an integrated approach	Work in collaboration to find shared, sustainable solutions	Involve others in the achievement of the well-being goals	Look at both short-term and long-term needs

Each of the population/theme chapters in the Area Plan outlines which of the Cardiff and Vale of Glamorgan Well-being Objectives the key actions contribute to as part of a wider understanding of a shared contribution to well-being outcomes. Many of the key actions taken forward in this Plan will contribute to more than one well-being objective given the cross-cutting impact of care and support services:

## Cardiff's Well-being Plan Objectives

A Capital City that works for Wales	Cardiff's population growth is managed in a resilient way	Safe, confident and empowered communities	Cardiff is a great place to grow up	Supporting people out of poverty	Cardiff is a great place to grow old	Modernising and integrating our public services

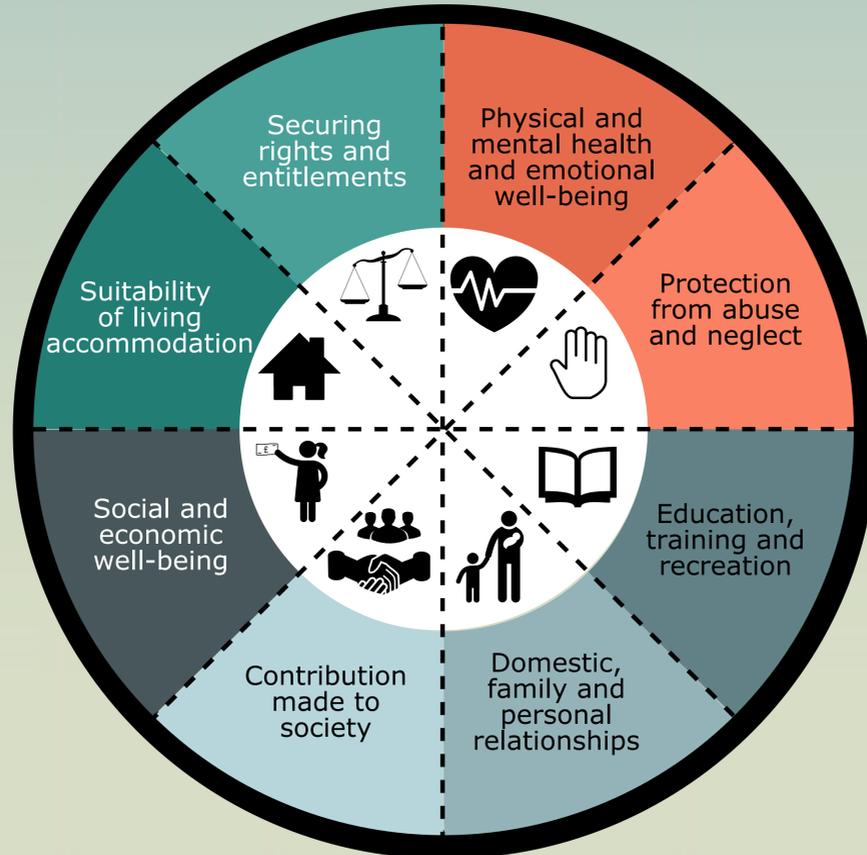
## Vale of Glamorgan's Well-being Plan Objectives

Enable people to get involved, participate in their communities and shape local services	Reduce poverty and tackle inequalities linked to deprivation	Give children the best start in life	Protect, enhance and value our environment

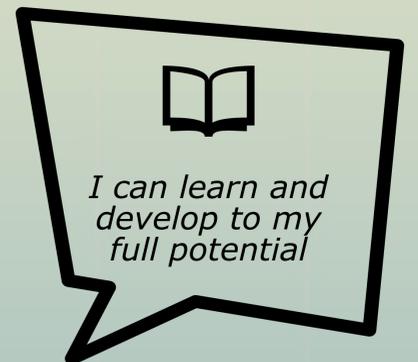
# Contributing towards the Social Services National Outcomes Framework

The [Social Services National Outcomes Framework](#) was developed to fulfil a requirement in the Social Services and Well-being (Wales) Act 2014 to describe well-being for people and carers who need care and support, and provide a consistent approach to measuring well-being.

The Social Services and Well-being (Wales) Act 2014 defines well-being as:



National outcomes for each of the 8 aspects of well-being that are to be achieved by people and carers needing care and support have been developed. For example:



Each chapter details which aspects of well-being the listed key priorities are expected to contribute towards. Further information on the outcomes can also be found in the Action Plan which accompanies this Area Plan at: [www.cvihs.co.uk/about/what-we-do/cardiff-vale-glamorgan-area-plan/](http://www.cvihs.co.uk/about/what-we-do/cardiff-vale-glamorgan-area-plan/)

## Monitoring and Review

Progress against the delivery of Regional Partnership Board's priorities will be monitored and reviewed within the Board's annual report, which will be published in early 2018/19. The Area Action Plan will be updated and amended as appropriate to reflect the changing policy context, demographics or service pressures.

The priorities being progressed by other Partnerships will be reported via other mechanisms, such as the Public Service Board, or by organisational planning mechanisms, such as the local authority Corporate/Improvement Plans and Cardiff and Vale University Health Board's Integrated Medium Term Plan.

# Overview of Regional Priorities

## Older People, including People with Dementia

### Regional Partnership Board Priorities

-  **OP1.1.** Building on the First Point of Contact and Single Point of Access services, further develop digital services along with easily accessible telephone, online and face-to-face access points for the region, for both professionals and the public
-  **OP1.2.** Develop resilient communities with local services, infrastructure and strong community networks to meet local needs where older people live
-  **OP1.3.** Develop and provide a range of future accommodation options to meet demand and enable people to remain at home for as long as possible
-  **OP1.4.** Develop improved assessment, diagnosis and care planning practices which are built upon genuine collaboration with older people and their carers and families, so that their plan reflects what is important to them and achieves the outcomes they seek
-  **OP1.5.** Develop Cardiff and Vale of Glamorgan as a dementia friendly region

## Children with Complex Needs

### Regional Partnership Board Priorities

-  **CYP1.1.** Improve provision for children and young people with Additional Learning Needs
-  **CYP1.2.** Improve integrated provision for children with complex needs, including transition between children's and adult's services

## Children and Young People

### Other Partnership Board Priorities

-  **CYP2.1.** Increase the role of children and young people in decision making and service delivery
-  **CYP2.2.** Improve educational outcomes
-  **CYP2.3.** Increase the successful transition into employment, education or training of children and young people
-  **CYP2.4.** Increase access to appropriate services for looked after children and children in need, recognising increased rates of emotional and mental health issues
-  **CYP2.5.** Increase support for children and young people affected directly or indirectly by parental relationship breakdown and domestic violence
-  **CYP2.6.** Prevent child sexual exploitation
-  **CYP2.7.** Enable children and young people to be happy and healthy
-  **CYP2.8.** Develop the Welsh skills of children and create new Welsh speakers, to support the Welsh Government's vision of having a million Welsh speakers by 2050

# Overview of Regional Priorities

## Learning Disability and Autism

### Regional Partnership Board Priorities

-  **LDA1.1.** People with learning disabilities are supported to maximise their independence
-  **LDA1.2.** People with learning disabilities are supported to play an active role in society and engage in meaningful day time activities and employment or volunteering
-  **LDA1.3.** People with learning disabilities are valued and included, supported to have a voice, and able to exercise choice and control over their lives
-  **LDA1.4.** People with learning disabilities are enabled to stay healthy and feel safe
-  **LDA1.5.** People with learning disabilities are supported to become lifelong learners
-  **LDA1.6.** Develop a new Integrated Autism Service which all agencies working in integrated, multi-disciplinary ways will provide appropriate services for children, young people and adults with an autism spectrum disorder, addressing their education, health, employment, social interaction and emotional needs

## Integrated Family Support Services

### Regional Partnership Board Priorities

-  **IFSS1.1.** Continue to provide an intensive intervention with families referred by Children's Services where there are serious child protection concerns as a result of parental / carer substance misuse, domestic abuse or mental health
-  **IFSS1.2.** Explore the extension of the Integrated Family Support Service model to include other parental additional needs (e.g. learning disability) and consider how it can help tackle adverse childhood experiences

## Adult and Young Carers

### Regional Partnership Board Priorities

-  **AYC1.1.** Identify and implement a carer engagement model based on best practice
-  **AYC1.2.** Improve physical and emotional support for young carers, including emergency and pre-planned respite and reducing the risk of adverse childhood experiences
-  **AYC1.3.** Improve physical and emotional support for adult carers, including emergency and pre-planned respite
-  **AYC1.4.** Involve carers, including young carers, in the planning of hospital admission and discharge if the person they care for is in hospital
-  **AYC1.5.** Provide easily accessible information to carers and relatives in a range of formats and languages through existing information points, such as primary care and libraries
-  **AYC1.6.** Raise awareness around caring and carers among the public and health and social care professionals, (e.g. adopting an approach similar to Making Every Contact Count), to ensure that carers are identified as early as possible and all involved are aware of their rights as a carer

# Overview of Regional Priorities

## Health and Physical Disabilities

### Other Partnership Priorities



**HPD1.1.** Promote healthy lifestyles and improve and protect the health and well-being of Cardiff and Vale of Glamorgan residents

## Adult Mental Health and Cognitive Impairment

### Other Partnership Priorities



**AMHCI1.1.** Deliver the Cardiff and Vale of Glamorgan 'Together for Mental Health' Plan

## Sensory Loss and Impairment

### Other Partnership Priorities



**SLI1.1.** Deliver the Cardiff and Vale of Glamorgan Eye Care Plan in conjunction with Primary Care, Secondary Care, Cardiff and Vale of Glamorgan University Health Board and Welsh Government



**SLI1.2.** Develop and implement a health board wide action plan to meet the All Wales Standards for Accessible Information and Communication for People with Sensory Loss, in order to improve provision across Primary Care, Secondary Care and Emergency and Unscheduled Care



**SLI1.3.** Explore the establishment of a partnership delivery mechanism to meet the wider needs of people with sensory loss and impairment

## Violence Against Women, Domestic Abuse and Sexual Violence

### Other Partnership Priorities



**VAWDASV1.1.** Deliver the Cardiff and Vale of Glamorgan Violence Against Women, Domestic Abuse and Sexual Violence Strategy (*under development*)

## Asylum Seekers and Refugees

### Other Partnership Priorities



**ASR1.1.** Deliver the Cardiff and Vale of Glamorgan Community Cohesion Delivery Plan 2017/2020 (*under development*)

# Overview of Regional Priorities

## Offenders

### Other Partnership Priorities



**O1.1.** Ensure that the local criminal justice system works effectively and efficiently, meeting the needs of victims and challenging offenders

## Veterans

### Other Partnership Priorities



**V1.1.** Deliver the Cardiff and Vale of Glamorgan Armed Forces Community Action Plan 2017/2019

## Substance Misuse

### Other Partnership Priorities



**SM1.1.** Deliver the Cardiff and Vale of Glamorgan Substance Misuse and Wellbeing Commissioning Strategy 2016/2020 with a focus on prevention, education, treatment, support and sustainable long-term recovery



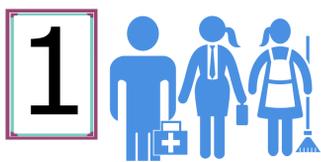
**SM1.2.** Increase the safety of our communities by delivering multi-agency responses in locations where discarded injecting equipment and other drug paraphernalia is prevalent

# 1: Older People, including People with Dementia

## What did the Population Needs Assessment Tell Us?

- In general, Cardiff has a younger population, while the Vale of Glamorgan has a larger older age population more in line with the Wales average. Both areas however, are anticipated to see a continued increase in the number of people over the ages of 65 and 85.
- The Vale of Glamorgan is projected to see the largest increase across both age groups, with 20.5% of their population in 2025 expected to be aged 65-84 (compared to 17.5% in 2015), and 3.8% aged 85 years and above (compared to 2.8% in 2015). Both of these figures are above the projected Wales average of 19.1% and 3.5%, respectively.
- The number of people living with dementia is also projected to rise significantly, with 1 in 3 expected to be affected by dementia in the future. The driver for this is mostly the increase in the over 85 population.

## What were the Key Care and Support Needs Identified?



1

### Need 1 (N1):

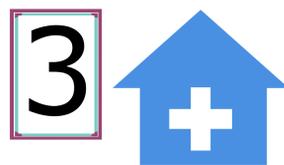
Maintain sustainability of key services supporting older people



2

### Need 2 (N2):

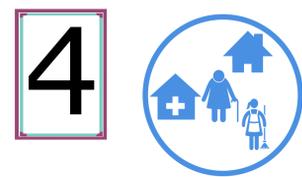
Improve access to information and advice (e.g. 'one stop shop' model)



3

### Need 3 (N3):

Improve integrated management of mental health and physical issues



4

### Need 4 (N4):

Increase integration of health, housing and social care



5

### Need 5 (N5):

Reduce social isolation and loneliness while maintaining independence



6

### Need 6 (N6):

Increase support to access practical help with day-to-day tasks such as shopping and gardening



7

### Need 7 (N7):

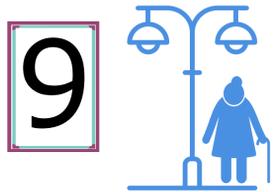
Improve support and information for people with dementia and their family and carers



8

### Need 8 (N8):

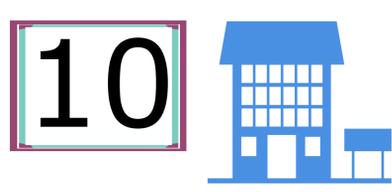
Provide appropriate housing to meet individuals' needs and enable them to remain independent



9

### Need 9 (N9):

Promote accessible built environments (including good lighting and toilets)



10

### Need 10 (N10):

Improve the commissioning of care home places to enable consistent and high quality care



11

### Need 11 (N11):

Improve public transport services to enable access to activities promoting health and well-being



12

### Need 12 (N12):

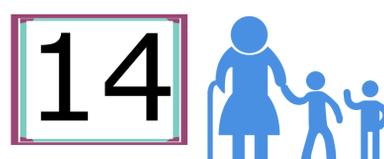
Improve access to different types of advocacy



13

### Need 13 (N13):

Increase digital inclusion to enable access to information and services



14

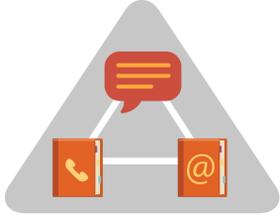
### Need 14 (N14):

Promote inter-generational opportunities in communities

# 1: Older People, including People with Dementia

## What are our Key Priorities in Response?

The key priorities to be delivered by the Regional Partnership Board are:



1.

Building on the First Point of Contact and Single Point of Access services, further develop digital services along with easily accessible telephone, online and face-to-face access points for the region, for both professionals and the public



2.

Develop resilient communities with local services, infrastructure and strong community networks to meet local needs where older people live



3.

Develop and provide a range of future accommodation options to meet demand and enable people to remain at home for as long as possible



4.

Develop improved assessment, diagnosis and care planning practices which are built upon genuine collaboration with older people and their carers and families, so that their plan reflects what is important to them and achieves the outcomes they seek



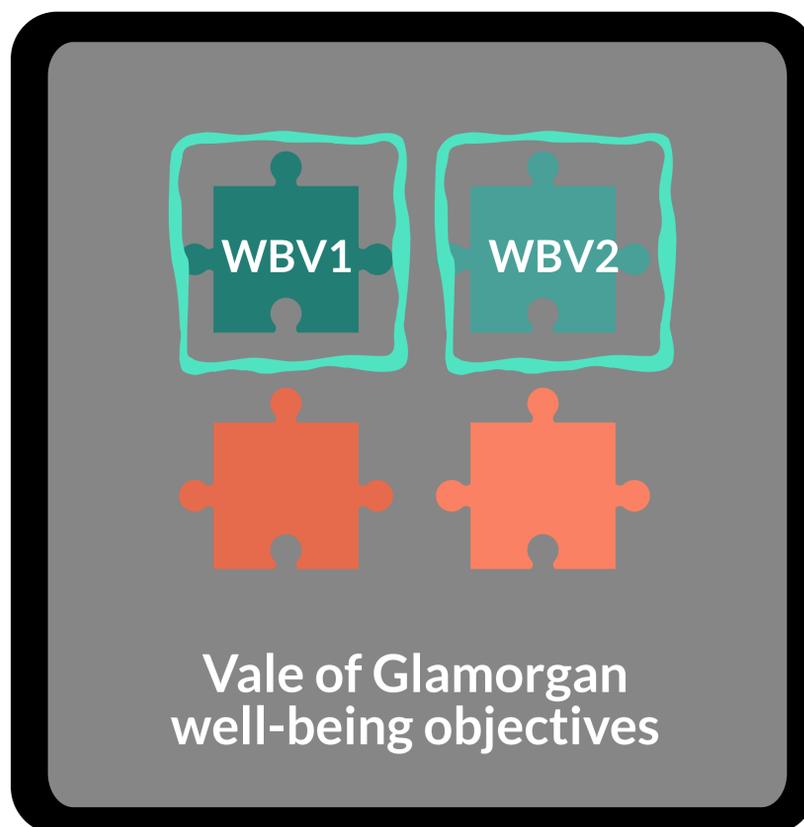
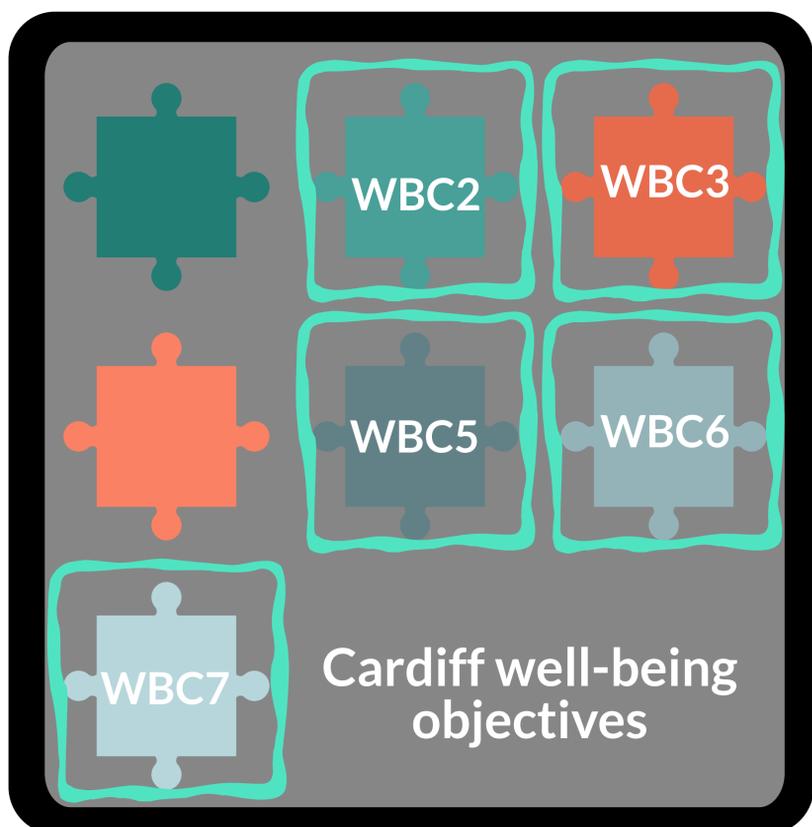
5.

Develop Cardiff and Vale of Glamorgan as a dementia friendly region

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

# 1: Older People, including People with Dementia

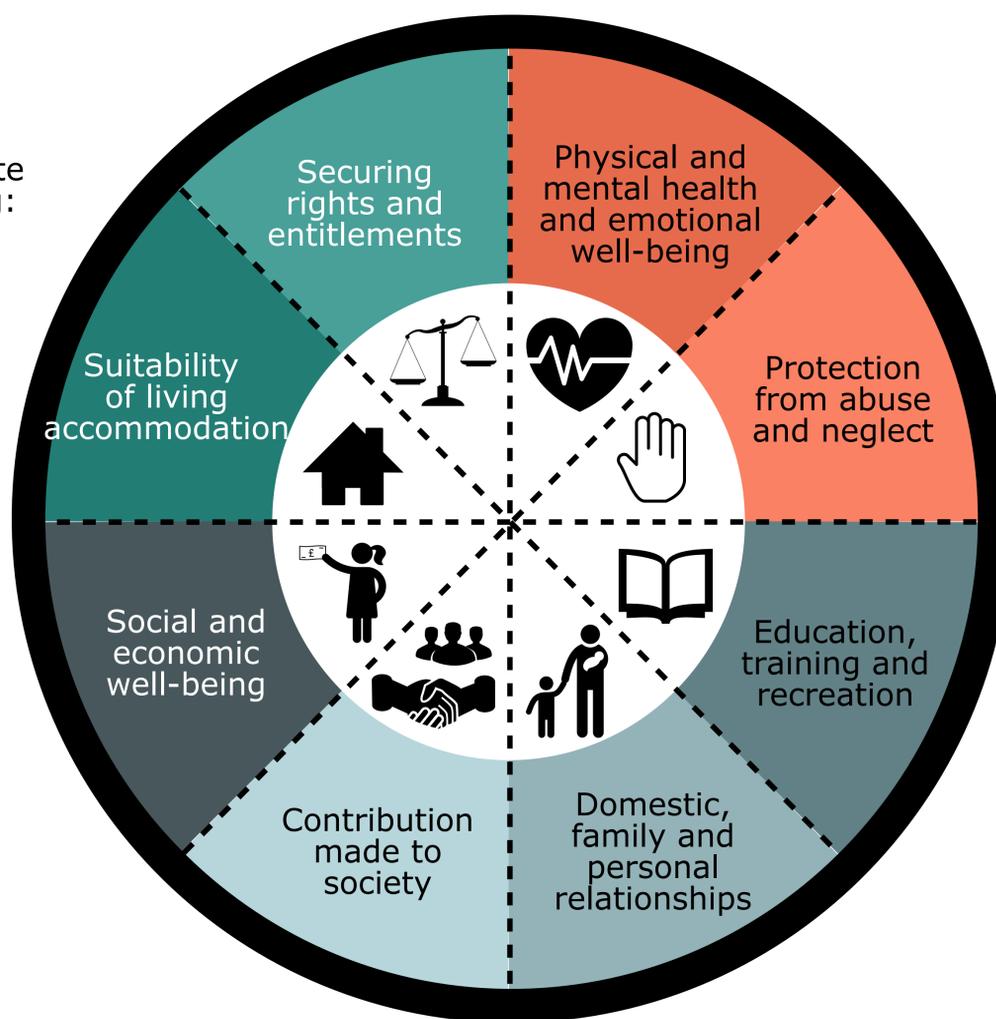
## Which Well-being Objectives do these Priorities Contribute Towards?



## Which National Outcomes do these Priorities Contribute Towards?

The key priorities are expected to contribute towards the following aspects of well-being:

- Securing rights and entitlements
- Physical and mental health and emotional well-being
- Protection from abuse and neglect
- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



## 2: Children and Young People, including Children with Complex Needs

### What did the Population Needs Assessment Tell Us?

- The population of Cardiff is relatively young compared with the rest of Wales, with the proportion of infants (0-4yrs) significantly higher than the Wales average. In the next 10 years, there will be an increase in the number of people aged 5-16. The proportion of young people in the Vale of Glamorgan is similar to the Wales average.
- In March 2016, there were 340 children on the child protection register in Cardiff, and 100 in the Vale.
- In 2015, in both Cardiff (91%) and the Vale of Glamorgan (90%), school attendance rates of children in need were marginally below the all-Wales average of 92%. Across Wales, 35% of children in need achieve 5 or more A\*-G GCSE passes. In Cardiff, the rate was 31% and in the Vale it was 37%.
- In the Vale of Glamorgan, the percentage of year 11 pupils who go on to be not in education, employment or training (NEET) continues to decrease year on year, and is below the Welsh average. Levels in Cardiff have also declined but remain high compared with the rest of Wales.
- At the 2011 Census, 1,579 young carers were identified in Cardiff and the Vale of Glamorgan, although the Census is recognised as underestimating the number of young carers.

### What were the Key Care and Support Needs Identified?

1



**Need 1 (N1):**  
Improve support for children and young people affected by parental relationship breakdown and domestic violence

2



**Need 2 (N2):**  
Improve access to appropriate services in a timely fashion, including primary care and mental health services, and support for young people with Attention Deficit Hyperactivity Disorder and Autism

3



**Need 3 (N3):**  
Improve access to appropriate services for looked after children and children in need, recognising increased rates of emotional and mental health issues

4



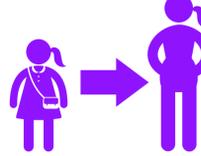
**Need 4 (N4):**  
Increase support for young carers, including respite, and raise awareness of what they do

5



**Need 5 (N5):**  
Increase involvement of children and young people in decisions affecting them

6



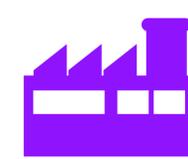
**Need 6 (N6):**  
Enable smoother transitions between children's and adult's services

7



**Need 7 (N7):**  
Provide appropriate and safe accommodation

8



**Need 8 (N8):**  
Further develop vocational educational opportunities and apprenticeships

9



**Need 9 (N9):**  
Respond to the increasing numbers and complexity of needs of children and young people with a disability

## 2: Children and Young People, including Children with Complex Needs

### What are our Key Priorities in Response?

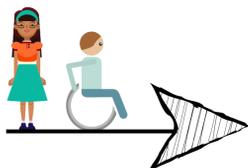
*NB: Key priorities relating to young carers can be found in the 'Adult and Young Carers' section of this plan.*

The key priorities to be delivered by the Regional Partnership Board for children with complex needs are:



**1.**

Improve provision for children and young people with Additional Learning Needs



**2.**

Improve integrated provision for children with complex needs, including transition between children's and adult's services

The key priorities to be led by other Partnerships and planning arrangements across the region for children and young people are:



**1.**

Increase the role of children and young people in decision making and service delivery



**2.**

Improve educational outcomes



**3.**

Increase the successful transition into employment, education or training of children and young people



**4.**

Increase access to appropriate services for looked after children and children in need, recognising increased rates of emotional and mental health issues



**5.**

Increase support for children and young people affected directly or indirectly by parental relationship breakdown and domestic violence



**6.**

Prevent child sexual exploitation



**7.**

Enable children and young people to be happy and healthy



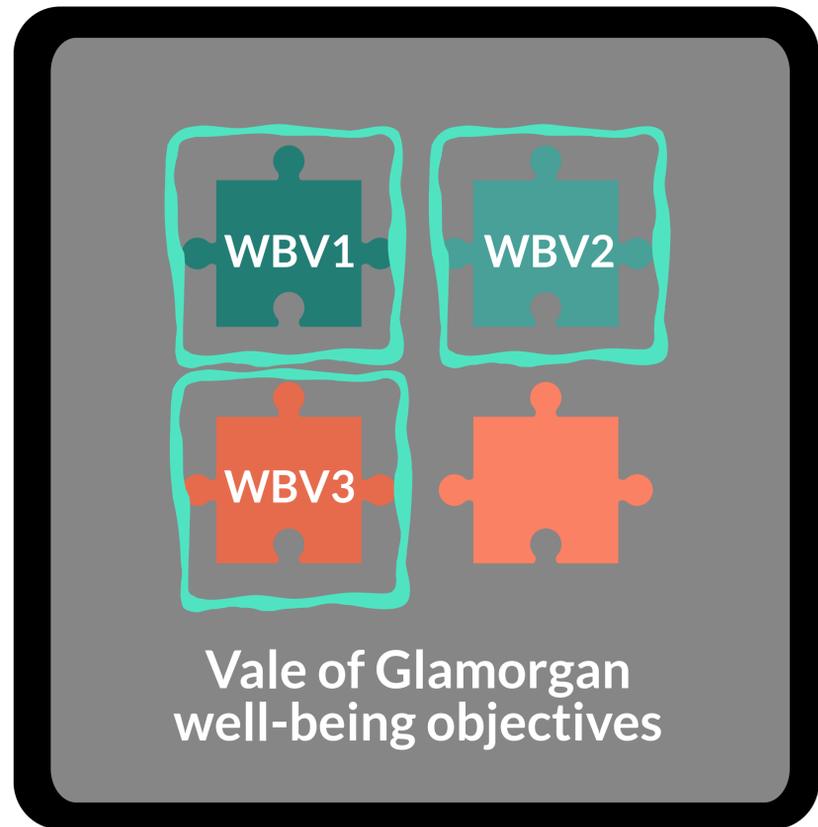
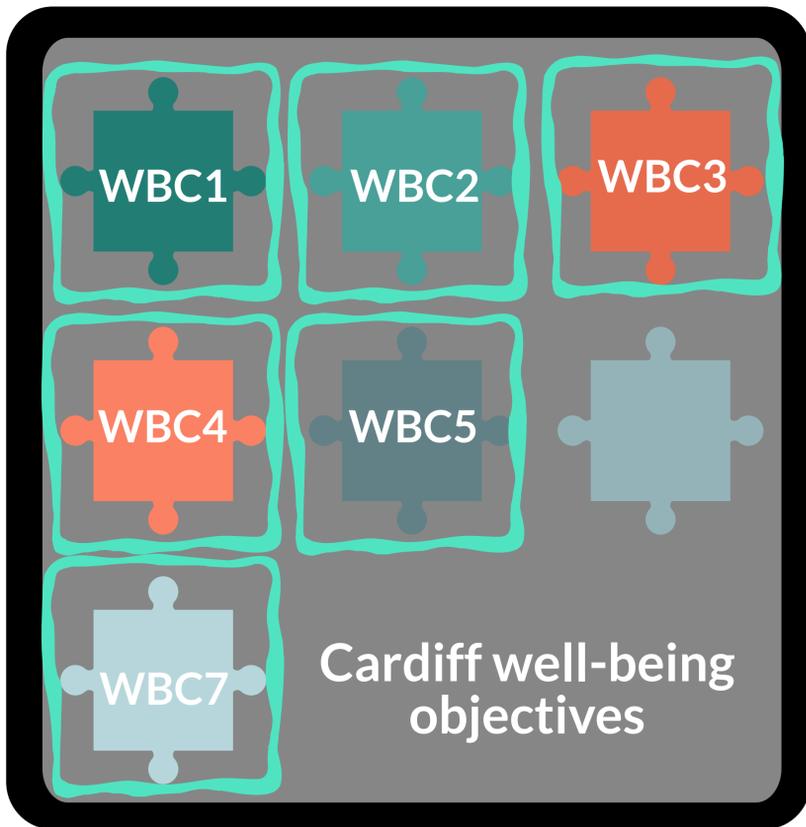
**8.**

Develop the Welsh skills of children and create new Welsh speakers, to support the Welsh Government's vision of having a million Welsh speakers by 2050

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

## 2: Children and Young People, including Children with Complex Needs

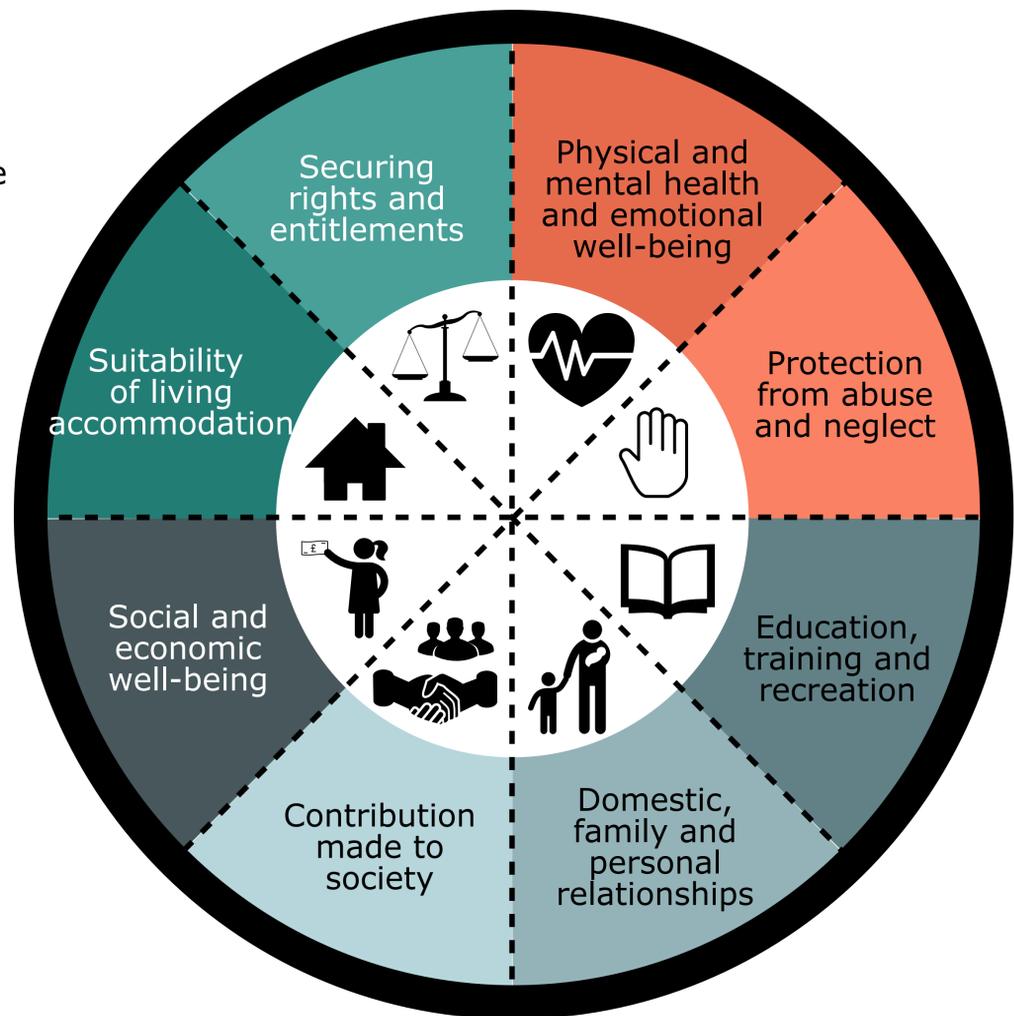
### Which Well-being Objectives do these Priorities Contribute Towards?



### Which National Outcomes do these Priorities Contribute Towards?

The key priorities are expected to contribute towards the following aspects of well-being:

- Securing rights and entitlements
- Physical and mental health and emotional well-being
- Protection from abuse and neglect
- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



# 3: Learning Disability and Autism

## What did the Population Needs Assessment Tell Us?

- There were 1,426 people registered with a learning disability in Cardiff in 2015/16, and 542 in the Vale of Glamorgan.
- These numbers have stayed roughly stable in the Vale over the last 10 years, but have risen significantly in Cardiff, by around 40%.
- A significant increase is projected in the number of older people with a learning disability in both Cardiff and the Vale of Glamorgan.
- UK research on Autism Spectrum Disorder (ASD) suggests that around 1.2% (116 per 10,000) of children and young people have ASD. However, not all these people will be formally diagnosed.
- Applied to the population of Cardiff gives an estimate of 553 children aged 5-16 with ASD, and 2,778 people aged 17-64 with ASD.
- In the Vale of Glamorgan, this gives an estimate of 210 children aged 5-16 with ASD, and 887 people aged 17-64 with ASD.

## What were the Key Care and Support Needs Identified?



### Need 1 (N1):

Increase the accessibility of information and services



### Need 2 (N2):

Improve public transport services to enable access to activities promoting health and well-being



### Need 3 (N3):

Provide respite to those in need



### Need 4 (N4):

Improve access to day opportunities



### Need 5 (N5):

Increase involvement of people requiring services in decisions affecting them



### Need 6 (N6):

Recognise and support people who fall between learning disability and mental health service provision

# 3: Learning Disability and Autism

## What are our Key Priorities in Response?

The key priorities to be delivered by the Regional Partnership Board are:



**1.** People with learning disabilities are supported to maximise their independence.



**2.** People with learning disabilities are supported to play an active role in society and engage in meaningful day time activities and employment or volunteering.



**3.** People with learning disabilities are valued and included, supported to have a voice, and able to exercise choice and control over their lives.



**4.** People with learning disabilities are enabled to stay healthy and feel safe.



**5.** People with learning disabilities are supported to become lifelong learners.

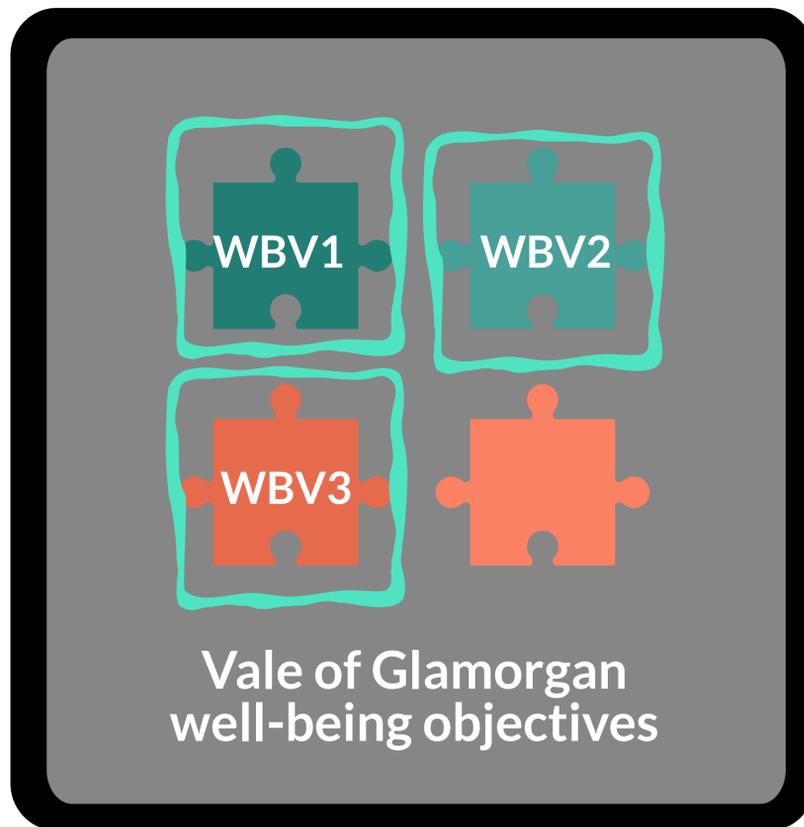
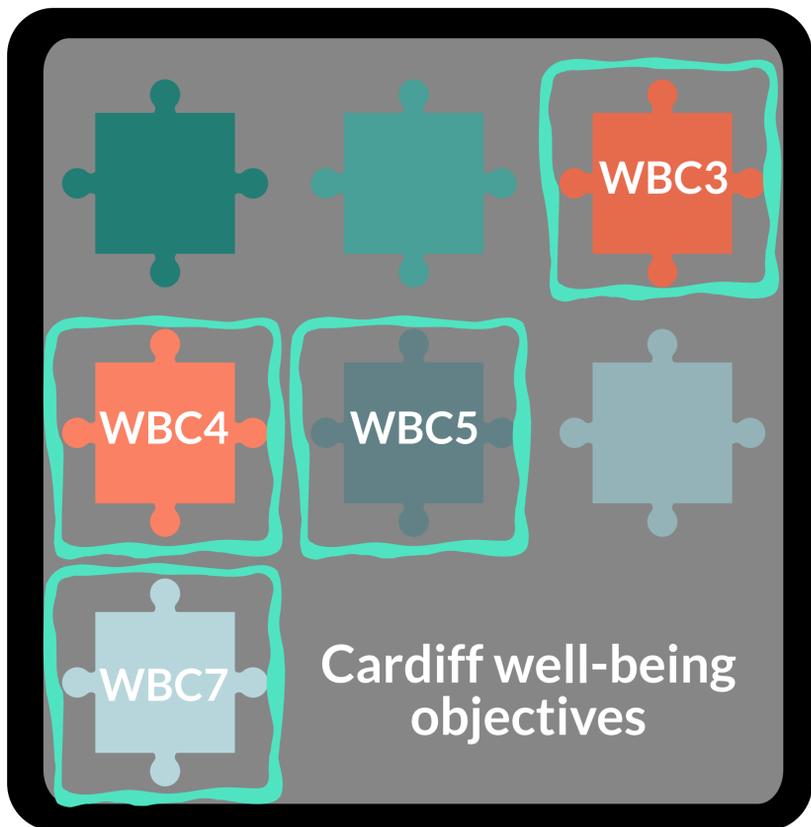


**6.** Develop a new Integrated Autism Service which all agencies working in integrated, multi-disciplinary ways will provide appropriate services for children, young people and adults with an autism spectrum disorder, addressing their education, health, employment, social interaction and emotional needs.

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

# 3: Learning Disability and Autism

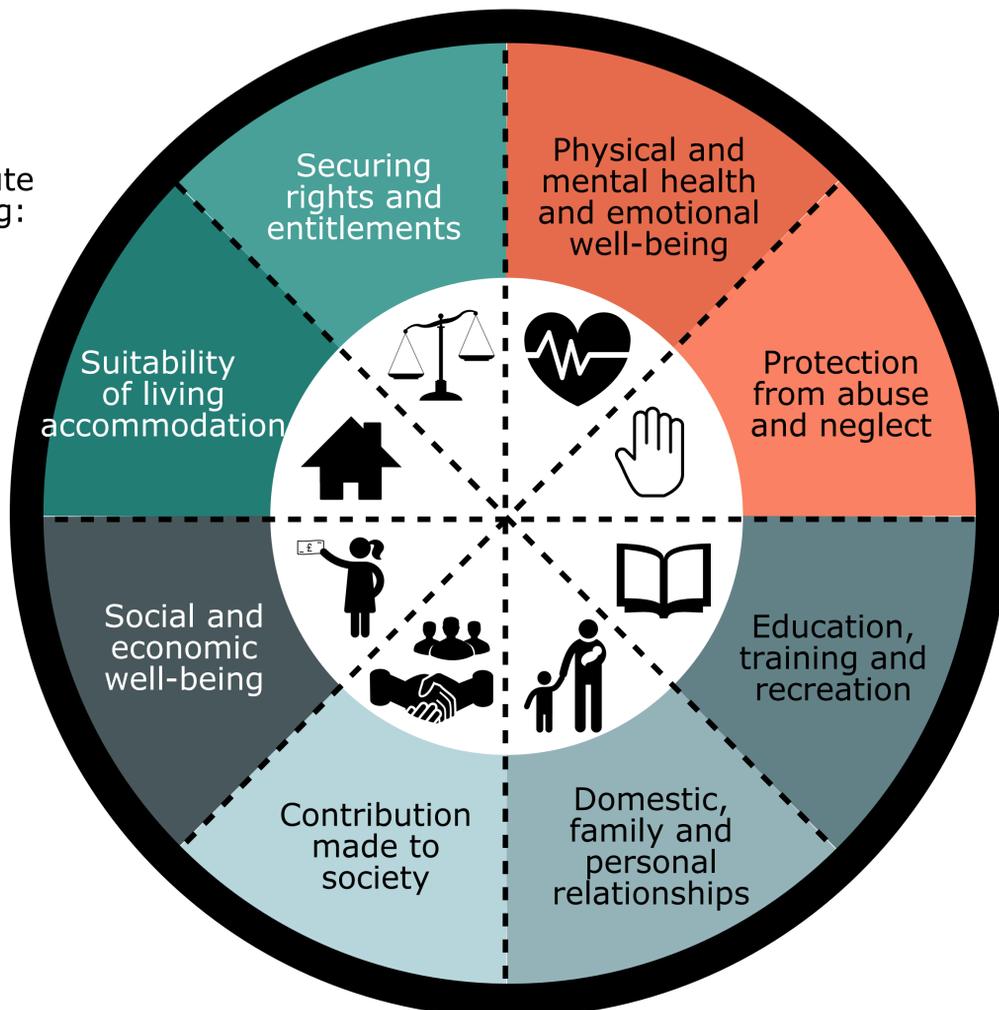
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## Which National Outcomes do these Priorities Contribute Towards?

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- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



# 4: Integrated Family Support Services

## What did the Population Needs Assessment Tell Us?

- The aim of the Integrated Family Support Team (IFST) is to provide an intensive intervention by a highly skilled, multi-disciplinary team to intervene with families referred by Children's Services from Cardiff Council and Vale of Glamorgan Council social workers, to reduce the level of risk and ensure positive outcomes for the most vulnerable children wherever possible.
- Referrals are made due to there being serious child protection concerns as a result of parental / carer substance misuse. In line with Part 9 of the SSWb Act, the referral criteria has been expanded to now also include families presenting with issues around domestic violence or abuse and mental disorder.
- Since 2012, a joint service has operated across Cardiff and Vale of Glamorgan, with a pooled budget and formal agreement in place between the City of Cardiff Council, Vale of Glamorgan Council and Cardiff & Vale UHB. Cardiff Council acts as the lead authority for the IFST hosted within the single team. Other partners including Cwm Taf Local Health Board (for CAMHS), South Wales Police, National Probation Service, Barnardo's and Action for Children are also signatories to the agreement.
- The Population Needs Assessment separately considered issues relating to families, substance misuse and domestic violence, which have been brought together to inform the RPB priorities for the IFST.

## What were the Key Care and Support Needs Identified?

**1** 

**Need 1 (N1):**  
Improve support for children and young people affected by parental relationship breakdown and domestic violence

**2** 

**Need 2 (N2):**  
Improve access to appropriate services in a timely fashion, including primary care and mental health services, and support for young people with ADHD and Autism

**3** 

**Need 3 (N3):**  
Improve access to appropriate services for looked after children and children in need, recognising increased rates of emotional and mental health issues

**4** 

**Need 4 (N4):**  
Provide appropriate and safe accommodation

**5** 

**Need 5 (N5):**  
Increase involvement of people requiring services in decisions affecting them

**6** 

**Need 6 (N6):**  
Increase timely access to low level mental health services (including counselling and family support)

**7** 

**Need 7 (N7):**  
Improve support for the families of people with mental health issues

**8** 

**Need 8 (N8):**  
Prevent and reduce the incidences of adverse childhood experiences (ACEs)

**9** 

**Need 9 (N9):**  
Ensure approaches are both needs-led and risk-led

**10** 

**Need 10 (N10):**  
Improve co-ordination between substance misuse services

**11** 

**Need 11 (N11):**  
Improve offender access to mental health and substance misuse services, and counselling post-release

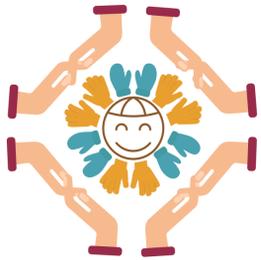
**12** 

**Need 12 (N12):**  
Improve support to offenders and their families to enable family stability

## 4: Integrated Family Support Services

### What are our Key Priorities in Response?

The key priorities to be delivered by the Regional Partnership Board are:



**1.**

Continue to provide an intensive intervention with families referred by Children's Services where there are serious child protection concerns as a result of parental / carer substance misuse, domestic abuse or mental health.



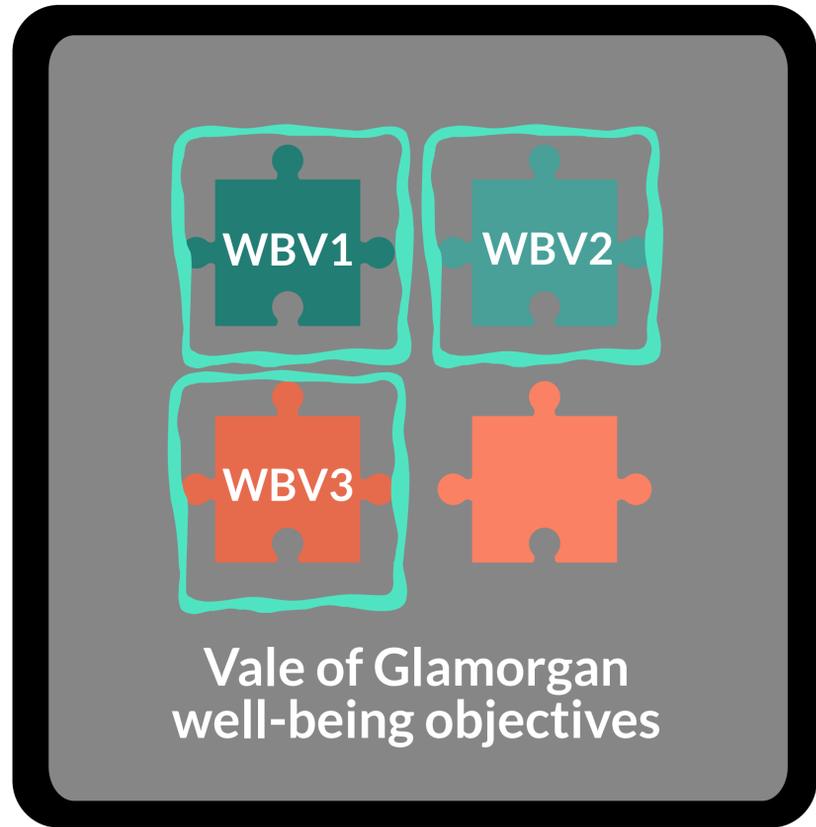
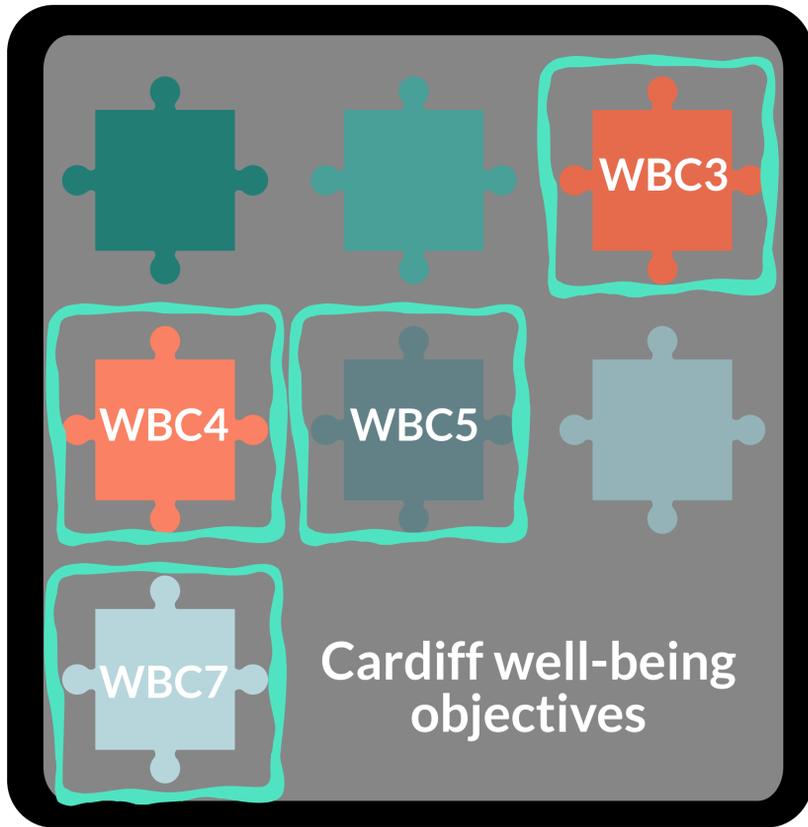
**2.**

Explore the extension of the Integrated Family Support Service model to include other parental additional needs (e.g. learning disability) and consider how it can help tackle adverse childhood experiences.

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

# 4: Integrated Family Support Services

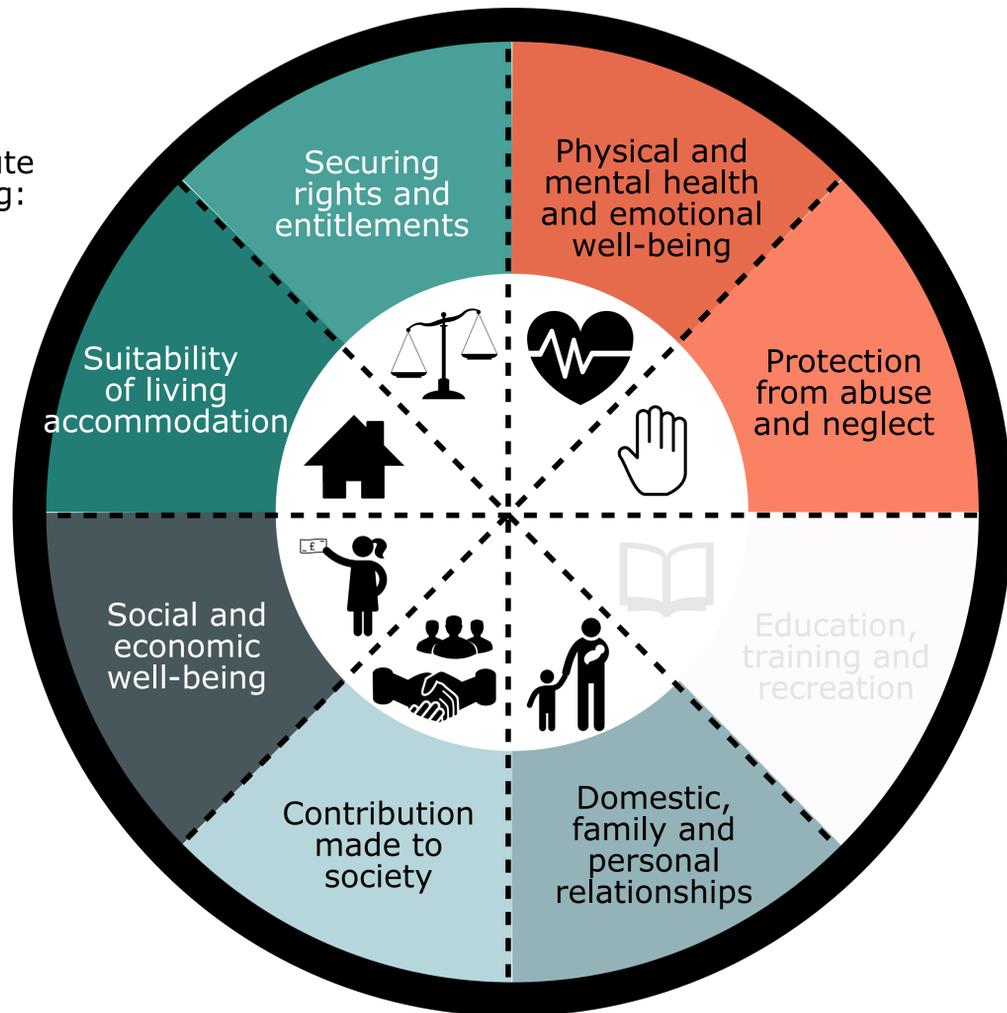
## Which Well-being Objectives do these Priorities Contribute Towards?



## Which National Outcomes do these Priorities Contribute Towards?

The key priorities are expected to contribute towards the following aspects of well-being:

- Securing rights and entitlements
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- Protection from abuse and neglect
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



# 5: Adult and Young Carers

## What did the Population Needs Assessment Tell Us?

- At the 2011 Census, 50,580 carers were recorded in Cardiff and the Vale of Glamorgan. This represented a 12% rise over the number in the previous Census 10 years earlier. The percentage of people in the population in each region who identify as carers is below the Wales average.
- A survey of adult carers in Cardiff and the Vale was undertaken in 2011, with 292 respondents. Of the respondents, the majority were female (72%) and caring full time (72%). Most people cared for one person (87%) although over one in ten (13%) cared for two or more people. Two thirds of carers (67%) had been caring for more than 5 years, including nearly half (46%) caring for over 10 years. Three quarters (77%) were aged 40 or over, including a quarter (24%) who were 75 or over.
- A young carer is someone aged 18 or under who helps look after a relative who has a condition, such as a disability, illness, mental health condition, or a drug or alcohol problem.
- At the 2011 Census, 1,579 young carers were identified in Cardiff and the Vale of Glamorgan, although the Census is recognised as underestimating the number of young carers when compared with surveys of school children across the UK in which they are asked if they have caring responsibilities. Young adult carers (aged 18-25) are particularly vulnerable to transition on leaving school, and are more likely to be not in education, employment or training (NEET).

## What were the Key Care and Support Needs Identified?

1



### Need 1 (N1):

Improve access to information (including financial support and services available)

2



### Need 2 (N2):

Improve public transport services to enable access to health and well-being activities

3



### Need 3 (N3):

Ensure the discharge planning process involves consultation with carers

4



### Need 4 (N4):

Provide appropriate housing, to meet individual's needs and enable people to remain independent

5



### Need 5 (N5):

Provide accessible respite care (including emergency respite) for those in need

6



### Need 6 (N6):

Improve the availability of mental health support to carers

7



### Need 7 (N7):

Reduce loneliness and social isolation

8



### Need 8 (N8):

Identify carers and provide support to those in need

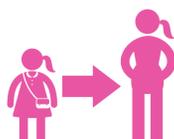
9



### Need 9 (N9):

Improve access to carers' assessments

10



### Need 10 (N10):

Enable smoother transitions between children's and adult's services

11



### Need 11 (N11):

Address perceptions of carers feeling judged by services

## What are our Key Priorities in Response?

The key priorities to be delivered by the Regional Partnership Board are:



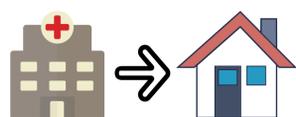
1. Identify and implement a carer engagement model based on best practice



2. Improve physical and emotional support for young carers, including emergency and pre-planned respite and reducing the risk of adverse childhood experiences



3. Improve physical and emotional support for adult carers, including emergency and pre-planned respite



4. Involve carers, including young carers, in the planning of hospital admission and discharge if the person they care for is in hospital



5. Provide easily accessible information to carers and relatives in a range of formats and languages, through existing information points, such as primary care and libraries

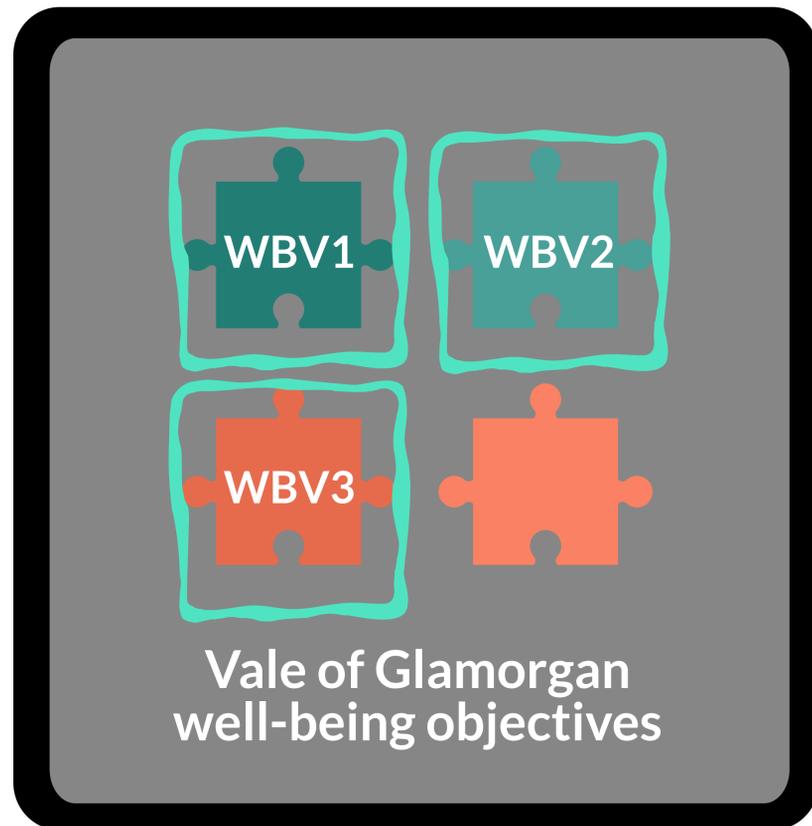
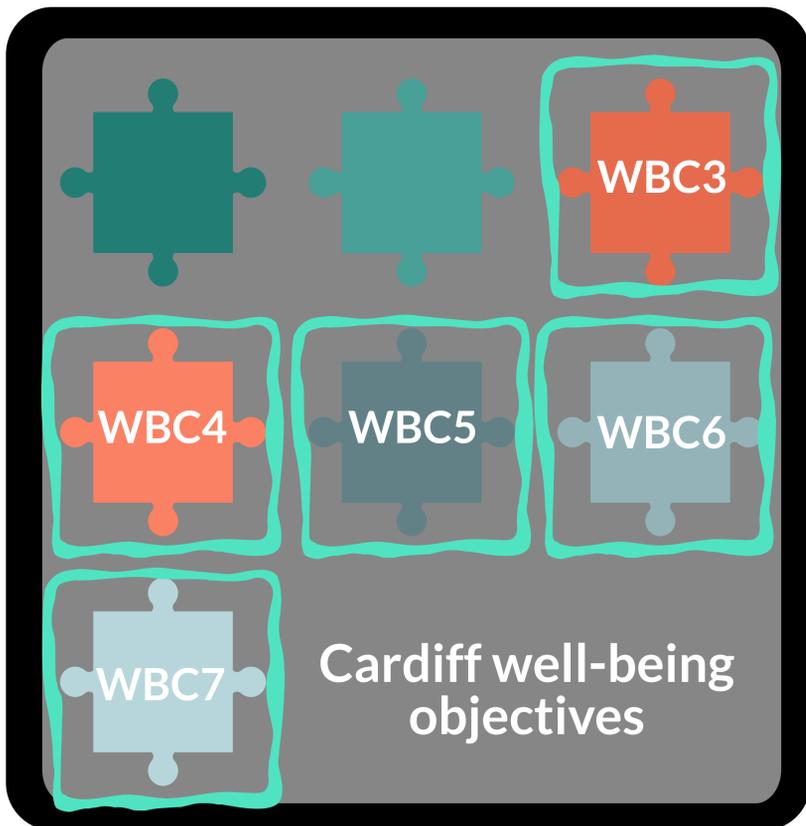


6. Raise awareness around caring and carers among the public and health and social care professionals, (e.g. adopting an approach similar to Making Every Contact Count), to ensure that carers are identified as early as possible and all involved are aware of their rights as a carer

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

# 5: Adult and Young Carers

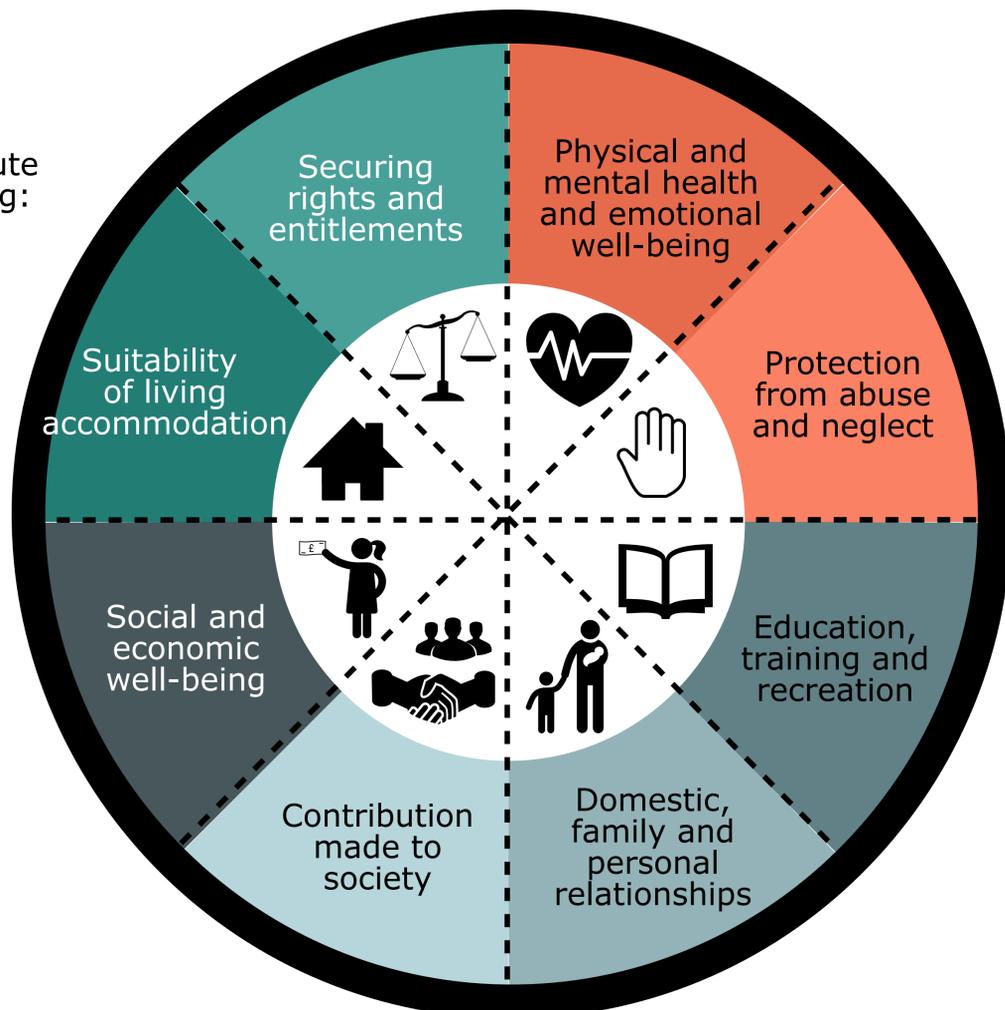
## Which Well-being Objectives do these Priorities Contribute Towards?



## Which National Outcomes do these Priorities Contribute Towards?

The key priorities are expected to contribute towards the following aspects of well-being:

- Securing rights and entitlements
- Physical and mental health and emotional well-being
- Protection from abuse and neglect
- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



# 6: Health and Physical Disabilities

## What did the Population Needs Assessment Tell Us?

- Over 30,000 people in Cardiff and the Vale of Glamorgan classified themselves in 'bad' or 'very bad' health, a rate of 6.4%. This compared to a Welsh average of 7.4%.
- 1 in 7 of the adult population (15%) considered that their day-to-day activities were limited a lot by a long-term health problem or disability.
- Unhealthy behaviours which increase the risk of disease are endemic among adults in Cardiff and the Vale, although tobacco and alcohol use are showing signs of improving. Many (but not all) of the most common chronic conditions and causes of death may be avoided by making changes in health-related behaviours, e.g. two fifths drink above alcohol guidelines (42% Cardiff, 42% Vale), around two thirds don't eat sufficient fruit and vegetables (64% Cardiff, 68% Vale), over half are overweight or obese (52% Cardiff, 53% Vale), and three quarters don't get enough physical activity (72% Cardiff, 71% Vale).

## What were the Key Care and Support Needs Identified?

1



### Need 1 (N1):

Improve access to information and services

2



### Need 2 (N2):

Maintain and improve the provision and sustainability of community services

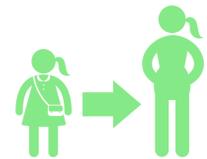
3



### Need 3 (N3):

Improve the flexibility of services, including offering provision closer to home

4



### Need 4 (N4):

Improve transitions between children's and adult's services

5



### Need 5 (N5):

Increase integration of health, housing and social care

6



### Need 6 (N6):

Promote and target services to meet the needs of vulnerable groups

7



### Need 7 (N7):

Improve public transport services to enable access to activities which promote health and well-being

8



### Need 8 (N8):

Improve the use of public buildings to join-up services and maximise resources

9



### Need 9 (N9):

Provide appropriate housing to meet individuals' needs and enable people to remain independent

10



### Need 10 (N10):

Reduce the prevalence of unhealthy behaviours

11



### Need 11 (N11):

Respond to the increasing prevalence of long-term conditions

12



### Need 12 (N12):

Reduce the levels of air pollution

13



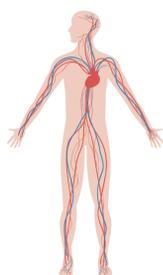
### Need 13 (N13):

Reduce the number of people living in food poverty

## 6: Health and Physical Disabilities

### What are our Key Priorities in Response?

The key priorities to be led by other Partnerships and planning arrangements across the region are:



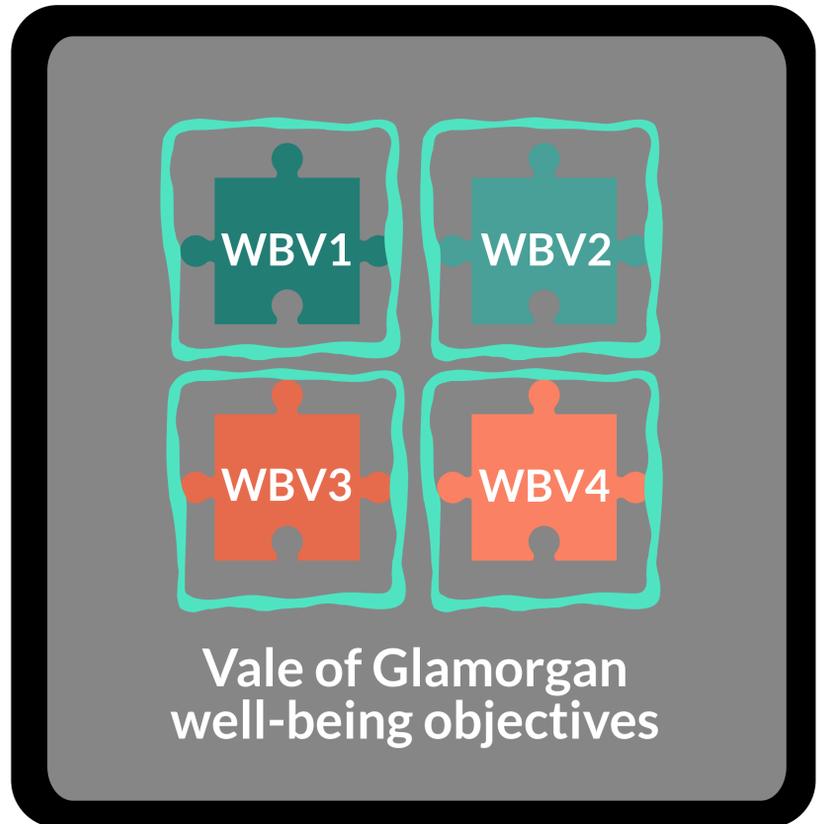
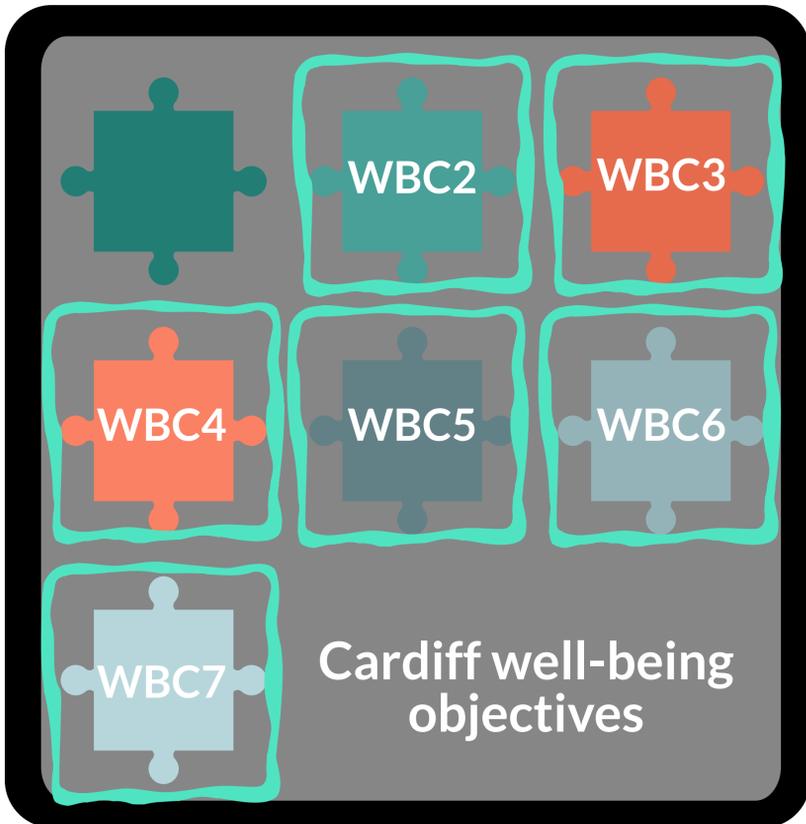
**1.**

Promote healthy lifestyles and improve and protect the health and well-being of Cardiff and Vale of Glamorgan residents

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

# 6: Health and Physical Disabilities

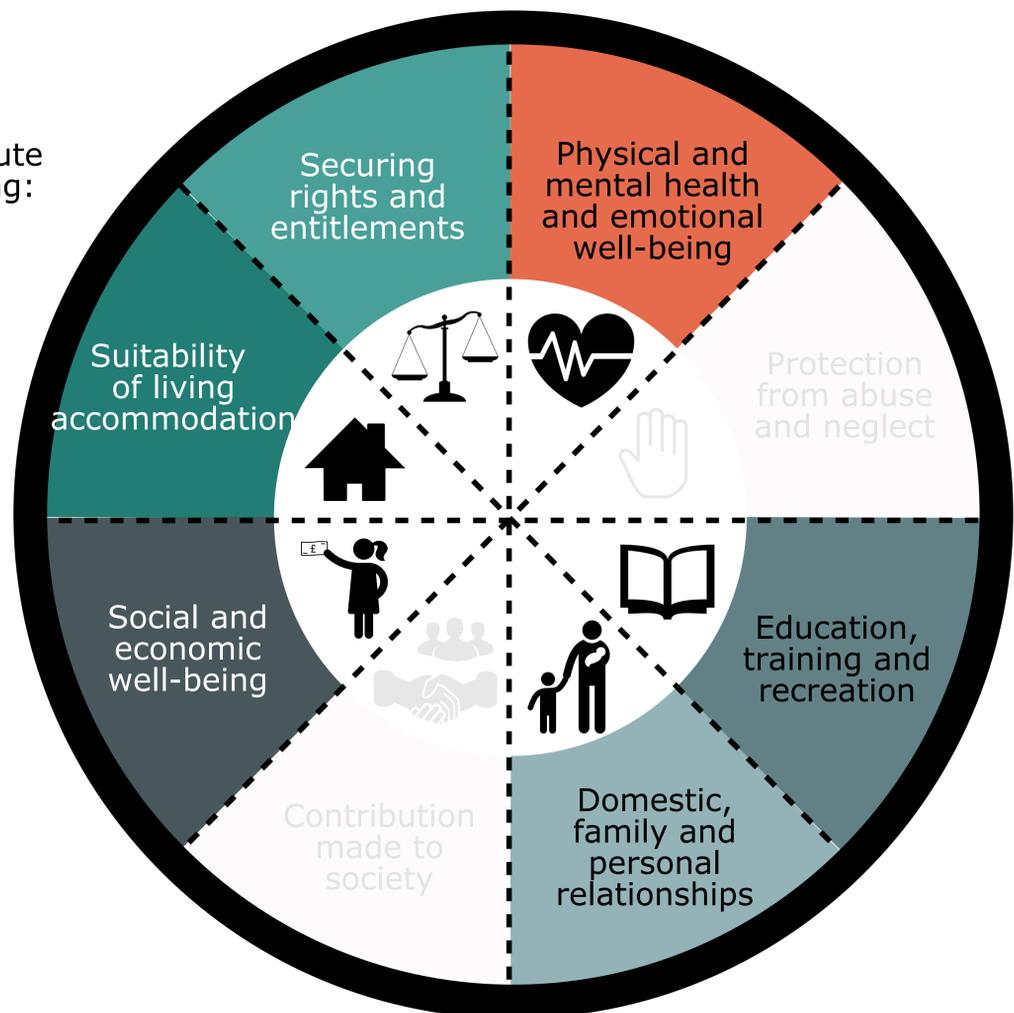
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## Which National Outcomes do these Priorities Contribute Towards?

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- Education, training and recreation
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- Social and economic well-being
- Suitability of living accommodation



# 7: Adult Mental Health and Cognitive Impairment

## What did the Population Needs Assessment Tell Us?

- Self-reported mental well-being in Cardiff and the Vale of Glamorgan is in line with the Wales average, although this masks a slightly lower score in Cardiff compared with the Vale of Glamorgan.
- A recent health needs assessment of people with dementia in Cardiff and the Vale of Glamorgan highlighted that dementia had overtaken heart disease as the leading cause of death among women in England and Wales.
- There are estimated to be 5,000 people with dementia in Cardiff and Vale of Glamorgan, nearly 6 in 10 (58%) of whom have a diagnosis.

## What were the Key Care and Support Needs Identified?



1

### Need 1 (N1):

Increase timely access to low level mental health services (including counselling and family support)



2

### Need 2 (N2):

Improve the join up of information, advice and services



3

### Need 3 (N3):

Reduce loneliness and isolation (especially among people with dementia, asylum seekers and refugees)



4

### Need 4 (N4):

Provide appropriate housing, to meet individual's needs and enable people to remain independent



5

### Need 5 (N5):

Continue partnership approach between statutory services and with the third sector



6

### Need 6 (N6):

Improve support for the families of people with mental health issues



7

### Need 7 (N7):

Improve access to services such as community hubs and one-stop shops



8

### Need 8 (N8):

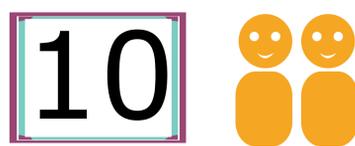
Improve information and support for GPs to inform decisions around referrals



9

### Need 9 (N9):

Improve support for people with dementia, their families and carers



10

### Need 10 (N10):

Improve peer support and mentoring to guide people through the system

# 7: Adult Mental Health and Cognitive Impairment

## What are our Key Priorities in Response?

The key priorities to be led by other Partnerships and planning arrangements across the region are to deliver the Cardiff and Vale of Glamorgan 'Together for Mental Health' Plan, which includes ensuring that:



**1.** People in Cardiff and Vale of Glamorgan are more resilient and better able to tackle poor mental well-being when it occurs



**2.** The quality of life for people is improved, particularly through addressing loneliness and unwanted isolation.



**3.** Services meet the needs of the diverse population of Cardiff and Vale of Glamorgan



**4.** People with mental health problems, their families and carers are treated with dignity and respect



**5.** All children have the best possible start in life, which is enabled by giving parents / care givers the support needed



**6.** All children and young people are more resilient and better able to tackle poor mental well-being when it occurs



**7.** Children and young people experiencing mental health problems get better sooner



**8.** People with a mental health problem have access to appropriate and timely services



**9.** People of all ages experience sustained improvement to their mental health and well-being through access to positive life chances

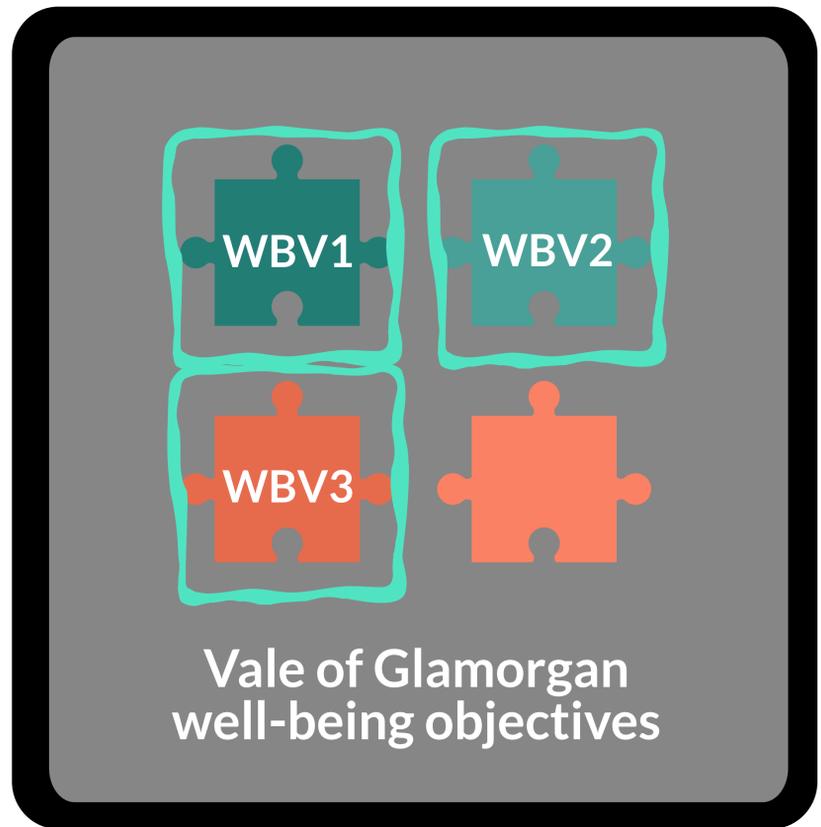
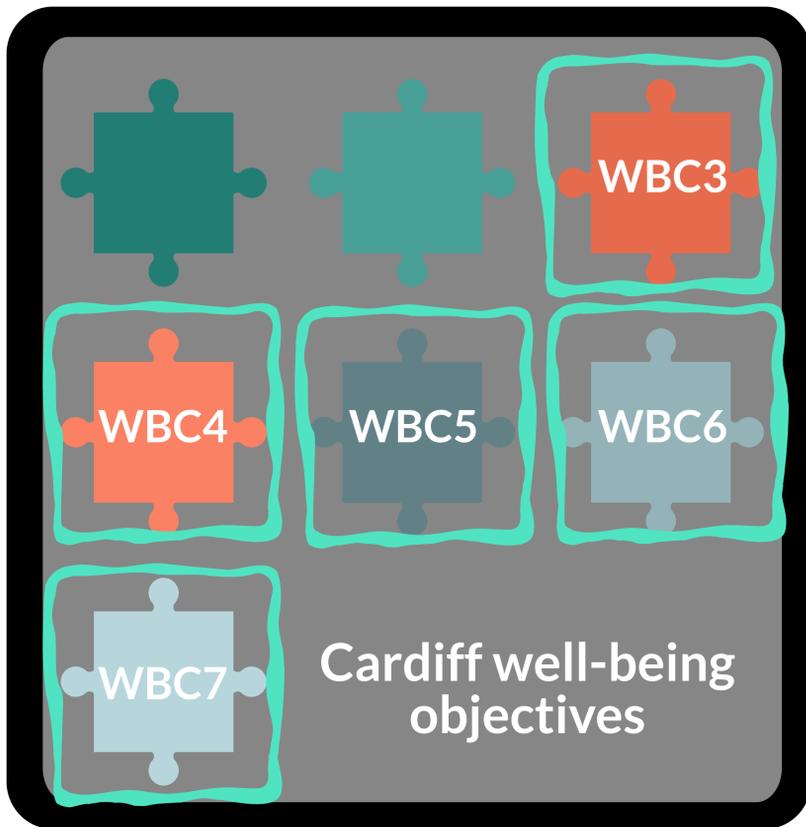


**10.** Cardiff & Vale of Glamorgan is a dementia-friendly region

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

# 7: Adult Mental Health and Cognitive Impairment

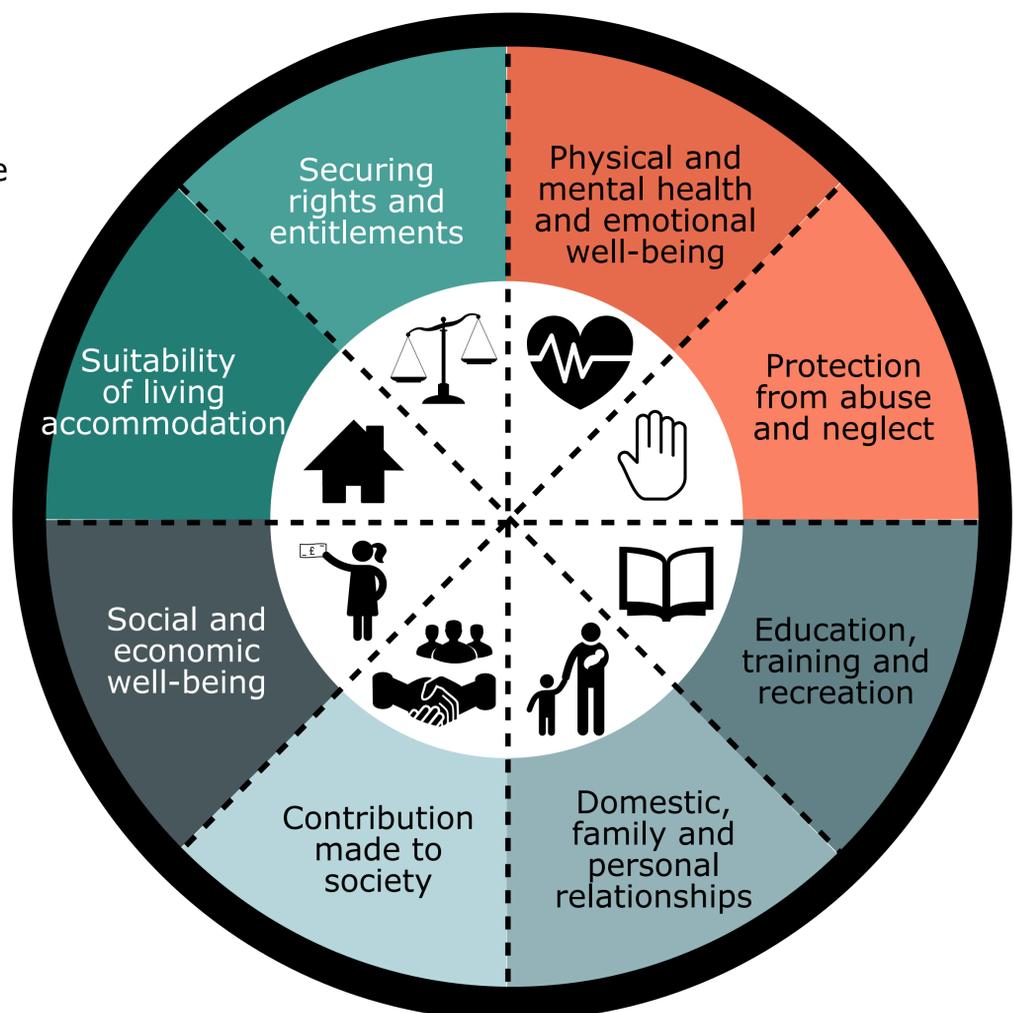
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- Protection from abuse and neglect
- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



# 8: Sensory Loss and Impairment

## What did the Population Needs Assessment Tell Us?

- There are an estimated 9,430 people living with some degree of sight loss in Cardiff and 4,560 people in the Vale of Glamorgan. Of these, 1,230 are living with severe sight loss in Cardiff and 610 in the Vale.
- In Cardiff, there are 11,980 people with early age-related macular degeneration (AMD) and 6,030 in the Vale. In addition, there are 2,870 people living with cataracts in Cardiff and 1,450 in the Vale, along with 7,230 people in Cardiff and 2,560 in Vale with diabetic retinopathy. Numbers of people with diabetic retinopathy are expected to rise significantly in Cardiff (17% compared to the Wales average of 6%), and 5% in the Vale.
- It is estimated that 28,900 people have moderate or severe hearing impairment in Cardiff, and 14,100 in the Vale.
- In Cardiff, it is estimated that 1,840 people are living with dual sensory loss (i.e. sight and hearing) of any severity, along with 860 people with the Vale.

## What were the Key Care and Support Needs Identified?

**1**   
**Need 1 (N1):**  
Improve accessible communication and provision of information on services available

**2**   
**Need 2 (N2):**  
Improve opportunities for increasing mobility and rehabilitation

**3**   
**Need 3 (N3):**  
Review purpose and use of registers for sensory impairment

**4**   
**Need 4 (N4):**  
Increase opportunities to improve social interaction, mental health and well-being

**5**   
**Need 5 (N5):**  
Improve the provision of person centred equipment and technology

**6**   
**Need 6 (N6):**  
Ensure appropriate housing to meet individual's needs and enable independent living

**7**   
**Need 7 (N7):**  
Improve access to appropriate specialist services and assessments

**8**   
**Need 8 (N8):**  
Continue partnership approach between statutory services and with the third sector

**9**   
**Need 9 (N9):**  
Identify people with complex needs and sensory impairment who require additional support

**10**   
**Need 10 (N10):**  
Improve planning for increase in prevalence of people with sight loss

**11**   
**Need 11 (N11):**  
Recognise and address diagnosed hearing impairment among older people in care homes

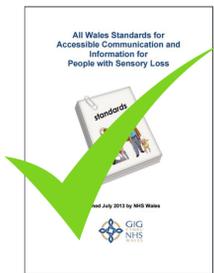
# 8: Sensory Loss and Impairment

## What are our Key Priorities in Response?

The key priorities to be led by other Partnerships and planning arrangements across the region are:



- 1.** Deliver the Cardiff and Vale of Glamorgan Eye Care Plan in conjunction with Primary Care, Secondary Care, Cardiff and Vale of Glamorgan University Health Board and Welsh Government



- 2.** Develop and implement a health board wide action plan to meet the All Wales Standards for Accessible Information and Communication for People with Sensory Loss, in order to improve provision across Primary Care, Secondary Care and Emergency and Unscheduled Care

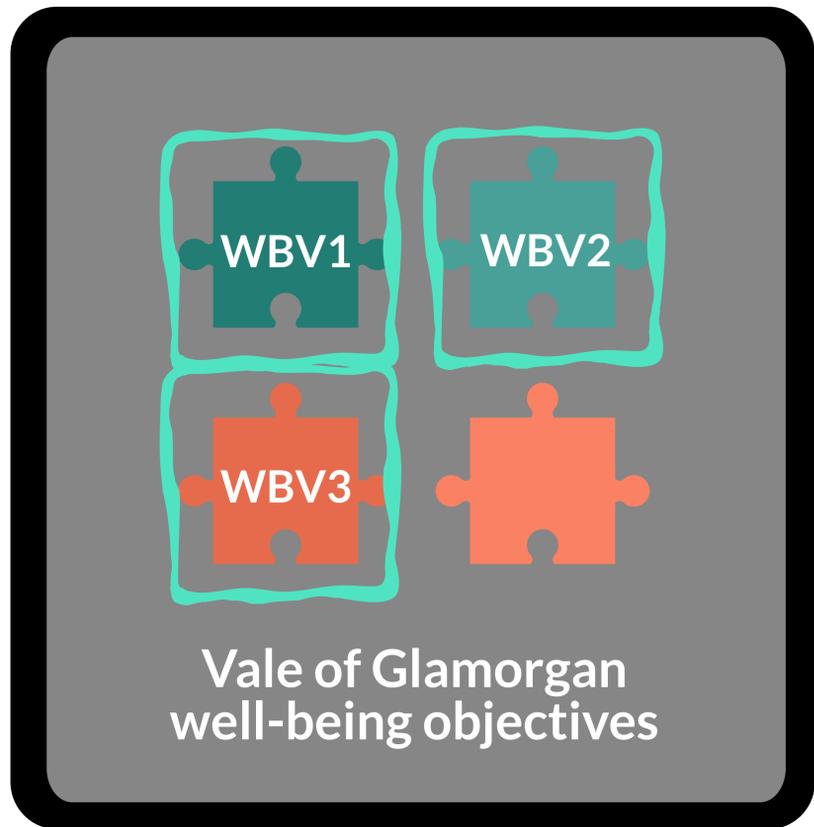
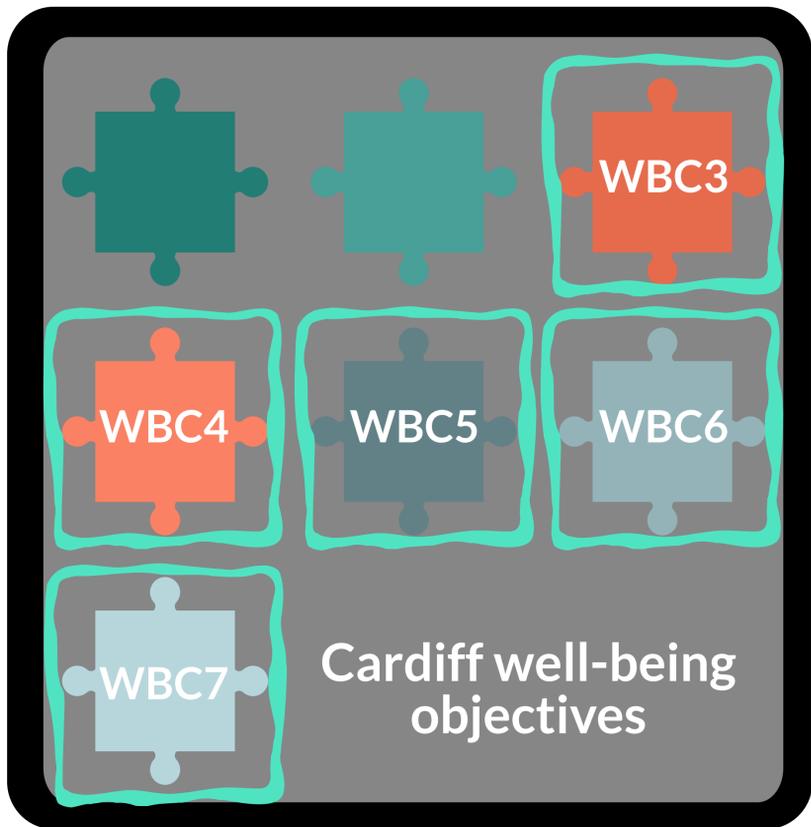


- 3.** Explore the establishment of a partnership delivery mechanism to meet the wider needs of people with sensory loss and impairment

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

# 8: Sensory Loss and Impairment

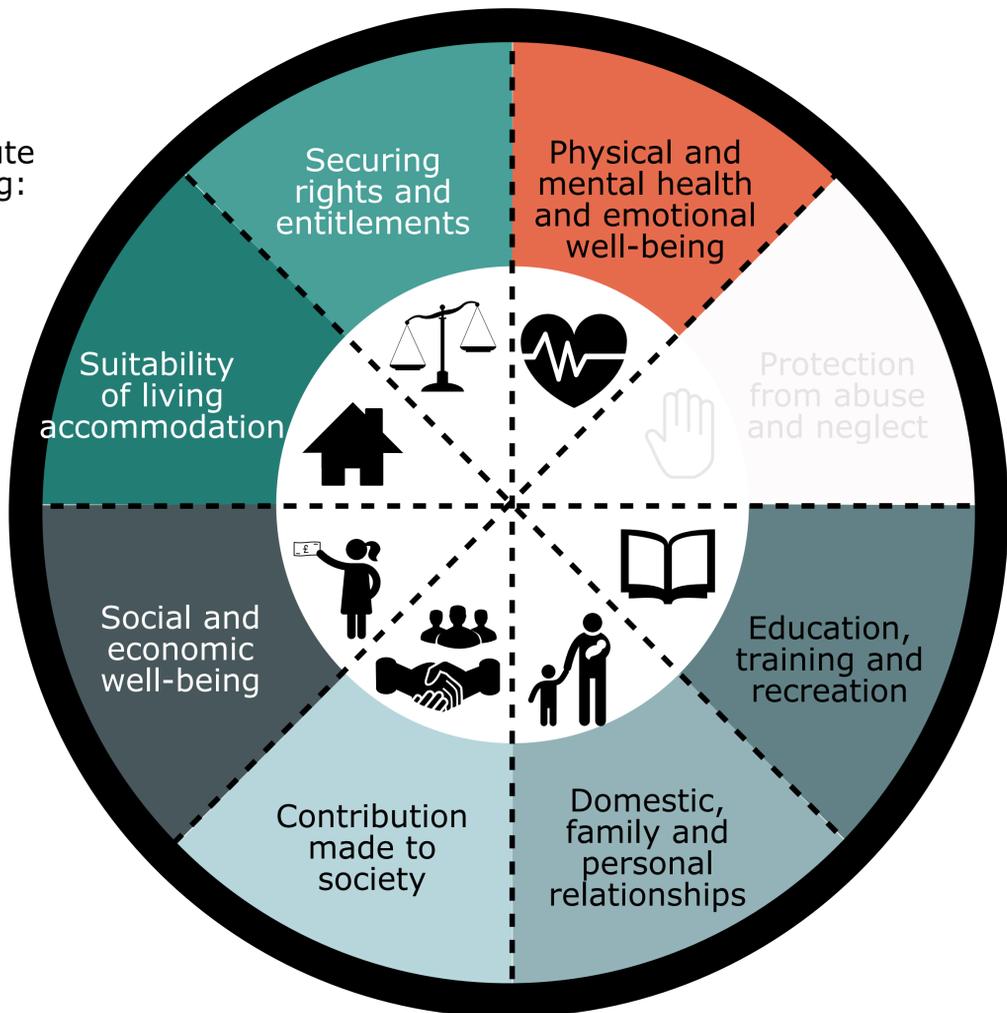
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## Which National Outcomes do these Priorities Contribute Towards?

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- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



# 9: Violence Against Women, Domestic Abuse and Sexual Violence

## What did the Population Needs Assessment Tell Us?

- In Cardiff, there were 2,362 incidents of violence against the person (either gender), 2,263 domestic incidents and 57 sexual offences reported to South Wales Police during 2015/16. In the Vale of Glamorgan, the corresponding figures were 2,279 incidents of violence against the person, 1,936 domestic incidents and 204 reported sexual offences.
- In Cardiff, 3,145 referrals relating to domestic abuse were made by the Police, including 1,060 high risk referrals. In the Vale, 1,936 referrals were made by the Police, including 63 high risk referrals.
- Of children in need and protection in Cardiff, 15% in 2015 had a record of domestic abuse being a factor. In the Vale, this was much higher at 51% compared to a Wales average of 23%.

## What were the Key Care and Support Needs Identified?



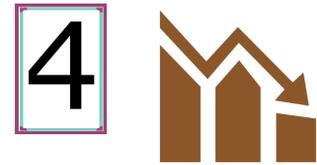
**Need 1 (N1):**  
Undertake awareness raising in schools to promote healthy relationships



**Need 2 (N2):**  
Promote the use of positive male role models



**Need 3 (N3):**  
Provide support and safeguarding to children in households where there is domestic abuse



**Need 4 (N4):**  
Prevent and reduce adverse childhood experiences (ACEs)



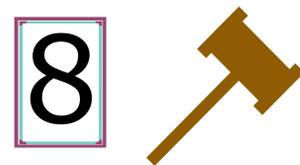
**Need 5 (N5):**  
Ensure approaches are both needs-led and risk-led



**Need 6 (N6):**  
Increase the accountability of perpetrators



**Need 7 (N7):**  
Promote early reporting and the implementation of 'Ask and Act'



**Need 8 (N8):**  
Improve transparency in family courts



**Need 9 (N9):**  
Improve access to information on existing services and support



**Need 10 (N10):**  
Raise awareness in communities of how they can identify and support people experiencing domestic abuse and sexual violence



**Need 11 (N11):**  
Provide appropriate, safe and secure accommodation



**Need 12 (N12):**  
Improve the availability of age-appropriate counselling

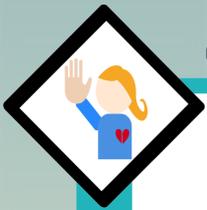


**Need 13 (N13):**  
Reduce incidences of child sexual exploitation



**Need 14 (N14):**  
Reduce incidents of 'honour'-based violence

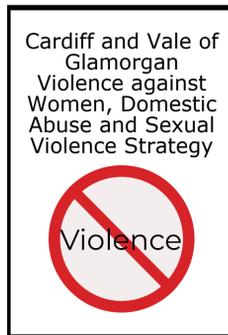
# 9: Violence Against Women, Domestic Abuse and Sexual Violence



## What are our Key Priorities in Response?



The key priorities to be led by other Partnerships and planning arrangements across the region are:

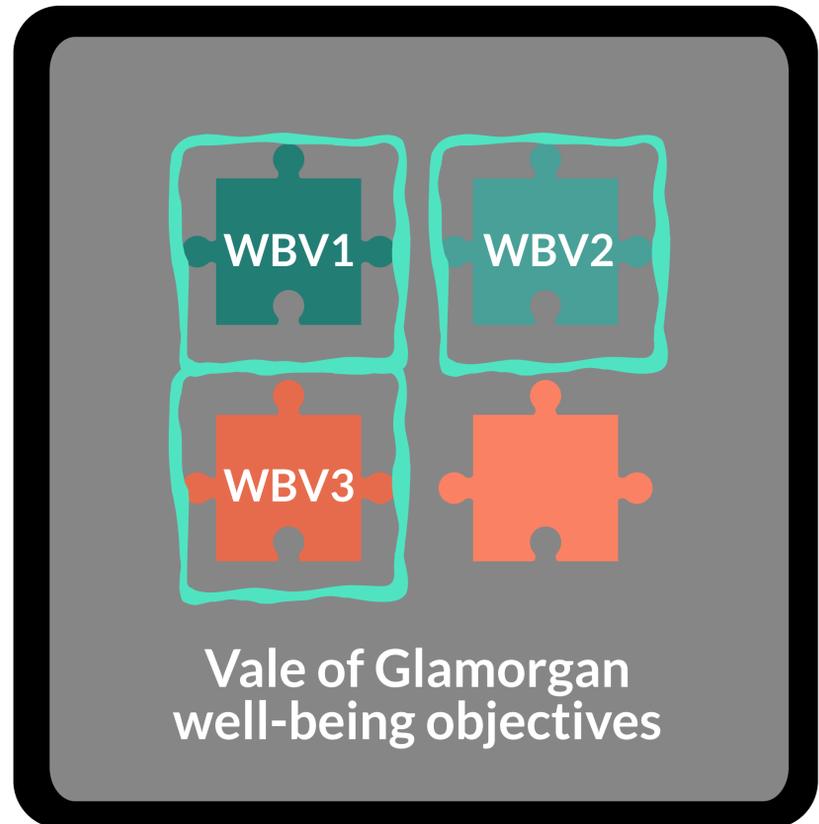
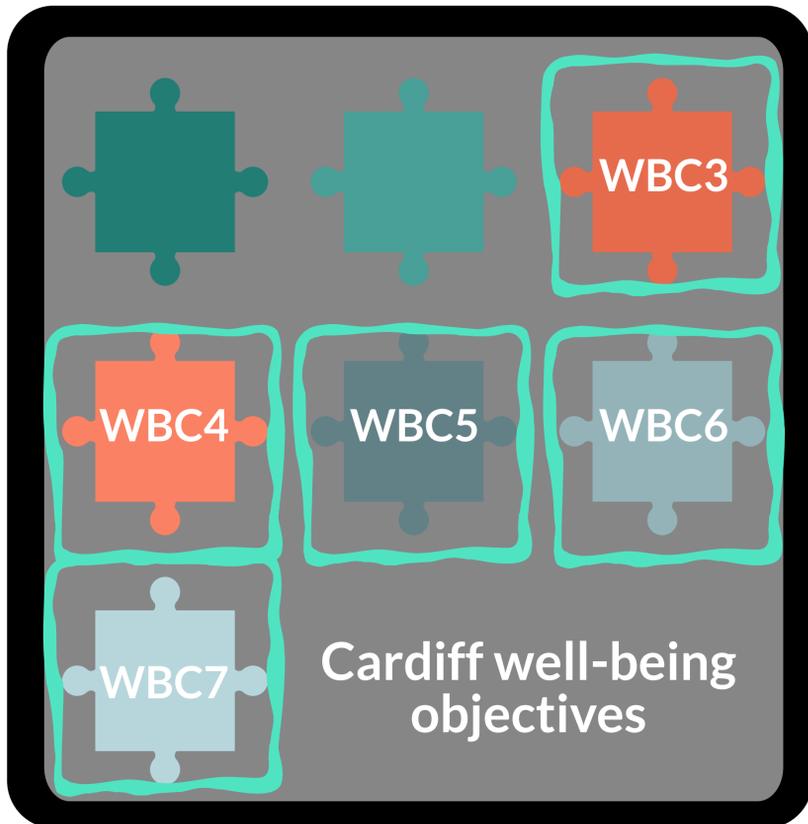


1. Deliver the Cardiff and Vale of Glamorgan Violence against Women, Domestic Abuse and Sexual Violence Strategy (*under development*)

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

# 9: Violence Against Women, Domestic Abuse and Sexual Violence

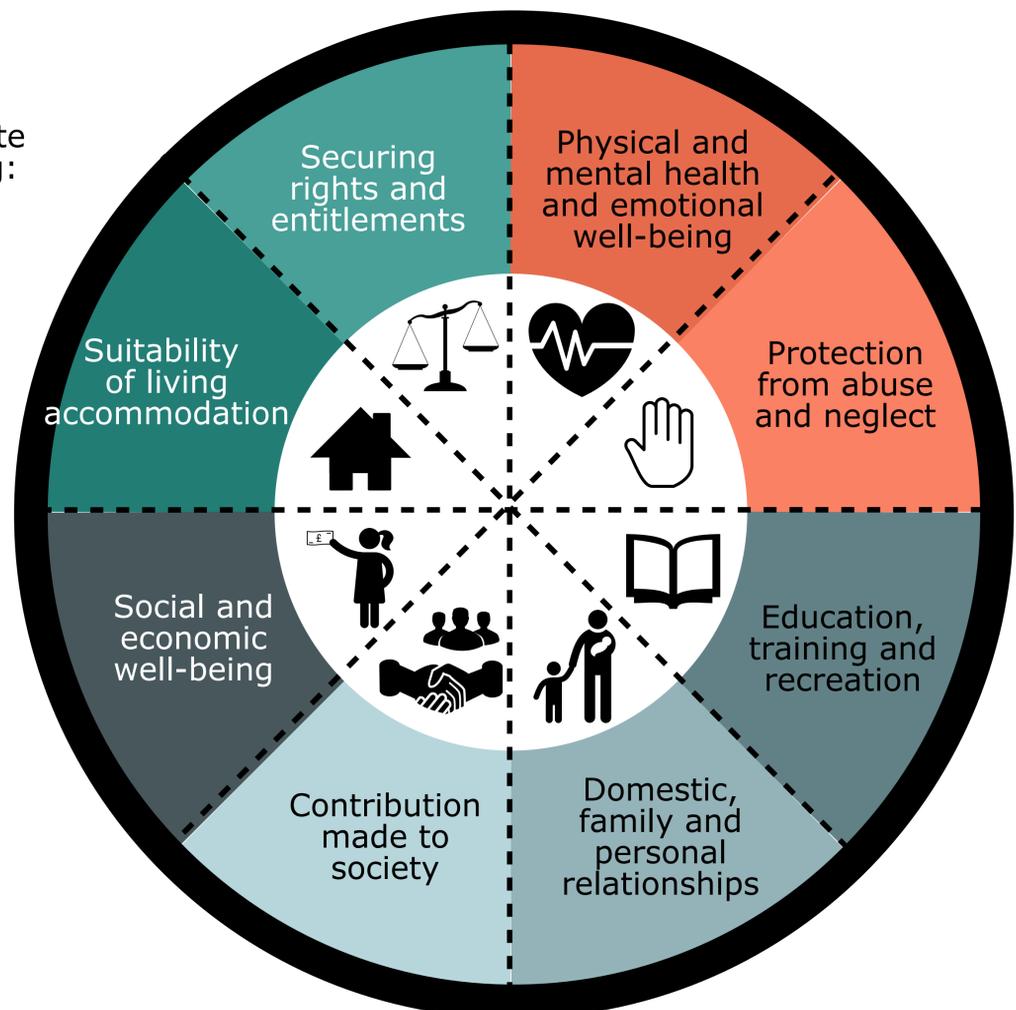
## Which Well-being Objectives do these Priorities Contribute Towards?



## Which National Outcomes do these Priorities Contribute Towards?

The key priorities are expected to contribute towards the following aspects of well-being:

- Securing rights and entitlements
- Physical and mental health and emotional well-being
- Protection from abuse and neglect
- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



# 10: Asylum Seekers and Refugees

## What did the Population Needs Assessment Tell Us?

- Cardiff is both an initial accommodation centre and dispersal centre for UK asylum seekers. Asylum seekers are located across Cardiff, but with the highest concentration in South Cardiff. The Syrian Resettlement Programme operates in both Cardiff and the Vale of Glamorgan.
- At the time of the 2011 Census, 15% of people living in Cardiff were non-UK born, compared with 6% in the Vale and 7% in Wales as a whole. In 2015, Cardiff had the highest positive net level of immigration compared to the rest of Wales, with around 1,900 net international immigrants.

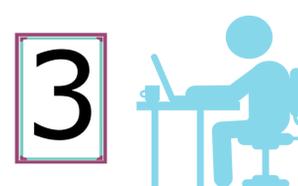
## What were the Key Care and Support Needs Identified?



**Need 1 (N1):**  
Improve access to English for Speakers of Other Languages (ESOL) and interpretation for public services



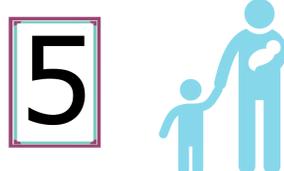
**Need 2 (N2):**  
Improve access to information on education, hate crime, health and service provision



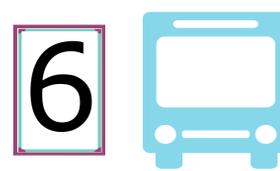
**Need 3 (N3):**  
Improve access to the labour market



**Need 4 (N4):**  
Provide support to help establish links in the community



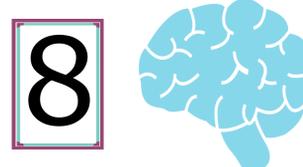
**Need 5 (N5):**  
Increase involvement of children and young people in decisions affecting them



**Need 6 (N6):**  
Improve public transport services, to enable access to health and social activities



**Need 7 (N7):**  
Improve engagement with schools



**Need 8 (N8):**  
Improve access to community mental health services

# 10: Asylum Seekers and Refugees

## What are our Key Priorities in Response?

The key priorities to be led by other Partnerships and planning arrangements across the region are:

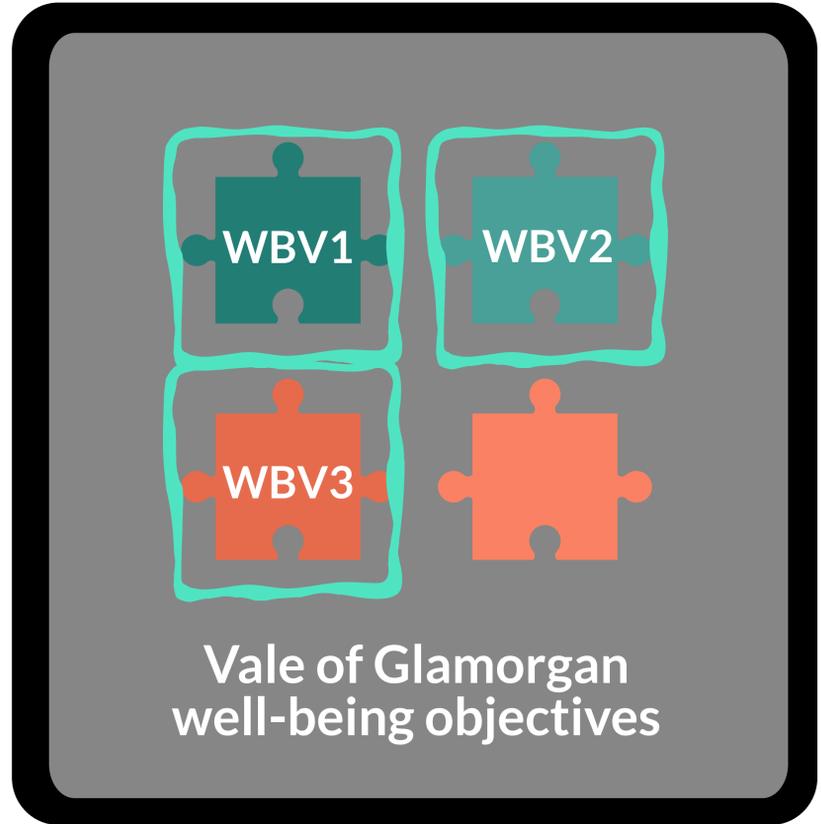
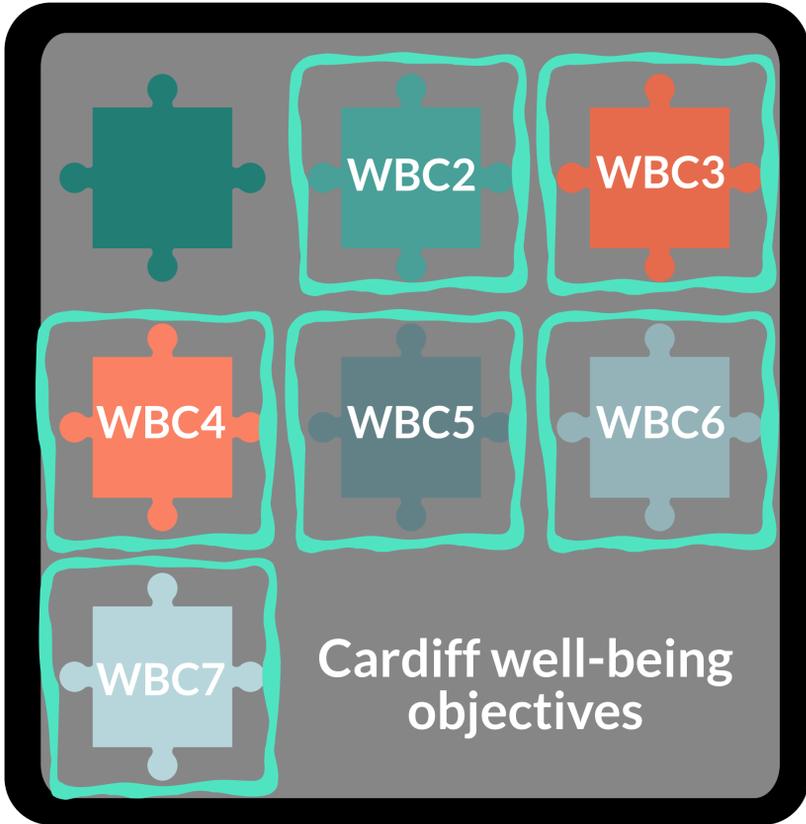


1. Deliver the Cardiff and Vale of Glamorgan Community Cohesion Delivery Plan 2017/2020 (*under development*)

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

# 10: Asylum Seekers and Refugees

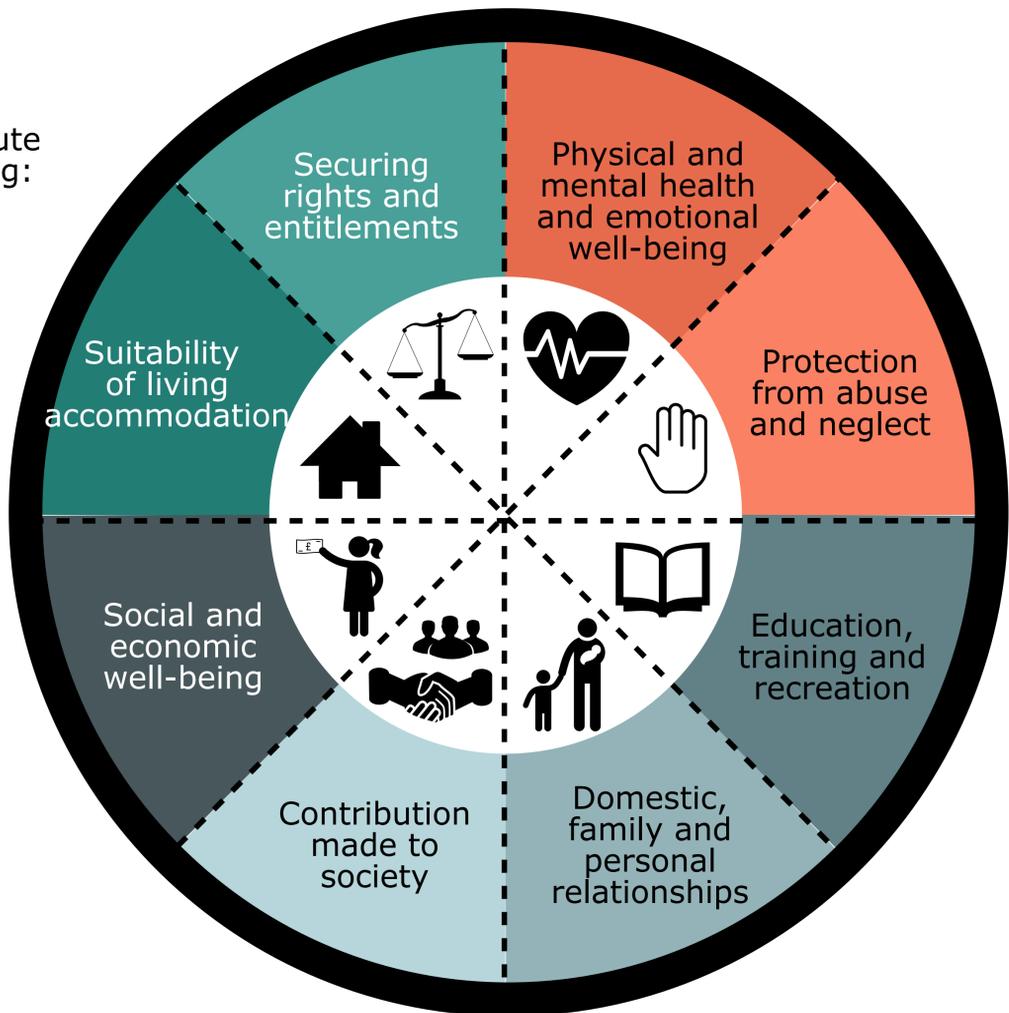
## Which Well-being Objectives do these Priorities Contribute Towards?



## Which National Outcomes do these Priorities Contribute Towards?

The key priorities are expected to contribute towards the following aspects of well-being:

- Securing rights and entitlements
- Physical and mental health and emotional well-being
- Protection from abuse and neglect
- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



## What did the Population Needs Assessment Tell Us?

- HM Prison Cardiff is a local prison serving the courts and holding offenders serving sentences of up to 2 years. In December 2016, HM Prison Cardiff held 771 men and had an operational capacity of 820.
- The prison has an average of 384 new prisoners per month and an estimated 4,602 annually.
- Around half of all offenders at HMP Cardiff give a home address in the Cardiff area, with fewer than 5% from the Vale of Glamorgan.
- Over half the offenders are aged 21-39, and all are male. A small number of female offenders from Cardiff are held in HMP Eastwood Park, with a few from the Vale of Glamorgan.
- During 2015/16, 510 offences were committed by young people seen in the Youth Offending Service in Cardiff, compared to 164 offences in the Vale. In Cardiff, the most common offences were theft, violence against the person and motoring offences. In Vale, they were violence against the person, criminal damage and public order offences.

## What were the Key Care and Support Needs Identified?



1

### Need 1 (N1):

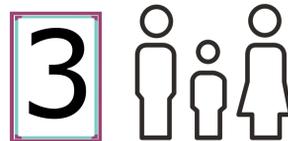
Improve access to mental health and substance misuse services, and counselling post release



2

### Need 2 (N2):

Respond to the increase in use of new psychoactive substances



3

### Need 3 (N3):

Improve support to enable family support and stability



4

### Need 4 (N4):

Provide appropriate housing and support



5

### Need 5 (N5):

Improve access to information on employment and welfare benefits support



6

### Need 6 (N6):

Provide youth support services and activities and increase youth engagement



7

### Need 7 (N7):

Promote healthy lifestyles (including sexual health)



8

### Need 8 (N8):

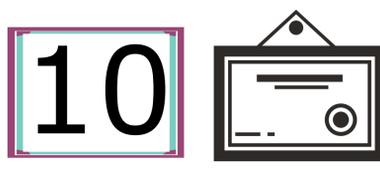
Increase engagement in education and community activities



9

### Need 9 (N9):

Improve communication and partnership working between services



10

### Need 10 (N10):

Promote opportunities for continued adult learning and development of life skills

## What are our Key Priorities in Response?

The key priorities to be led by other Partnerships and planning arrangements across the region are:

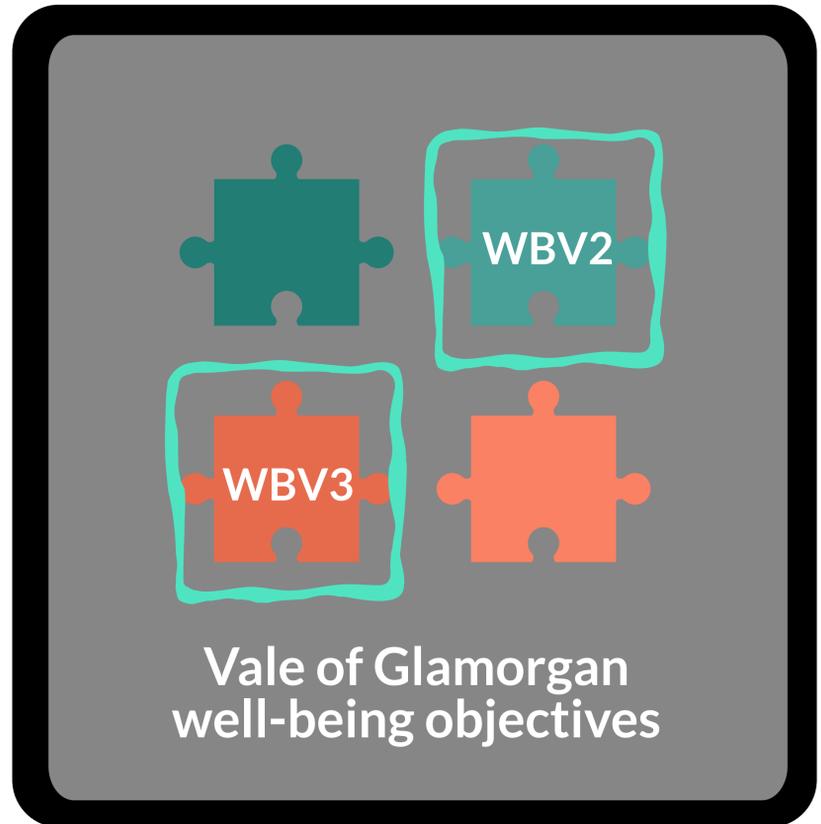
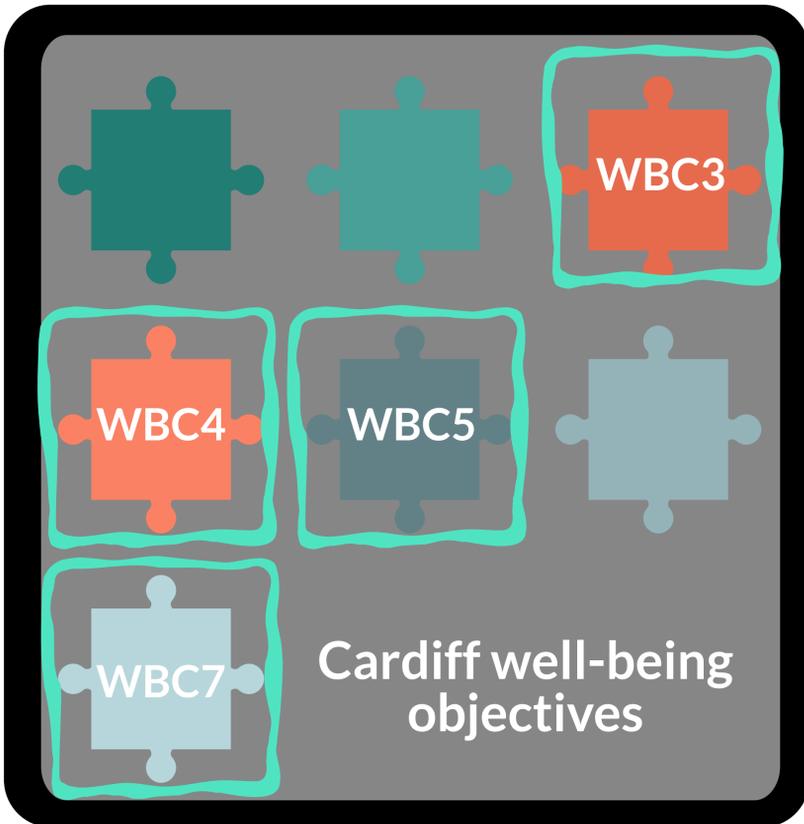


**1.**

Ensure that the local criminal justice system works effectively and efficiently, meeting the needs of victims and challenging offenders

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

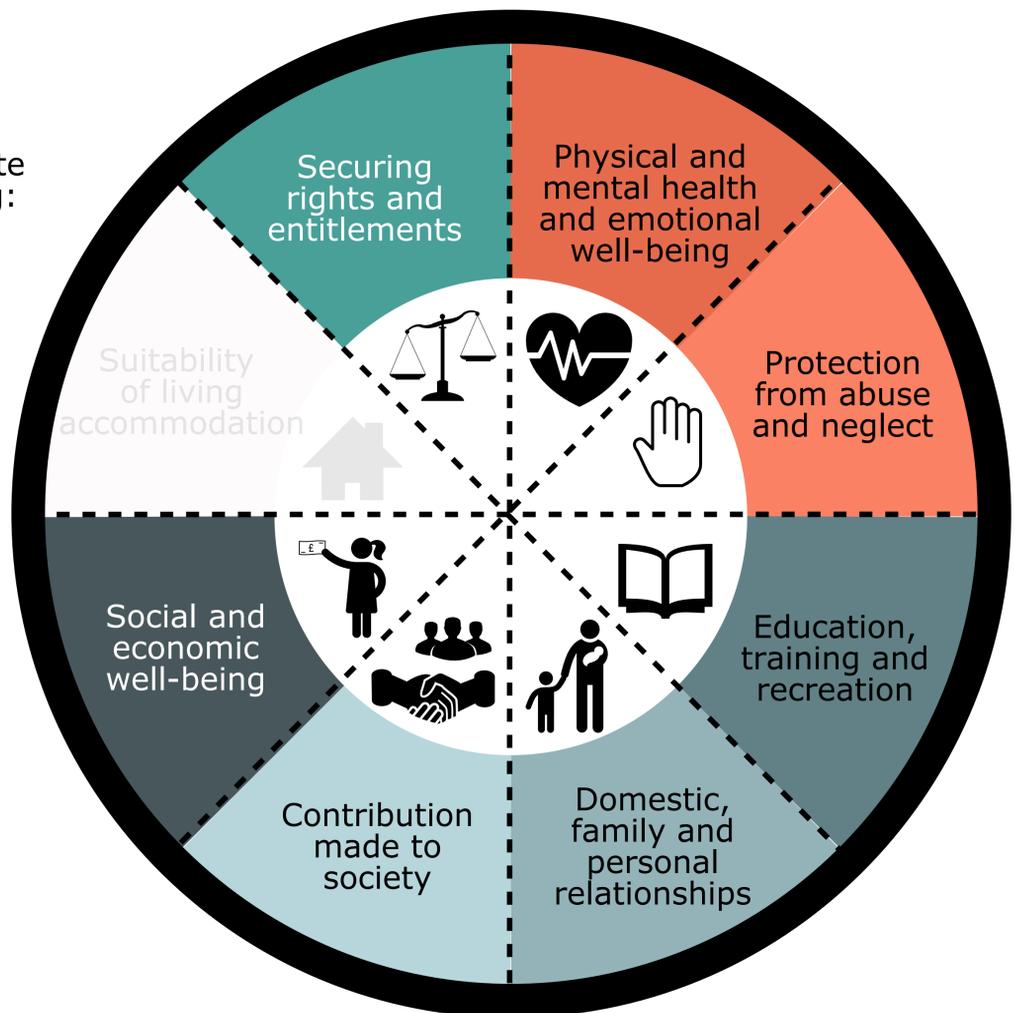
## Which Well-being Objectives do these Priorities Contribute Towards?



## Which National Outcomes do these Priorities Contribute Towards?

The key priorities are expected to contribute towards the following aspects of well-being:

- Securing rights and entitlements
- Physical and mental health and emotional well-being
- Protection from abuse and neglect
- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being



## What did the Population Needs Assessment Tell Us?

- There are around 5.61 veterans per 1,000 residents in Cardiff and Vale of Glamorgan, below the Wales average of 6.24 and the second lowest rate in Wales.
- This rate masks a very low rate in Cardiff (3.29) compared to 11.96 in the Vale of Glamorgan – the highest rate in Wales.

## What were the Key Care and Support Needs Identified?



1

### Need 1 (N1):

Improve mental health diagnosis and care



2

### Need 2 (N2):

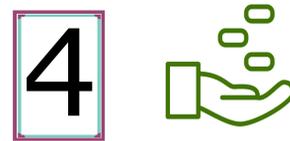
Reduce social isolation



3

### Need 3 (N3):

Improve access to housing



4

### Need 4 (N4):

Improve the availability of financial advice



5

### Need 5 (N5):

Improve the provision of services for all conditions affecting veterans, not just post-traumatic stress disorder



6

### Need 6 (N6):

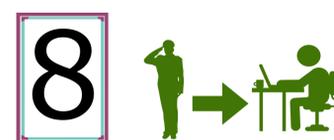
Reduce substance misuse and self medication



7

### Need 7 (N7):

Increase early diagnosis and preventative treatment to reduce long-term limiting illnesses



8

### Need 8 (N8):

Improve transition between active service and civilian life



9

### Need 9 (N9):

Improve access to information and services



10

### Need 10 (N10):

Reduce safeguarding issues relating to domestic violence

## What are our Key Priorities in Response?

The key priorities to be led by other Partnerships and planning arrangements across the region are:

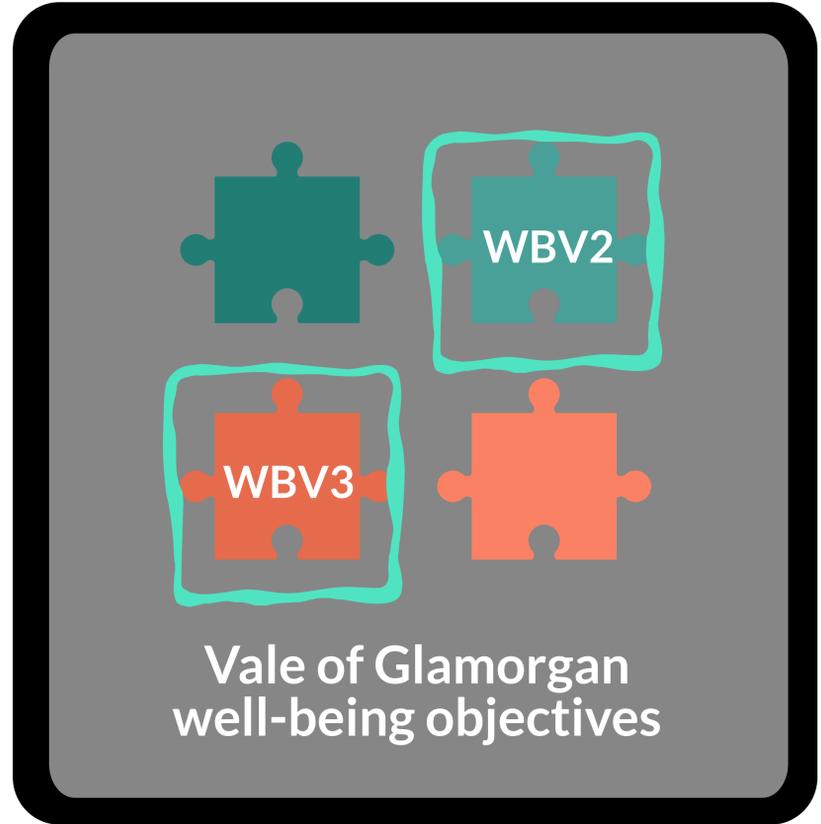
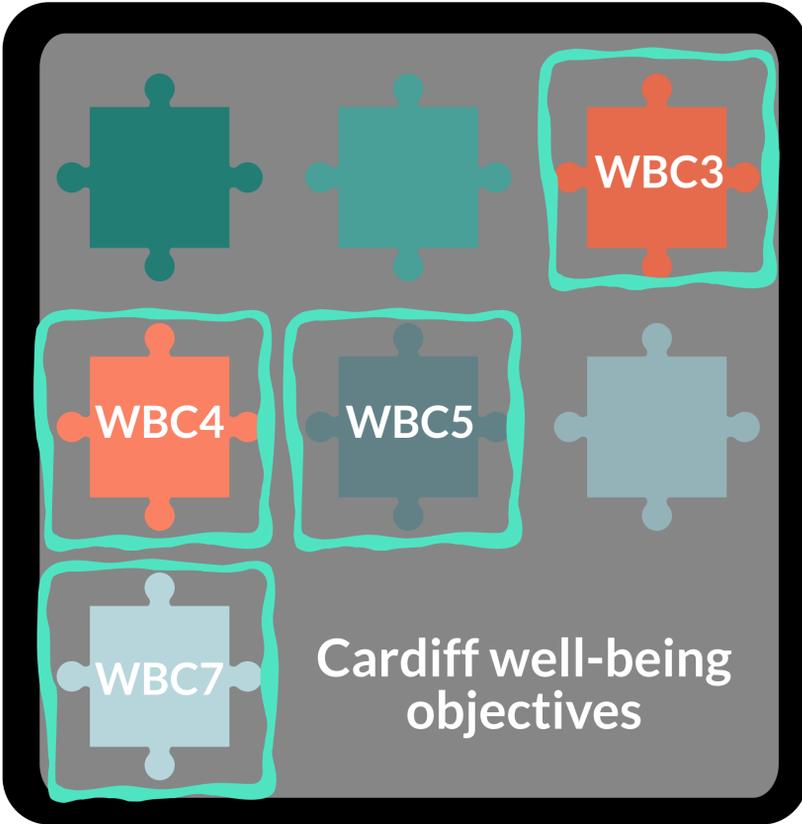


1.

Deliver the Cardiff and Vale of Glamorgan Armed Forces Community Action Plan 2017/2019

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

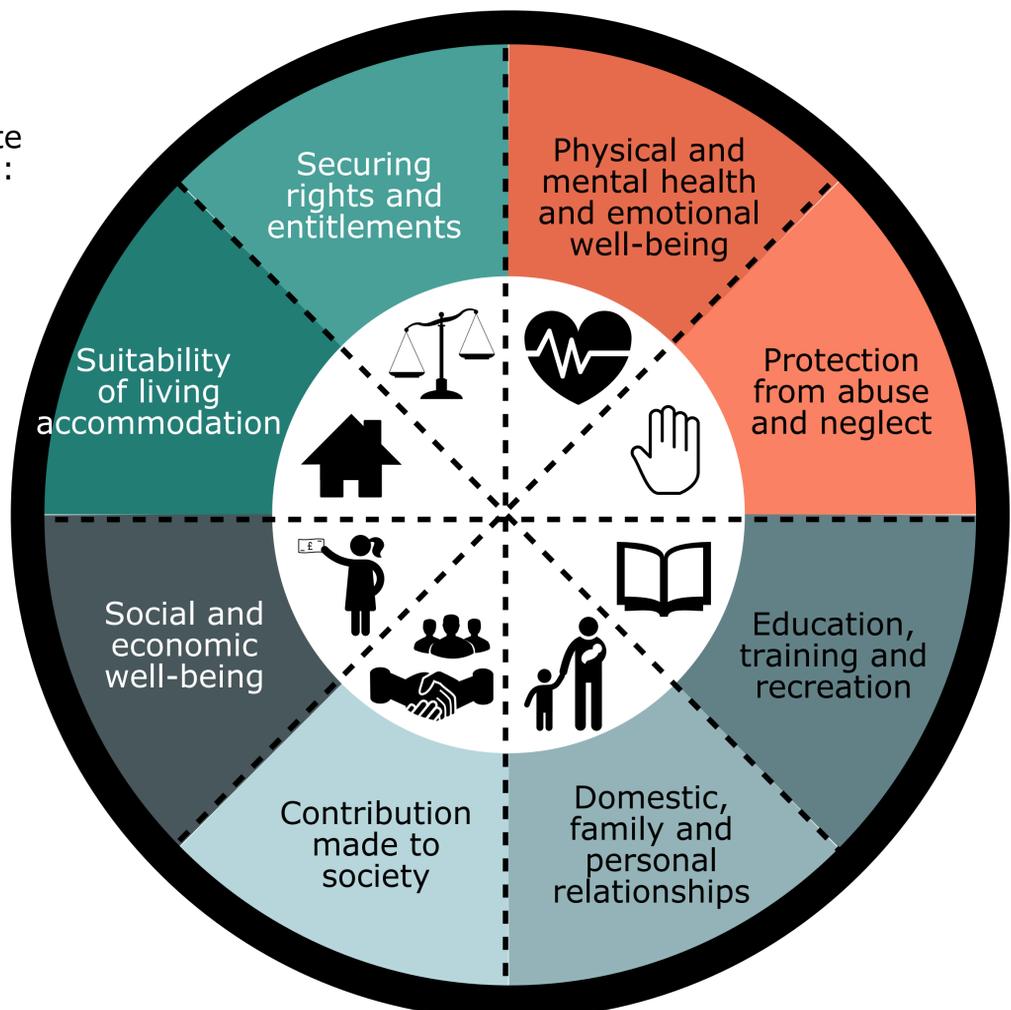
## Which Well-being Objectives do these Priorities Contribute Towards?



## Which National Outcomes do these Priorities Contribute Towards?

The key priorities are expected to contribute towards the following aspects of well-being:

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- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



# 13: Substance Misuse

## What did the Population Needs Assessment Tell Us?

- The number of males referred to substance misuse services in Cardiff and the Vale of Glamorgan is consistently higher than the number of females, despite there being slightly more women in the region than men.
- Alcohol is the most misused substance for which referrals are made to substance misuse services in Cardiff and the Vale, followed by heroin, cannabis and cocaine.

## What were the Key Care and Support Needs Identified?



**Need 1 (N1):**  
Respond to the increased number of people buying illicit substances online



**Need 2 (N2):**  
Respond to the growing 'hidden population' misusing prescription and over the counter medication



**Need 3 (N3):**  
Reduce the misuse of neuropathic medications with alcohol and drugs



**Need 4 (N4):**  
Reduce the use of synthetic cannabinoids and nitrous oxide



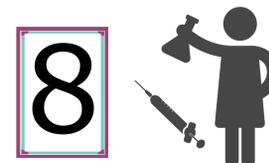
**Need 5 (N5):**  
Improve the identification, service co-ordination and delivery for individuals with a dual diagnosis (co-occurring substance misuse and mental health issues)



**Need 6 (N6):**  
Respond to the increasing prevalence of alcohol related brain damage (ARBD)



**Need 7 (N7):**  
Respond to the growing impact of 'legal highs' on emergency services



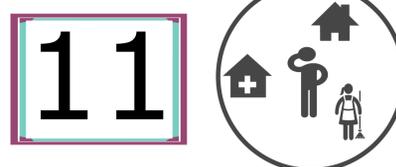
**Need 8 (N8):**  
Respond to the increased distribution of more potent heroin



**Need 9 (N9):**  
Reduce the number of older people (50+ years) misusing alcohol through loneliness and boredom



**Need 10 (N10):**  
Review access to substance misuse services (including opening hours)



**Need 11 (N11):**  
Improve co-ordination between services

## What are our Key Priorities in Response?

The key priorities to be led by other Partnerships and planning arrangements across the region are:



1.

Deliver the Cardiff and Vale of Glamorgan Substance Misuse and Wellbeing Commissioning Strategy



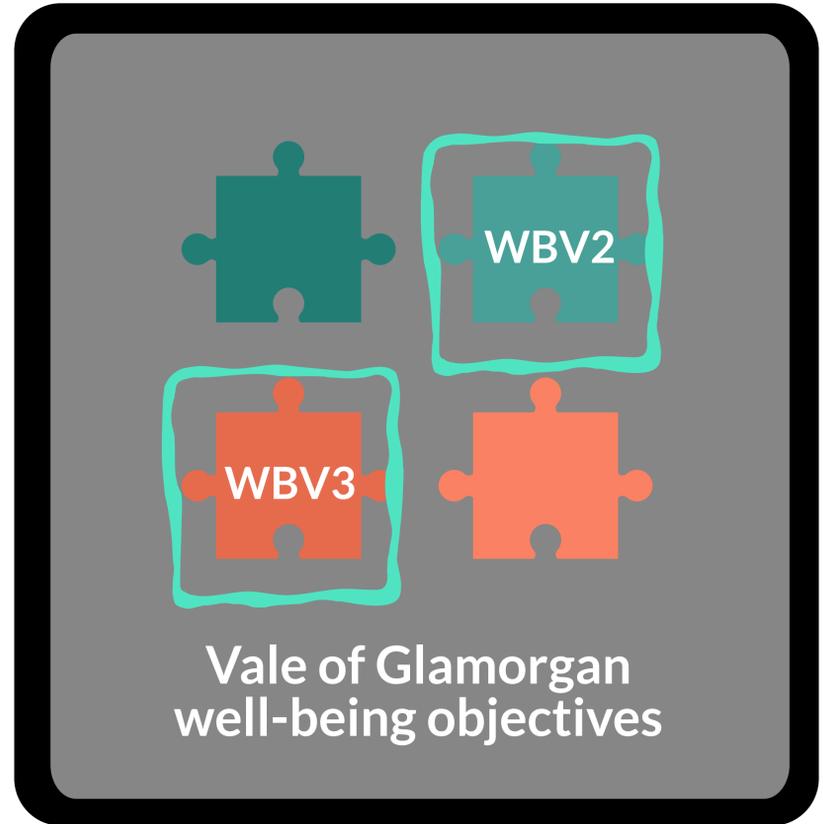
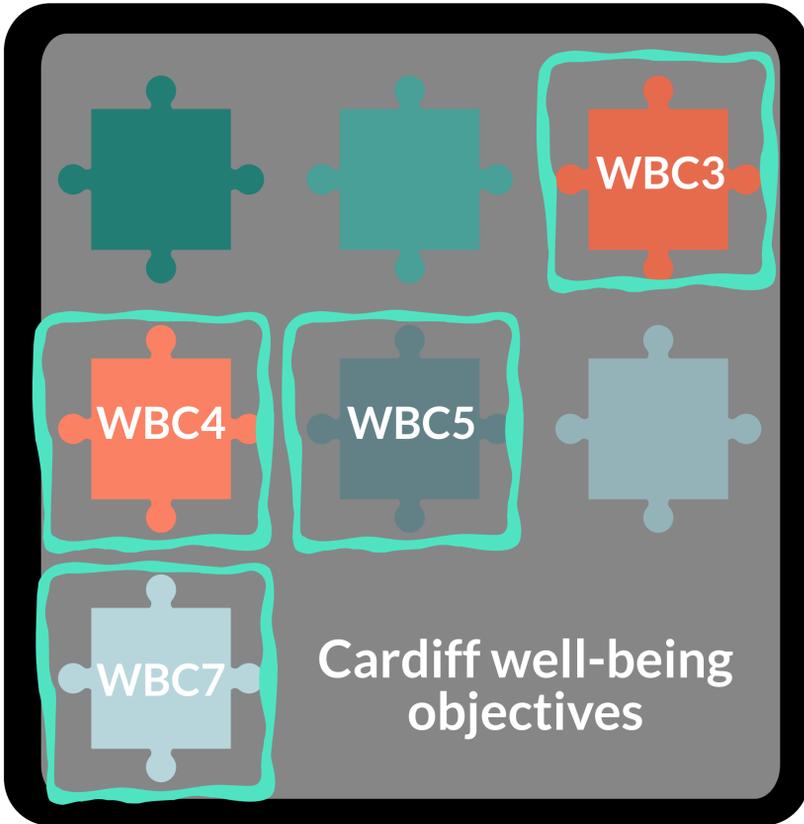
2.

Increase the safety of our communities by delivering multi-agency responses in locations where discarded injecting equipment and other drug paraphernalia is prevalent

Please refer to the '[Cardiff and Vale of Glamorgan Area Action Plan 2018/23](#)' for details on how these key priorities will be achieved

# 13: Substance Misuse

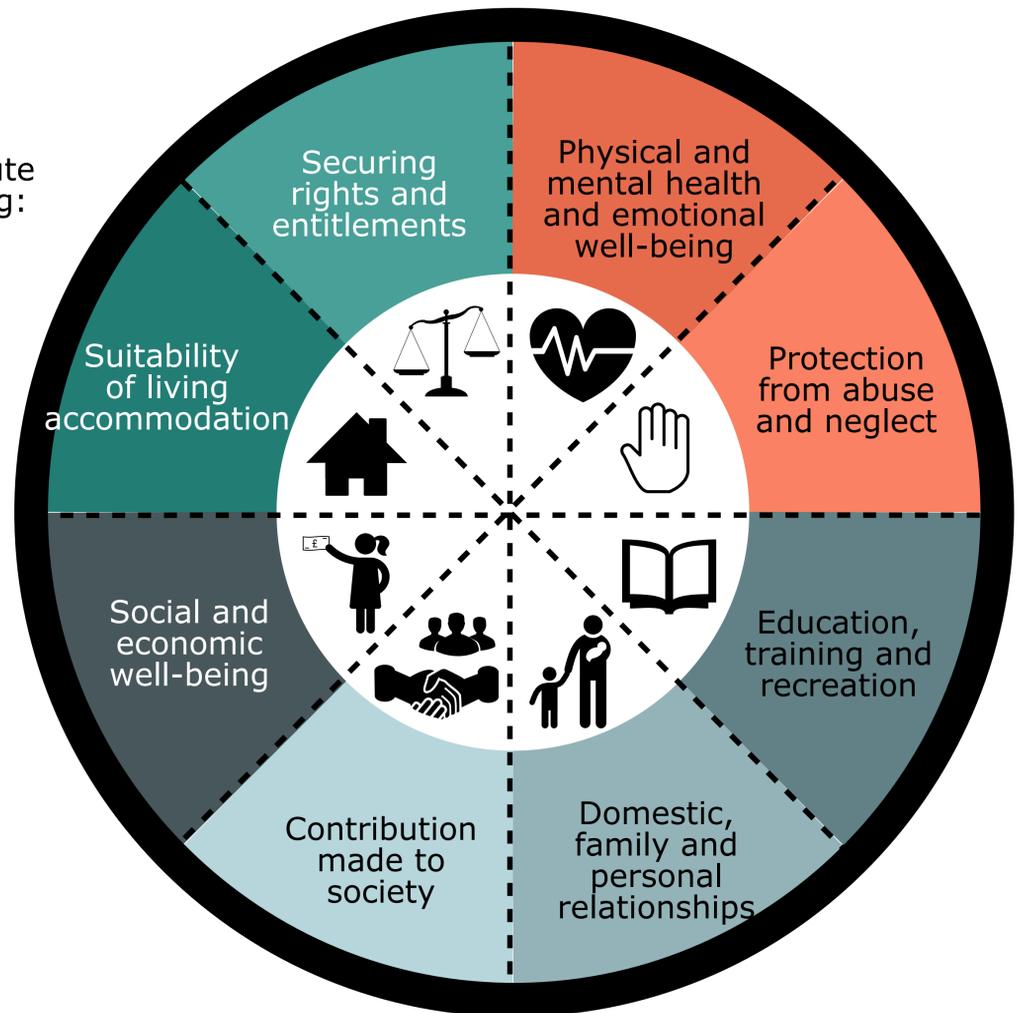
## Which Well-being Objectives do these Priorities Contribute Towards?



## Which National Outcomes do these Priorities Contribute Towards?

The key priorities are expected to contribute towards the following aspects of well-being:

- Securing rights and entitlements
- Physical and mental health and emotional well-being
- Protection from abuse and neglect
- Education, training and recreation
- Domestic, family and personal relationships
- Contribution made to society
- Social and economic well-being
- Suitability of living accommodation



## For further information, please contact:

Cardiff and Vale of Glamorgan Integrated Health and Social Care Partnership



02920 335 071



[hsc.integration@wales.nhs.uk](mailto:hsc.integration@wales.nhs.uk)



[www.cvihsc.co.uk](http://www.cvihsc.co.uk)



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Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board



Cardiff & Vale of Glamorgan  
**INTEGRATED HEALTH  
& SOCIAL CARE PARTNERSHIP**

**PARTNERIAETH IECHYD  
& GOFAL CYMDEITHASOL INTEGREDIG**  
Caerdydd & Bro Morgannwg



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## Introduction

*This Action Plan should be read in conjunction with the ‘Cardiff and Vale of Glamorgan Area Plan for Care and Support Needs 2018-2023’ which sets out the Key Population Needs identified in the Population Assessment and the priorities developed in response by the Cardiff and Vale of Glamorgan Regional Partnership Board (RPB). This document can be found at <http://www.cvihsc.co.uk/about/what-we-do/cardiff-vale-glamorgan-area-plan/>*

### How was the Area Plan and Area Action Plan developed?

The development of the Area Plan and Area Action Plan have been informed by a number of sources including public surveys; focus group interviews with local residents; consultation at community events and venues; a survey of local professionals and organisations providing care or support; stakeholder workshops; service and population data; key documents, and current work being undertaken by partner organisations.

Two reports have been produced as a result of this review. The first is the [Area Plan](#), which sets out the key needs identified within the Population Assessment, along with the priority areas for action in response to the findings. In addition, this **Area Action Plan** has also been developed, which provides the detail of how these priorities will be delivered. Both reports also set out the contributions to Cardiff and Vale of Glamorgan's Well-being Objectives and the National Social Services Outcomes Framework.

The main focus of the Area Plan and Action Plan will be the Regional Partnership Board's responsibilities for the integration of services in relation to:



Where there are other care and support themes identified which are led by other Partnerships and planning arrangements across the region, both Plans will signpost to existing reporting mechanisms to enable progress to be monitored.

### Consultation and Engagement

Whilst there is no requirement to undertake formal consultation on the Area Plan, those people involved in the production of the Population Needs Assessment were invited to comment on the draft document and to provide input to the Action Plan.

In addition, an online public survey was developed to give people an opportunity to provide comments. Work also took place with Public Service Board colleagues to participate in the engagement on the Well-being Plans and to enable discussion to occur on care and support needs.

As part of the process to develop the Plan, the Partnership has undertaken an Equality and Health Impact Assessment. The Cardiff and Vale of Glamorgan Regional Partnership Board serves a very diverse population and takes into account the requirements of the Equality Act 2010 and Public Health (Wales) Act 2017 to progress equal opportunities for all. The Partnership is committed, through the delivery of this Plan, to promoting positive measures that address health inequalities and eliminate all forms of unlawful or unfair discrimination on the grounds of age, marriage and civil partnership, disability, race, gender, religion/belief, sexual orientation, gender reassignment or gender identity and pregnancy/maternity.

All feedback received as part of the development of the Plan and subsequent consultation has been considered and reflected in the final documents as appropriate.

### **Monitoring and Review**

The Action Plan will be reviewed and updated as required by the Cardiff and Vale of Glamorgan RPB, and progress will be reported within the Board's Annual Report.

***This Action Plan is available in Welsh upon request***

## Action Plan 2018-2023



### 1. Older People, including People with Dementia

How are we addressing the care and support needs of older people?

#### 1. Regional Partnership Board Priorities

**OP1.1: Building on the First Point of Contact and Single Point of Access services, further develop digital services along with easily accessible telephone, online and face-to-face access points for the region, for both professionals and the public.**

**Response to PNA Needs:** N1-N2, N4, N6-N7, N12-N13

**Contribution to Well-being Objectives:** WBC3, WBC6-WBC7, WBV1

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1, 7.2. 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism			
<ul style="list-style-type: none"> <li><a href="#">‘Me, My Home, My Community’ – Cardiff and Vale of Glamorgan Market Position Statement 2017-2022</a></li> <li><a href="#">Cardiff and Vale of Glamorgan Joint Regional Statement of Strategic Intent – Services for Older People</a></li> <li><a href="#">Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</a></li> <li><a href="#">Care and support at home in Wales Five-year strategic plan 2017-2022</a></li> <li><a href="#">Cardiff Council Ageing Well in Wales Local Delivery Plan</a></li> <li><a href="#">Vale of Glamorgan Local Service Board Ageing Well Plan</a></li> <li><a href="#">Welsh Government Strategy for Older People in Wales 2013-2023</a></li> </ul>	Local Authorities, CVUHB, Third Sector, Dewis, GPs, Veteran Organisations, SWFRS, SWP, WAST, Public Health Wales, RSLs	<ul style="list-style-type: none"> <li>RPB Annual Report</li> <li>Director of Social Services’ Annual Reports</li> </ul>			
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Ongoing development of Dewis Cymru’s content and functionality as an online care and support resource to ensure information is comprehensive, up-to-date and accessible</li> </ul>	Short-term	<ul style="list-style-type: none"> <li>ICF Written Agreement</li> <li>Core budgets</li> </ul>	√	√	√
<ul style="list-style-type: none"> <li>Build greater public and workforce awareness of information and advice services,</li> </ul>	Short-				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
---------------------	-------------------------	----------------------

particularly for those who are not currently accessing services	term	<ul style="list-style-type: none"> <li>Community assets</li> <li>Volunteers</li> <li>Carers</li> <li>Third sector support</li> <li>Community groups</li> </ul>			
<ul style="list-style-type: none"> <li>Develop intelligence to understand the potential unmet demand for assessment and services. Considerations to include: <ul style="list-style-type: none"> <li>Where demand is currently being generated and/or diverted</li> <li>Development of an evidence base to measure the impact of preventative services</li> <li>Understanding the cost-benefits of investment in intermediate care and other services that help people return earlier to a better state of health and independence, e.g. Community Resource Team/Service</li> </ul> </li> </ul>	Medium-term				

**OP1.2: Develop resilient communities with local services, infrastructure and strong community networks to meet local needs where older people live.**

**Response to PNA Needs:** N1-N2, N4-N9, N11-N14  
**Contribution to Well-being Objectives:** WBC3, WBC5-WBC7, WBV1-WBV2  
**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1, 7.2. 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism			
<ul style="list-style-type: none"> <li><a href="#">‘Me, My Home, My Community’ – Cardiff and Vale of Glamorgan Market Position Statement 2017-2022</a></li> <li><a href="#">Cardiff and Vale of Glamorgan Joint Regional Statement of Strategic Intent – Services for Older People</a></li> <li><a href="#">Shaping our Future Well-being Strategy</a></li> <li><a href="#">Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</a></li> <li><a href="#">Care and support at home in Wales Five-year strategic plan 2017-2022</a></li> <li><a href="#">Cardiff Council Ageing Well in Wales Local Delivery Plan</a></li> <li><a href="#">Vale of Glamorgan Local Service Board Ageing Well Plan</a></li> <li><a href="#">Welsh Government Strategy for Older People in Wales 2013-2023</a></li> </ul>	Local Authorities, CVUHB, Third Sector, Dewis, GPs, Veteran Organisations, SWFRS, SWP, WAST, RSLs, Care Providers, Transport Providers, Community and Faith Groups, Sensory Loss organisations.	<ul style="list-style-type: none"> <li>RPB Annual Report</li> <li>Director of Social Services’ Annual Reports</li> </ul>			

Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Development of strategies for preventative services to support their long-term</li> </ul>	Medium	<ul style="list-style-type: none"> <li>ICF Written</li> </ul>			

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<p>sustainability, in the context of financial pressures on all agencies. Considerations to include:</p> <ul style="list-style-type: none"> <li>- Sustainable funding</li> <li>- The use of community assets to promote community resilience</li> <li>- Library and adult education provision</li> <li>- Promoting community engagement</li> <li>- Tackling social isolation and loneliness</li> <li>- Development of digital skills, potentially through skill exchanges with young people in college</li> <li>- Falls prevention</li> <li>- Day opportunities</li> <li>- Assistive technology</li> <li>- Rapid response adaptations</li> <li>- Healthy lifestyles, including knowledge and skills on healthy diet</li> <li>- Access to public transport</li> <li>- Dental services</li> <li>- Housing related support</li> <li>- Occupational health</li> </ul>	- term	<p>Agreement</p> <ul style="list-style-type: none"> <li>• Core budgets</li> <li>• Community assets</li> <li>• Volunteers</li> <li>• Carers</li> <li>• Third sector support</li> <li>• Community groups</li> </ul>	✓	✓	✓
<ul style="list-style-type: none"> <li>• Further develop the social value sector, including social enterprises, through greater delivery of community based services.</li> </ul>	Short - medium term				
<ul style="list-style-type: none"> <li>• Further develop locality working. Considerations to include: <ul style="list-style-type: none"> <li>- Clarification on the definition and scope</li> <li>- Mapping of existing locality resources in each neighbourhood/cluster.</li> <li>- Development of future multi-disciplinary locality teams.</li> <li>- The active use of well-being and community hubs to tackle social isolation.</li> <li>- The use of 'Community Navigator/Connector' roles.</li> </ul> </li> </ul>	Short - medium term				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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**OP1.3: Develop and provide a range of future accommodation options to meet demand and enable people to remain at home for as long as possible.**

**Response to PNA Needs:** N1-N2, N4-N6, N8-N11, N14  
**Contribution to Well-being Objectives:** WBC2, WBC6, WBV1  
**Contribution to National Outcomes:** 1.1-1.6, 7.2, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism			
<ul style="list-style-type: none"> <li>• <a href="#">‘Me, My Home, My Community’ – Cardiff and Vale of Glamorgan Market Position Statement 2017-2022</a></li> <li>• <a href="#">Cardiff and Vale of Glamorgan Joint Regional Statement of Strategic Intent – Services for Older People</a></li> <li>• <a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li>• <a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> <li>• <a href="#">Shaping our Future Well-being Strategy</a></li> <li>• <a href="#">Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</a></li> <li>• <a href="#">Care and support at home in Wales Five-year strategic plan 2017-2022</a></li> <li>• <a href="#">Cardiff Council Ageing Well in Wales Local Delivery Plan</a></li> <li>• <a href="#">Vale of Glamorgan Local Service Board Ageing Well Plan</a></li> <li>• <a href="#">Welsh Government Strategy for Older People in Wales 2013-2023</a></li> </ul>	Local Authorities, CVUHB, Third Sector, RSLs, Private Sector, Care Providers	<ul style="list-style-type: none"> <li>• RPB Annual Report</li> <li>• Local Authority Housing Strategies</li> </ul>			

Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• Review local housing strategies in light of current provision and develop joint regional ‘accommodation with care and support’ strategies (where appropriate/feasible). Considerations to include:                             <ul style="list-style-type: none"> <li>- Evaluation of the level of accommodation with care provision required now and in the future</li> <li>- Conducting a pilot on intergenerational housing</li> <li>- A joint agreement on the eligibility criteria for social housing</li> <li>- A greater understanding of Local Development Plans and how to influence what housing gets built on development sites.</li> <li>- New building developments are fit for a growing older population, including</li> </ul> </li> </ul>	Medium - term	<ul style="list-style-type: none"> <li>• ICF Written Agreement</li> <li>• Core budgets</li> <li>• JES Pooled Fund</li> <li>• Older People Care Accommodation Pooled Fund</li> <li>• RSLs</li> </ul>	✓	✓	✓

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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accessibility requirements					
<ul style="list-style-type: none"> <li>Develop a regional approach for domiciliary care and residential and nursing home care, with the aim of stabilising the market. Considerations to include: <ul style="list-style-type: none"> <li>Opportunities for joint commissioning</li> <li>Sharing good commissioning practices across the region</li> <li>How to further develop good working relationships with providers</li> <li>Outcome based commissioning</li> <li>Joint forums/shared learning</li> <li>The use of care homes to tackle social isolation and loneliness</li> <li>How to converge costs</li> <li>How to improve quality and achieve consistency across the sector</li> <li>How to manage the growth (and decline) of the three markets</li> <li>Demands placed on the sectors by regulatory bodies</li> <li>Needs of self-funders</li> </ul> </li> </ul>	Medium – long term	<ul style="list-style-type: none"> <li>Supporting People</li> <li>Care Providers</li> <li>Community assets</li> <li>Volunteers</li> <li>Carers</li> <li>Third sector support</li> <li>Community groups</li> </ul>			
<ul style="list-style-type: none"> <li>Develop effective tools to enable older people to engage in the self-assessment of their own care and support requirements and health conditions. Considerations to include: <ul style="list-style-type: none"> <li>IT systems</li> <li>Development of Health ‘CVs’ for every older person across the region</li> <li>Training for older people on chronic condition self-management</li> <li>Balanced diet education, including cooking skills</li> </ul> </li> </ul>	Medium -term				
<ul style="list-style-type: none"> <li>Review effectiveness of Joint Equipment Store and explore commercial opportunities.</li> </ul>	Short-medium term				

**OP1.4: Develop improved assessment, diagnosis and care planning practices which are built upon genuine collaboration with older people and their carers and families, so that their plans reflect what is important to them and achieves the outcomes they seek.**

**Response to PNA Needs:** N1-N4, N7-10, N12

**Contribution to Well-being Objectives:** WBC6-WBC7, WBV1

**Contribution to National Outcomes:** 1.1-1.6, 2.1- 2.3, 3.1-3.3, 4.2, 7.1, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul style="list-style-type: none"> <li><a href="#">‘Me, My Home, My Community’ – Cardiff and Vale of</a></li> </ul>	Local Authorities, CVUHB, GPs,	<ul style="list-style-type: none"> <li>RPB Annual Report</li> </ul>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>• <a href="#">Glamorgan Market Position Statement 2017-2022</a></li> <li>• <a href="#">Cardiff and Vale of Glamorgan Joint Regional Statement of Strategic Intent – Services for Older People</a></li> <li>• <a href="#">Shaping our Future Well-being Strategy</a></li> <li>• <a href="#">Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</a></li> <li>• <a href="#">Care and support at home in Wales Five-year strategic plan 2017-2022</a></li> <li>• <a href="#">Cardiff Council Ageing Well in Wales Local Delivery Plan</a></li> <li>• <a href="#">Vale of Glamorgan Local Service Board Ageing Well Plan</a></li> <li>• <a href="#">Welsh Government Strategy for Older People in Wales 2013-2023</a></li> </ul>	<p>Third Sector, Care Providers, WAST</p>				
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• Further explore opportunities to establish Discharge to Assess models of care.</li> </ul>	Short-medium term	<ul style="list-style-type: none"> <li>• ICF Written Agreement</li> <li>• Core budgets</li> </ul>	√	√	√
<ul style="list-style-type: none"> <li>• Rationalise, refine and unify assessment, diagnosis and planning pathway. Considerations to include: <ul style="list-style-type: none"> <li>- The application of a strength- and not deficit-based approach.</li> <li>- Outcomes based commissioning</li> <li>- Issues negotiating the crossover points in the transition process.</li> <li>- Undertaking integrated assessments in partnership with older people and their families and carers, and that the options available – including the consequences of those options such as financial commitments – are taken into account.</li> <li>- The proportionate level of assessment required – i.e. what is the least we need to do to meet an individual’s needs – is undertaken in the most appropriate location, and clarity that proportionate assessments apply to all ages, not just older people.</li> <li>- Practices similar to the successful ‘family conference’ model</li> <li>- Mechanisms that enable providers to respond to sudden changes in circumstances and the different outcomes required</li> </ul> </li> </ul>	Medium – long term	<ul style="list-style-type: none"> <li>• Carers</li> <li>• JES Pooled Fund</li> <li>• Older People Care Accommodation Pooled Fund</li> <li>• Heath and social care workforce</li> </ul>			
<ul style="list-style-type: none"> <li>• Enable ongoing, systematic engagement as a way of understanding what matters to</li> </ul>	Short-				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<p>older people. Considerations to include:</p> <ul style="list-style-type: none"> <li>- Engaging older people who are typically harder to reach, including home owners</li> </ul>	medium term				
<ul style="list-style-type: none"> <li>• In line with Part 10 Code of Practice, arrange provision of Independent Professional Advocacy, and ensure access to other forms of advocacy where required.</li> </ul>	Short-term				
<ul style="list-style-type: none"> <li>• Undertake collective workforce planning across health, housing and social care sectors to support integration. Considerations to include: <ul style="list-style-type: none"> <li>- Ageing workforce/succession planning</li> <li>- Supply of professional workforce, including GPs, nursing and therapy staff</li> <li>- Developing the quality and skills of workforce</li> <li>- Impact of domiciliary care registration (Regulation and Inspection of Social Care Act)</li> <li>- Joint recruitment campaigns to attract workforce in the care sector</li> <li>- Terms and conditions across health and social care</li> <li>- Development of integrated teams/joint posts/joint recruitment</li> <li>- Training in commissioning, procurement and performance management to support the development of effective services</li> </ul> </li> </ul>	Short-medium term				

<b>OP1.5: Develop Cardiff and Vale of Glamorgan as a dementia friendly region</b>		
<b>Response to PNA Needs:</b> N1-N14		
<b>Contribution to Well-being Objectives:</b> WBC6-WBC7, WBV1		
<b>Contribution to National Outcomes:</b> 1.1-1.6, 2.3, 3.1-3.3, 4.2, 5.2, 6.1, 7.1, 8.1		
<b>How will we Deliver?</b>	<b>Partner Agencies</b>	<b>Reporting Mechanism</b>
<ul style="list-style-type: none"> <li>• <a href="#">Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</a></li> <li>• <a href="#">‘Me, My Home, My Community’ – Cardiff and Vale of Glamorgan Market Position Statement 2017-2022</a></li> <li>• <a href="#">Cardiff and Vale of Glamorgan Joint Regional Statement of Strategic Intent – Services for Older People</a></li> <li>• <a href="#">Shaping our Future Well-being Strategy</a></li> <li>• <a href="#">Care and support at home in Wales Five-year strategic plan 2017-2022</a></li> </ul>	<p>Local authorities, CVUHB, Third Sector, Alzheimer’s Society, Dementia friendly Groups, Community and faith groups, Care providers, Private Sector, SWP, SWFRS, Public Health Wales, WAST, Businesses</p>	<ul style="list-style-type: none"> <li>• RPB Annual Report</li> </ul>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>• <a href="#">Cardiff Council Ageing Well in Wales Local Delivery Plan</a></li> <li>• <a href="#">Vale of Glamorgan Local Service Board Ageing Well Plan</a></li> <li>• <a href="#">Welsh Government Strategy for Older People in Wales 2013-2023</a></li> </ul>					
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• Further promote the development of ‘dementia friendly’ communities and achieve ‘dementia friendly’ status on a regional level. Considerations to include: <ul style="list-style-type: none"> <li>- Availability of support services for people with dementia, including early on-set dementia</li> <li>- Increasing the number of dementia friends</li> <li>- Workforce development</li> <li>- Awareness raising with children and young people</li> <li>- Development of dementia friendly accommodation</li> </ul> </li> </ul>	Short-medium term	<ul style="list-style-type: none"> <li>• ICF Written Agreement</li> <li>• Core budgets</li> <li>• Community assets</li> <li>• Dementia Friends</li> <li>• Volunteers</li> <li>• Carers</li> <li>• Third sector support</li> <li>• Community groups</li> <li>• Older People Care Accommodation Pooled Fund</li> </ul>	√	√	√

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## 2. Children and Young People (Including Children with Complex Needs)



Children with Complex Needs



Children and Young People

How are we addressing the care and support needs of children and young people?

### 1. Regional Partnership Board Priorities – Children with Complex Needs

*\*Nb Actions relating to young carers can be found in the 'Adult and Young Carers' section of the Plan\**

CYP1.1: Improve provision for children and young people with Additional Learning Needs					
Response to PNA Needs: N2-N3, N5-N9					
Contribution to Well-being Objectives: WBC3-WBC5, WBV1-WBV3					
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1					
How will we Deliver?	Partner Agencies	Reporting Mechanism			
<ul style="list-style-type: none"> <li><a href="#">ALN and Education Tribunal (Wales) Bill and Transformation programme</a></li> <li><a href="#">WG Autism Spectrum Disorder Strategic Action Plan</a></li> <li><a href="#">Integrated Autism Service</a></li> <li><a href="#">Cardiff and Vale of Glamorgan Index of children and young people with disabilities or additional needs</a></li> <li><a href="#">Disabilities Futures Programme</a></li> </ul>	WG, Local Authorities, Schools, CVUHB, Third Sector, WLGA	<ul style="list-style-type: none"> <li>Disability Futures Programme</li> <li>Quarterly reporting to WG/WLGA on IAS implementation</li> </ul>			
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Increase collaboration between health, social services and education to ensure a joined up approach to support and care.</li> </ul>	Short-medium term	<ul style="list-style-type: none"> <li>Education budgets</li> <li>WG/WLGA/Public Health Wales – IAS</li> </ul>	√	√	
<ul style="list-style-type: none"> <li>Increase the emphasis on early intervention support in schools through closer working with Welfare services and provision of additional training for all staff in primary schools</li> </ul>	Medium-term	<ul style="list-style-type: none"> <li>ICF – IAS Funding</li> <li>Central South Consortium Joint Education Service</li> </ul>			
<ul style="list-style-type: none"> <li>Improve transition between early years education providers, schools and post-16 education for children and young people with complex needs</li> </ul>	Medium-term	<ul style="list-style-type: none"> <li>Cardiff and Vale of Glamorgan's Index of children and young people</li> </ul>			
<ul style="list-style-type: none"> <li>Increase participation of children and young people with complex needs in</li> </ul>	Short-				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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the planning and assessment process	term	with disabilities or additional needs			
		<ul style="list-style-type: none"> <li>Families First</li> </ul>			

**CYP1.2: Improve integrated provision for children with complex needs, including the transition between children and adult services**

**Response to PNA Needs:** N2-N3, N5-N8

**Contribution to Well-being Objectives:** WBC3-WBC5, WBV1-WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism			
<ul style="list-style-type: none"> <li><a href="#">Disabilities Futures Programme</a></li> <li><a href="#">National Integrated Autism Service</a></li> <li><a href="#">Cardiff and Vale of Glamorgan Index of children and young people with disabilities or additional needs</a></li> <li><a href="#">Shaping our Future Well-being Strategy</a></li> <li><a href="#">Additional Learning Needs and Education Tribunal (Wales) Bill</a></li> </ul>	Local Authorities, CVUHB, Third Sector, WLGA, WG, Schools	<ul style="list-style-type: none"> <li>Disability Futures Programme</li> <li>Quarterly Reporting to WG/WLGA on IAS implementation</li> </ul>			
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
Implement the Disabilities Futures Programme to include: <ul style="list-style-type: none"> <li><b>Regional joint commissioning of services for disabled children</b> – to include a focus on Families First and regional opportunities to commission within the Disability Focus element of services.</li> </ul>	Short-medium term	<ul style="list-style-type: none"> <li>ICF – part of a Written Partnership Agreement</li> <li>Local authority/CVUHB core budgets</li> <li>National Integrated Autism Service</li> <li>Cardiff and Vale of Glamorgan's Index of children and young people with disabilities or additional needs</li> </ul>	√	√	√
<ul style="list-style-type: none"> <li><b>Integrating services for children with complex needs</b> – to include development of pilot projects to demonstrate integrated practice and inform future delivery methods</li> </ul>	Medium-term				
<ul style="list-style-type: none"> <li><b>Development of a regional transition protocol for disabled young people</b> to improve the experience of young people transitioning to adult services from children's services and early identification of needs to support planning into adulthood.</li> </ul>	Medium-term				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>• <b>Arrange provision of Independent Professional Advocacy</b> and ensure access to other forms of advocacy for everyone who requires it (in line with Part 10 Code of Practice).</li> </ul>	Short-term				
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## 2. Other Partnership Activity

A number of care and support needs for **children and young people** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

CYP2.1: Increase the role of children and young people in decision making and service delivery						
Response to PNA Need: N5						
Contribution to Well-being Objectives: WBC4, WBC7, WBV1, WBV3						
Contribution to National Outcomes; 1.1-1.6, 3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1						
How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• <a href="#">Cardiff Youth Council</a></li> <li>• <a href="#">Cardiff Sprout</a></li> <li>• <a href="#">Vale of Glamorgan Youth Cabinet</a></li> <li>• <a href="#">Vale Youth Forum</a></li> <li>• <a href="#">Cardiff Child Rights Partner Programme</a> and <a href="#">UNICEF 'Child Friendly City'</a></li> <li>• <a href="#">UN Convention on the Rights of the Child</a></li> </ul>	Public Service Boards Local Authorities, CVUHB, Schools, Third Sector, Youth Councils, SWP	<ul style="list-style-type: none"> <li>• PSB Annual Reports</li> </ul>	<ul style="list-style-type: none"> <li>• Local authorities</li> <li>• Schools</li> <li>• CVUHB</li> <li>• Third Sector</li> <li>• Youth Councils</li> <li>• Families First</li> <li>• Meic</li> <li>• Young Commissioners (Families First)</li> <li>• SNAP</li> </ul>	✓	✓	✓

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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**CYP2.2: Improve educational outcomes**

**Contribution to PNA Priorities:** N8  
**Contribution to Well-being Objectives:** WBC4-WBC5, WBV2-WBV3  
**Contribution to National Outcomes:** 4.1- 4.2, 6.1, 7.3-7.4

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li><a href="#">Cardiff 2020 – A renewed vision for education and learning in Cardiff</a></li> <li><a href="#">Cardiff Commitment Youth Engagement and Progression Strategy</a></li> <li><a href="#">Vale of Glamorgan Achievement for All Service Plan 2017-2021</a></li> <li><a href="#">Vale of Glamorgan Children and Young People Service Plan 2017-2021</a></li> <li><a href="#">Central South Consortium Business Plan 2017-2020</a></li> </ul>	Local Authorities, Schools, Central South Education Consortium (CSC), Flying Start, Families First, Third Sector	<ul style="list-style-type: none"> <li>Examination results</li> <li>WG/Local authority Key Stage Performance Reports</li> <li>Local authority Corporate/Improvement Plan Quarterly Reports</li> </ul>	<ul style="list-style-type: none"> <li>Education budgets</li> <li>Central South Consortium Joint Education Service</li> <li>Youth Support Services</li> <li>Flying Start</li> <li>Families First</li> <li>Third Sector Support</li> </ul>	√	√	

**CYP2.3: Increase the successful transition into employment, education or training of children and young people**

**Contribution to PNA Priorities:** N8  
**Contribution to Well-being Objectives:** WBC4-WBC5, WBV2-WBV3  
**Contribution to National Outcomes:** 4.1- 4.2, 6.1, 7.3-7.4

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li><a href="#">Cardiff 2020 – A renewed vision for education and learning in Cardiff</a></li> <li><a href="#">Cardiff Commitment Youth Engagement and Progression Strategy</a></li> </ul>	Local authorities, Schools, Central South Education	<ul style="list-style-type: none"> <li>Examination results</li> <li>Local authority Corporate/Improvement Plan Quarterly Reports</li> </ul>	<ul style="list-style-type: none"> <li>Education budgets</li> <li>Central South Consortium Joint Education Service</li> </ul>	√	√	√

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>• <a href="#">Strategy</a></li> <li>• <a href="#">Vale of Glamorgan Achievement for All Service Plan 2017-2021</a></li> <li>• <a href="#">Vale of Glamorgan Children and Young People Service Plan 2017-2021</a></li> <li>• <a href="#">Central South Consortium Business Plan 2017-2020</a></li> <li>• <a href="#">Vale of Glamorgan Aspire to Achieve and Inspire to Work Programmes</a></li> </ul>	<p>Consortium (CSC), Careers Wales, Third Sector, Training Organisations, CAVC</p>	<ul style="list-style-type: none"> <li>• Public Service Boards</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Youth Support Services</li> <li>• Flying Start</li> <li>• Families First</li> <li>• Third Sector Support</li> </ul>			
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**CYP2.4: Increase access to appropriate services to children in need of care and support, recognising increased rates of emotional and mental health issues**

**Contribution to PNA Priorities:** N1-N3, N5-N9

**Contribution to Well-being Objectives:** WBC3-WBC5, WBV1-WBCV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• <a href="#">Cardiff and Vale LSCB Business Plan</a></li> <li>• <a href="#">Cardiff Early Help Strategy</a></li> <li>• <a href="#">Cardiff and Vale Integrated Family Support Service</a></li> <li>• <a href="#">Vale of Glamorgan Corporate Strategy for Children in Need of Care and Support</a></li> <li>• <a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li>• <a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>	<p>Local Authorities, CVUHB, Third Sector, Schools</p>	<ul style="list-style-type: none"> <li>• Cardiff and Vale Local Safeguarding Board</li> <li>• Public Service Boards</li> </ul>	<ul style="list-style-type: none"> <li>• Cardiff and Vale of Glamorgan Integrated Family Support Services (Partnership Agreement)</li> <li>• Cardiff and Vale of Glamorgan Regional Safeguarding Children Board</li> <li>• Families First Team around the Family</li> </ul>	<p>✓</p>	<p>✓</p>	<p>✓</p>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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			<ul style="list-style-type: none"> <li>• Cardiff and Vale of Glamorgan Information, Advice and Assistance</li> <li>• Cardiff Multi-agency Safeguarding Hub</li> <li>• CAMHS/Emotional Well-being Services</li> <li>• Cardiff Council LAC Traineeship Scheme</li> </ul>			
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**CYP2.5: Increase support for children and young people affected directly or indirectly by parental relationship breakdown and domestic violence**

**Contribution to PNA Priorities:** N1-N3, N5, N7

**Contribution to Well-being Objectives:**, WBC3-WBC5, WBV1-WBCV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• <a href="#">Welsh Government VAWDASV Strategy 2016-2021</a></li> <li>• Cardiff Child Sexual Exploitation Strategy</li> <li>• Vale of Glamorgan Child Sexual Exploitation Strategy</li> <li>• <a href="#">The National Training Framework on violence against women, domestic abuse and sexual violence</a></li> <li>• Cardiff and Vale of Glamorgan VAWDASV Strategy - <i>under development</i></li> </ul>	Local Authorities, CVUHB, SWP, Probation, Third Sector, Schools, WG	<ul style="list-style-type: none"> <li>• Cardiff and Vale of Glamorgan VAWDASV Strategy – reporting to PSBs, Cardiff Safer and Cohesive Communities Programme Board and Safer Vale</li> </ul>	<ul style="list-style-type: none"> <li>• Core budgets</li> <li>• IFSS</li> <li>• Supporting People</li> </ul>	<b>√</b>	<b>√</b>	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>• <a href="#">Roll out of IRIS</a></li> <li>• <a href="#">South Wales Police and Crime Reduction Plan 2017-21</a></li> <li>• <a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li>• <a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>						
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**CYP2.6: Prevent child sexual exploitation**

**Contribution to PNA Priorities:** N1-N3, N5, N7

**Contribution to Well-being Objectives:** WBC3-WBC5, WBV1-WBCV3

**Contribution to National Outcomes:** 1.1-1.2, 2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• <a href="#">National Action Plan to Tackle Child Sexual Exploitation (Wales)</a></li> <li>• <a href="#">Cardiff and Vale LSCB Business Plan</a></li> <li>• <a href="#">CSE Prevention Strategy for the NHS 2016-2019</a></li> <li>• <a href="#">South Wales Police and Crime Reduction Plan 2017-21</a></li> </ul>	Local Authorities, CVUHB, SWP, Probation, Third Sector	<ul style="list-style-type: none"> <li>• Cardiff and Vale Local Safeguarding Board</li> </ul>	<ul style="list-style-type: none"> <li>• LSCB</li> <li>• Third Sector</li> <li>• WG</li> </ul>	✓	✓	

**CYP2.7: Enable children and young people to be happy and healthy**

**Contribution to PNA Priorities and Well-being Objectives:** N2, WBC2, WBC4, WBC7, WBV2, WBV3

**Contribution to National Outcomes:** 1.1-1.2, 2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• <a href="#">Cardiff Families First</a> and <a href="#">Vale of Glamorgan Families First</a></li> </ul>	Local Authorities,	<ul style="list-style-type: none"> <li>• PSB Well-being Plans</li> <li>• Local Authority Corporate</li> </ul>	<ul style="list-style-type: none"> <li>• Local authority – play/leisure</li> </ul>	✓	✓	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>• <a href="#">Cardiff Childcare Sufficiency Assessment 2017</a></li> <li>• <a href="#">Vale of Glamorgan Childcare Sufficiency Assessment 2016/17</a></li> <li>• <a href="#">Vale of Glamorgan Family Information Service</a></li> <li>• <a href="#">Cardiff and Vale Local Public Health Plan 2016/17-2018/19</a></li> <li>• <a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li>• <a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>	CVUHB, Public Health Wales, Third Sector, Schools	Plans <ul style="list-style-type: none"> <li>• Annual Report of the Director of Public Health</li> </ul>	<ul style="list-style-type: none"> <li>• Third Sector</li> <li>• Families First</li> <li>• Schools</li> <li>• Family Information Service</li> <li>• Dewis Cymru</li> <li>• Flying Start</li> </ul>			
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**CYP2.8: Develop the Welsh skills of children and create new Welsh speakers, to support the Welsh Government’s vision of having a million Welsh speakers by 2050**

**Contribution to PNA Priorities:** N2, N6

**Contribution to Well-being Objectives:** WBC1, WBC4, WBV3

**Contribution to National Outcomes:** 1.1-1.2, 2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• <a href="#">Cardiff Welsh in Education Strategic Plan 2017-2020</a></li> <li>• <a href="#">Vale of Glamorgan Welsh in Education Strategic Plan 2017-2020</a></li> </ul>	Local Authorities, Schools, WG, Central South Education Consortium, CVUHB, Third Sector	<ul style="list-style-type: none"> <li>• Local authority corporate reporting</li> </ul>	<ul style="list-style-type: none"> <li>• Education and early years budgets</li> <li>• Third Sector</li> <li>• Flying Start</li> <li>• Families First</li> </ul>	<b>v</b>		

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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### 3. Learning Disability and Autism

#### How are we addressing care and support needs?

#### 1. Regional Partnership Board Priorities

##### LDA.1.1 People with learning disabilities are supported to maximise their independence

Response to PNA Needs: N1-N6

Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV1-WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism			
<ul style="list-style-type: none"> <li><a href="#">Cardiff Council Learning Disability Strategy 2012-2017</a></li> <li><a href="#">Vale of Glamorgan Council Learning Disability Strategy 2014-2017</a></li> <li><a href="#">Shaping our Future Well-being Strategy</a></li> <li><a href="#">Cardiff and Vale UHB IMTP</a></li> <li>Cardiff and Vale UHB Health Inspectorate Wales Learning Disability Action Plan</li> <li><a href="#">Disabilities Future Programme</a></li> <li><a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li><a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>	Local Authorities, CVUHB, Third Sector, Colleges, RSLs, Care Providers, Cardiff People First, Vale of Glamorgan People First, ABMU Health Board, Learning Disability Wales, SWP	<ul style="list-style-type: none"> <li>RPB Annual Report</li> <li>Director of Social Services' Annual Report</li> <li>Corporate Plans/CVUHB IMTP</li> </ul>			
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Develop a Cardiff and Vale of Glamorgan Learning Disability Commissioning Strategy. Considerations to include:               <ul style="list-style-type: none"> <li>- Domiciliary care</li> <li>- Access to information and advice</li> <li>- The uptake of Direct Payments</li> <li>- Range of respite opportunities</li> </ul> </li> </ul>	Short-medium	<ul style="list-style-type: none"> <li>Core budgets</li> <li>ICF</li> </ul>	√	√	√

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>- Remodelling of specialist learning disability services</li> <li>- Housing needs over next 5-10 years</li> <li>- Commissioning new Supported Living schemes</li> <li>- Transition commissioning of services for young people moving to adult services</li> <li>- Provision of Independent Professional Advocacy and access to other forms of advocacy for everyone who requires it (in line with Part 10 Code of Practice)</li> <li>- Development of regional services for adults with learning disabilities (as part of the Disabilities Futures Programme) to enable those with more complex needs to access services closer to home</li> <li>- Implementation of the Orange Wallet Scheme and development of support networks for independent travel</li> </ul>					
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**LDA.1.2 People with learning disabilities are supported to play an active role in society and engage in meaningful day time activities and employment or volunteering.**

**Response to PNA Need:** N1-6  
**Contribution to Well-being Objectives:** WBC3, WBC4, WBC5, WBC7, WBV1, WBV2, WBV3  
**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul style="list-style-type: none"> <li>• Cardiff Council and Vale of Glamorgan Council Adult Learning Disability Day Opportunity Strategy 2014-2017</li> <li>• <a href="#">Disabilities Future Programme</a></li> <li>• <a href="#">Cardiff Council Learning Disability Strategy 2012-2017</a></li> <li>• <a href="#">Vale of Glamorgan Council Learning Disability Strategy 2014-2017</a></li> <li>• <a href="#">Shaping our Future Well-being Strategy</a></li> </ul>	Local Authorities, CVUHB, Third Sector, Colleges, RSLs, Care Providers, Cardiff People First, Vale of Glamorgan People First, ABMU Health Board, Learning Disability Wales, Shaw Trust, Private Sector	<ul style="list-style-type: none"> <li>• RPB Annual Report</li> <li>• Corporate Plans</li> <li>• Director of Social Services' Annual Report</li> </ul>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li><a href="#">Cardiff and Vale UHB IMTP</a></li> <li>Cardiff and Vale UHB Health Inspectorate Wales Learning Disability Action Plan</li> </ul>					
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Develop a Cardiff and Vale of Glamorgan Learning Disability Commissioning Strategy. Considerations to include: <ul style="list-style-type: none"> <li>- Training staff to respond to changing service user needs, aspirations and priorities.</li> <li>- Provision of Independent Professional Advocacy and access to other forms of advocacy for everyone who requires it (in line with Part 10 Code of Practice)</li> <li>- Implementation of the Orange Wallet Scheme and development of support networks for independent travel</li> </ul> </li> </ul>	Short-medium term	<ul style="list-style-type: none"> <li>Core budgets</li> <li>ICF</li> </ul>	√	√	√

**LDA.1.3 People with learning disabilities are valued and included, supported to have a voice, and able to exercise choice and control over all aspects of their lives**

**Response to PNA Need:** N1-N2, N4-N5

**Contribution to Well-being Objectives:** WBC3-WBC5, WBC7, WBV1-WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul style="list-style-type: none"> <li><a href="#">Cardiff Council Learning Disability Strategy 2012-2017</a></li> <li><a href="#">Vale of Glamorgan Council Learning Disability Strategy 2014-2017</a></li> <li><a href="#">Shaping our Future Well-being Strategy</a></li> <li><a href="#">Cardiff and Vale UHB IMTP</a></li> <li>Cardiff and Vale UHB Health Inspectorate Wales Learning Disability Action Plan</li> </ul>	Local Authorities, CVUHB, Third Sector, Colleges, RSLs, Care Providers, Cardiff People First, Vale of Glamorgan People First, ABMU Health Board, Learning Disability Wales, Public Transport Providers	<ul style="list-style-type: none"> <li>RPB Annual Report</li> <li>Corporate Plans/IMTP</li> <li>Director of Social Services Annual Report</li> </ul>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li><a href="#">Disabilities Future Programme</a></li> </ul>						
Key Actions		Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Develop a Cardiff and Vale of Glamorgan Learning Disability Commissioning Strategy. Considerations to include:             <ul style="list-style-type: none"> <li>The uptake of Direct Payments</li> <li>Provision of Independent Professional Advocacy and access to other forms of advocacy for everyone who requires it (in line with Part 10 Code of Practice)</li> <li>Implementation of the Orange Wallet Scheme and development of support networks for independent travel</li> <li>Raising awareness and development of opportunities for service users to form social networks within the community and peer groups</li> <li>The development of peer mentoring and volunteering opportunities for people with learning disabilities</li> </ul> </li> </ul>		Short-medium term	<ul style="list-style-type: none"> <li>Core budgets</li> <li>ICF</li> </ul>	✓	✓	✓

<b>LDA.1.4 People with learning disabilities are enabled to stay healthy and feel safe.</b>		
<b>Response to PNA Need:</b> N1-N6		
<b>Contribution to Well-being Objectives:</b> WBC3-WBC5, WBC7, WBV1-WBV3		
<b>Contribution to National Outcomes:</b> 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1		
How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul style="list-style-type: none"> <li><a href="#">Cardiff and Vale Local Public Health Plan 2016/17-2018/19</a></li> <li><a href="#">Cardiff Council Learning Disability Strategy 2012-2017</a></li> <li><a href="#">Vale of Glamorgan Council Learning Disability Strategy 2014-2017</a></li> <li><a href="#">Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</a></li> </ul>	Local Authorities, CVUHB, Third Sector, Schools/Colleges, RSLs, Care Providers, Cardiff People First, Vale of Glamorgan People First, ABMU Health Board, Learning Disability	<ul style="list-style-type: none"> <li>RPB Annual Report</li> <li>Corporate Plans/IMTP</li> <li>Director of Social Services Annual Report</li> <li>Annual Report of the Director of Public Health</li> </ul>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>• <a href="#">Shaping our Future Well-being Strategy</a></li> <li>• <a href="#">Cardiff and Vale UHB IMTP</a></li> <li>• Cardiff and Vale UHB Health Inspectorate Wales Learning Disability Action Plan</li> <li>• <a href="#">Disabilities Future Programme</a></li> <li>• <a href="#">Care and support at home in Wales Five-year strategic plan 2017-2022</a></li> <li>• <a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li>• <a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>	<p>Wales, Public Health Wales, SWP, SWFRS, Public Transport Providers</p>				
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• Develop a Cardiff and Vale of Glamorgan Learning Disability Commissioning Strategy. Considerations to include: <ul style="list-style-type: none"> <li>- Commissioning of specialist LD residential and dementia services</li> <li>- Housing needs over next 5-10 years</li> <li>- Remodelling of specialist learning disability services</li> <li>- Range of respite opportunities</li> <li>- Improving pathways into primary and secondary healthcare</li> <li>- Provision of Independent Professional Advocacy and access to other forms of advocacy for everyone who requires it (in line with Part 10 Code of Practice)</li> <li>- Training and support in safety when using technology</li> <li>- Ensuring that commissioned services have appropriate regard to safeguarding</li> </ul> </li> </ul>	<p>Short-medium term</p>	<ul style="list-style-type: none"> <li>• Core budgets</li> <li>• ICF</li> </ul>	<p>✓</p>	<p>✓</p>	<p>✓</p>
<ul style="list-style-type: none"> <li>• Raise awareness of personal safety and work with the Neighbourhood Police and PACT meetings to raise awareness of hate crime directed at service users</li> </ul>	<p>Short-medium term</p>				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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**LDA.1.5 People with learning disabilities are supported to become lifelong learners.**

**Response to PNA Need:** N1-N2, N4-N5  
**Contribution to Well-being Objectives:** WBC3-WBC5, WBC7, WBV1-WBV3  
**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.2-7.5

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul style="list-style-type: none"> <li><a href="#">Cardiff Council Learning Disability Strategy 2012-2017</a></li> <li><a href="#">Vale of Glamorgan Council Learning Disability Strategy 2014-2017</a></li> <li>Cardiff Council and Vale of Glamorgan Council Adult Learning Disability Day Opportunity Strategy 2014-2017</li> <li><a href="#">Disabilities Future Programme</a></li> </ul>	Local Authorities, CVUHB, Third Sector, Colleges, Care Providers, RSLs, Cardiff People First, Vale of Glamorgan People First, Libraries	<ul style="list-style-type: none"> <li>RPB Annual Report</li> <li>Corporate Plans</li> <li>Director of Social Services Annual Report</li> </ul>

Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Develop a Cardiff and Vale of Glamorgan Learning Disability Commissioning Strategy. Considerations to include:                             <ul style="list-style-type: none"> <li>Commissioning of college placements for post 16 education</li> <li>Ensuring community education classes are accessible to people with learning disabilities in terms of cost</li> </ul> </li> </ul>	Short – medium term	<ul style="list-style-type: none"> <li>Core budgets</li> </ul>	√	√	√

**LDA.1.6 Develop a new Integrated Autism Service which all agencies working in integrated, multi-disciplinary ways will provide appropriate services for children, young people and adults with an autism spectrum disorder, addressing their education, health, employment, social interaction and emotional needs**

**Response to PNA Need:** N1-N6  
**Contribution to Well-being Objectives:** WBC3-WBC5, WBC7, WBV1-WBV3  
**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
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Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>Cardiff and Vale of Glamorgan Council ASD Strategy 2016-2020</li> <li><a href="#">Shaping our Future Well-being Strategy</a></li> </ul>	CVUHB, Local Authorities, Schools, WG, WLGA, Third Sector	<ul style="list-style-type: none"> <li>RPB Annual Report</li> <li>Quarterly reporting to WG</li> </ul>			
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Increase awareness of the pathway to diagnosis</li> </ul>	Short – medium term	<ul style="list-style-type: none"> <li>Integrated Autism Service</li> <li>Core services</li> <li>ICF</li> <li>Third Sector</li> <li>Diagnostic Toolkits</li> <li>Together for Children and Young People Framework: Neurodevelopmental Work stream</li> <li>Education Training Programmes</li> <li>Parenting Programmes</li> </ul>	√	√	
<ul style="list-style-type: none"> <li>Improve support and interventions including support for: <ul style="list-style-type: none"> <li>- emotional and behavioural issues</li> <li>- issues relating to core symptoms of Autism and daily living skills</li> <li>- access to leisure and social opportunities</li> </ul> </li> </ul>	Short – medium term				
<ul style="list-style-type: none"> <li>Improve support to individuals and businesses to enable access employment opportunities</li> </ul>	Short – medium term				
<ul style="list-style-type: none"> <li>Enable family and carers to access information and training in understanding Autism and how to support the individuals that they care for</li> </ul>	Short – medium term				
<ul style="list-style-type: none"> <li>Implement a new Integrated Autism Service</li> </ul>	Short-term				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## 4. Integrated Family Support Services

### How are we addressing care and support needs?

#### 1. Regional Partnership Board Priorities

**IFSS1.1 Continue to provide an intensive intervention with families referred by Children’s Services where there are serious child protection concerns as a result of parental / carer substance misuse, domestic abuse or mental health.**

**IFSS1.2 Explore the extension of the Integrated Family Support Service model to include other parental additional needs (e.g. learning disability) and consider how it can help tackle adverse childhood experiences.**

**Response to PNA Need: N1-N12**  
**Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV1-WBV3**  
**Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 5.1-5.2, 6.1-6.2, 7.1-7.3, 8.1**

How will we Deliver?	Partner Agencies	Reporting Mechanism		
<ul style="list-style-type: none"> <li>• <a href="#">Cardiff and Vale of Glamorgan Integrated Family Support Service</a></li> <li>• <a href="#">Cardiff and Vale LSCB Business Plan</a></li> <li>• <a href="#">Cardiff Early Help Strategy</a></li> <li>• <a href="#">Vale of Glamorgan Children and Young People Service Plan 2017-2021</a></li> <li>• <a href="#">Substance Misuse and Well-being Commissioning Strategy 2016-2020</a></li> <li>• <a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li>• <a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>	Local Authorities, CVUHB, SWP, Probation, Third Sector, Family members and community	<ul style="list-style-type: none"> <li>• IFSS Annual Report</li> <li>• RPB Annual Report</li> </ul>		

Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• Provide a volunteer programme that helps parents to practice the skills they learn from social services intervention, within a supportive community</li> </ul>	Medium-term	<ul style="list-style-type: none"> <li>• IFSS Core Budget (Pooled Fund)</li> </ul>	√	√	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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setting. This may involve helping with bedtime routine, playing with the children while the parent makes a meal or being on the end of a phone if a crisis hits. Support at this level can keep families together, improve parenting outcomes, safeguard children and ultimately reduce substance misuse.		<ul style="list-style-type: none"> <li>• Families First</li> <li>• Flying Start</li> <li>• Core Budgets</li> <li>• Area Planning Board</li> <li>• VAWDASV funding</li> </ul>			
<ul style="list-style-type: none"> <li>• Offer parents training and support in leading healthy lifestyles, including accredited 'Get Cooking' courses</li> </ul>	Short-medium term				
<ul style="list-style-type: none"> <li>• Explore greater collaborative working in relation to the work on Adverse Childhood Experiences via the National Ace Hub.</li> </ul>	Short-term				
<ul style="list-style-type: none"> <li>• IFST training development - to deliver IFST training to social work students who are in the second year of the Masters program.</li> </ul>	Short-medium term				
<ul style="list-style-type: none"> <li>• Ongoing work regarding the delivering of IFST Safety Planning training to social work practitioners in the Vale of Glamorgan.</li> </ul>	Short-medium term				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## 5. Adult and Young Carers



### How are we addressing care and support needs?

#### 1. Regional Partnership Board Priorities

##### AYC1.1: Identify and implement a carer engagement model based on best practice

**Response to PNA Need:** N1, N8-N10

**Contribution to Well-being Objectives:** WBC3, WBC5, WBV1, WBV2

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism			
<ul style="list-style-type: none"> <li>Cardiff and Vale of Glamorgan Local Authority Carers Workstream</li> <li><a href="#">Carers Information and Consultation Strategy</a></li> <li><a href="#">Cardiff and the Vale Carers Support and Information Network Group (CSING)</a></li> <li><a href="#">Shaping our Future Well-being Strategy</a></li> <li><a href="#">Carers Strategy for Wales</a></li> </ul>	CVUHB, Local Authorities, Carers, CS3C, GVS, Carers Trust Wales/SE Wales	<ul style="list-style-type: none"> <li>Carers Information and Consultation Strategy – Annual Report</li> <li>RPB Annual Report</li> </ul>			
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Support and monitor the delivery of Phase 2 of the Carers Engagement Project to build on Phase 1 findings which considered potential carer forum models and barriers to engagement.</li> </ul>	Short-term	<ul style="list-style-type: none"> <li>Core budgets</li> <li>Third Sector</li> </ul>	√	√	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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**AYC1.2 Improve physical and emotional support for young carers, including emergency and pre-planned respite and reducing the risk of Adverse Childhood Experiences (ACEs)**

**Response to PNA Need:** N1-N2, N4-N9

**Contribution to Well-being Objectives:** WBC3-WBC7, WBV1-WBCV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism			
<ul style="list-style-type: none"> <li>Young Carers Action Plan</li> <li><a href="#">Carers Information and Consultation Strategy</a></li> <li>Cardiff and Vale of Glamorgan Local Authority Carers Workstream</li> <li><a href="#">Cardiff and the Vale Carers Support and Information Network Group (CSING)</a></li> <li><a href="#">Shaping our Future Well-being Strategy</a></li> <li><a href="#">Carers Strategy for Wales</a></li> </ul>	CVUHB, Local Authorities, YMCA, Carers, Schools, CS3C, GVS, Carers Trust Wales/SE Wales	<ul style="list-style-type: none"> <li>Carers Information and Consultation Strategy – Annual Report</li> <li>RPB Annual Report</li> </ul>			
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Improve information sharing and recording concerning known/identified Young Carers</li> </ul>	Short-term	<ul style="list-style-type: none"> <li>Core budgets</li> <li>Cardiff East Young Carers Project</li> <li>Cardiff West Young Carers Project</li> <li>Vale of Glamorgan Young Carers Project</li> <li>Cardiff and Vale Young Carers Club</li> <li>Carers Trust South East Wales</li> <li>Young Carers Toolkit</li> </ul>	√	√	
<ul style="list-style-type: none"> <li>Improve the Identification of “hidden” Young Carers</li> </ul>	Short-medium term				
<ul style="list-style-type: none"> <li>Work with Wellbeing and Mental Health Services to ensure appropriate identification of Young Carers and referrals to support</li> </ul>	Medium-term				
<ul style="list-style-type: none"> <li>Identify and support Young Carers Champions in secondary schools as good practice</li> </ul>	Short-term				
<ul style="list-style-type: none"> <li>Develop a Young Carers ID card</li> </ul>	Medium-term				
<ul style="list-style-type: none"> <li>Develop GP Carer Accreditation Scheme</li> </ul>	Short-				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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	term	<ul style="list-style-type: none"> <li>• Young Carers Network</li> <li>• Families First</li> <li>• WG Carer Respite Funding</li> </ul>			
• Support the development of a Pharmacy Carer Accreditation Scheme	Short-term				
• Plan and deliver actions to provide additional respite in response to WG Carers Respite Funding	Short-term				
• Explore greater collaborative working in relation to the work on Adverse Childhood Experiences via the National Ace Hub	Short-term				
• Develop accredited programmes for Young Carers to recognise their skills and experience	Medium-term				
• Review Carers Pathway	Short-term				
<ul style="list-style-type: none"> <li>• Other actions to be considered by Cardiff and Vale of Glamorgan Local Authority Carers Workstream. Considerations to include: <ul style="list-style-type: none"> <li>- Support for young carers who work</li> <li>- Advocacy that is proactively offered, explained and independent from the advocacy for the person they care for</li> </ul> </li> </ul>	Short-medium term				

**AYC1.3: Improve physical and emotional support for adult carers, including emergency and pre-planned respite**

**Response to PNA Need:** N1, N5, N8-N9

**Contribution to Well-being Objectives:** WBC4, WBC6-WBC7, WBV1, WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 5.2, 6.1-6.2

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul style="list-style-type: none"> <li>• Cardiff and Vale of Glamorgan Local Authority Carers Workstream</li> <li>• <a href="#">Carers Information and Consultation Strategy</a></li> <li>• <a href="#">Cardiff and the Vale Carers Support and Information Network Group (CSING)</a></li> <li>• <a href="#">Shaping our Future Well-being Strategy</a></li> </ul>	CVUHB, Local Authorities, Carers, CS3C, GVS, CAVAMH	<ul style="list-style-type: none"> <li>• Carers Information and Consultation Strategy – Annual Report</li> <li>• RPB Annual Report</li> </ul>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li><a href="#">Nexus</a></li> <li><a href="#">Carers Strategy for Wales</a></li> </ul>						
Key Actions		Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Cardiff and Vale of Glamorgan Carers Workstream to identify required physical and emotional support needs. Considerations to include: <ul style="list-style-type: none"> <li>Support for adult carers who work</li> <li>Counselling, other talking therapies and mental health support</li> <li>Provision of training to carers to help them undertake their caring role</li> <li>Intergenerational and mixed support groups</li> <li>Advocacy that is proactively offered, explained and independent from the advocacy for the person they care for</li> </ul> </li> </ul>		Medium-term	<ul style="list-style-type: none"> <li>Core budgets</li> <li>WG Carer Respite Funding</li> <li>ICF</li> <li><a href="#">Cardiff and Vale of Glamorgan Carers Directory</a></li> </ul>	✓	✓	✓
<ul style="list-style-type: none"> <li>Plan and deliver actions to provide additional respite in response to WG Carers Respite Funding</li> </ul>		Short-term				

**AYC1.4: Involve carers, including young carers, in the planning of hospital admission and discharge if the person they care for is in hospital**

**Response to PNA Need:** N1, N3, N8-N9, N11

**Contribution to Well-being Objectives:** WBC3-WBC4, WBC6, WBV1, WBV3

**Contribution to National Outcomes:** 1.1-1.6, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul style="list-style-type: none"> <li>Cardiff and Vale of Glamorgan Local Authority Carers Workstream</li> <li><a href="#">Carers Information and Consultation Strategy</a></li> <li><a href="#">Cardiff and the Vale Carers Support and Information Network Group (CSING)</a></li> <li><a href="#">Shaping our Future Well-being Strategy</a></li> <li>Cardiff and Vale Unscheduled Care Transformation</li> </ul>	CVUHB, Local Authorities, Carers, CS3C, GVS, Age Connects, Carers Trust Wales/SE Wales	<ul style="list-style-type: none"> <li>Carers Information and Consultation Strategy – Annual Report</li> <li>RPB Annual Report</li> </ul>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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Programme						
<ul style="list-style-type: none"> <li><a href="#">Carers Strategy for Wales</a></li> </ul>						
Key Actions		Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Ensure the inclusion of Carers within hospital admission and discharge planning as part of the Cardiff and Vale UHB Unscheduled Care Transformation Programme. Considerations to include: <ul style="list-style-type: none"> <li>Provision of training/showing carers what needs to be done to support the person being cared for at home</li> <li>Provide carers information to take home in a language and format which is accessible to them</li> <li>Provide follow up support to carers after the person they care for has returned home</li> <li>Ensure the availability of medication from the pharmacy to enable discharge, and support for carers to understand the medication and that it is taken appropriately</li> </ul> </li> </ul>		Short-medium term	<ul style="list-style-type: none"> <li>Core budgets</li> <li>ICF</li> <li><a href="#">Cardiff and Vale of Glamorgan Carers Directory</a></li> </ul>	√	√	

**AYC1.5: Provide easily accessible information to carers and relatives in a range of formats and languages, through existing information points, such as primary care and libraries.**

**Response to PNA Need:** N1, N8-N9

**Contribution to Well-being Objectives:** WBC4, WBC6-WBC7, WBV1, WBV3

**Contribution to National Outcomes:** 1.1-1.6

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul style="list-style-type: none"> <li>Cardiff and Vale of Glamorgan Local Authority Carers Workstream</li> <li><a href="#">Carers Information and Consultation Strategy</a></li> <li><a href="#">Cardiff and the Vale Carers Support and Information Network Group (CSING)</a></li> </ul>	CVUHB, Local Authorities, Carers, CS3C, GVS, YMCA, Carers Trust Wales/SE Wales	<ul style="list-style-type: none"> <li>Carers Information and Consultation Strategy – Annual Report</li> <li>RPB Annual Report</li> </ul>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>• <a href="#">Shaping our Future Well-being Strategy</a></li> <li>• <a href="#">Carers Strategy for Wales</a></li> </ul>						
Key Actions		Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• Actions to be considered by Cardiff and Vale of Glamorgan Local Authority Carers Workstream. Considerations to include: <ul style="list-style-type: none"> <li>- Culturally appropriate information in a variety of formats and languages aimed specifically at carers and family members on what they need to know about an individual's health condition, as well as meeting their own care and support needs</li> <li>- Available on- and off-line in a variety of formats and easily accessible in such places as GPs, clinics, hospitals, community centres, libraries and a wide-range of community services</li> </ul> </li> </ul>		Short-term	<ul style="list-style-type: none"> <li>• Core budgets</li> <li>• WG Carer Transitional Funding</li> <li>• Families First</li> <li>• ICF</li> <li>• <a href="#">Cardiff and Vale of Glamorgan Carers Directory</a></li> <li>• Dewis</li> </ul>	✓	✓	

**AYC1.6: Raise awareness around caring and carers among public and health and social care professionals, (e.g. adopting an approach similar to Making Every Contact Count), to ensure that carers are identified as early as possible and all involved are aware of their rights as a carer**

**Response to PNA Need:** N8-N9, N11

**Contribution to Well-being Objectives:** WBC4, WBC6-WBC7, WBV1, WBV3

**Contribution to National Outcomes:** 1.1-1.6

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul style="list-style-type: none"> <li>• Young Carers Action Plan</li> <li>• Cardiff and Vale of Glamorgan Local Authority Carers Workstream</li> <li>• <a href="#">Carers Information and Consultation Strategy</a></li> <li>• <a href="#">Cardiff and the Vale Carers Support and Information Network Group (CSING)</a></li> <li>• <a href="#">Shaping our Future Well-being Strategy</a></li> <li>• <a href="#">Carers Strategy for Wales</a></li> </ul>	CVUHB, Local Authorities, Carers, CS3C, GVS	<ul style="list-style-type: none"> <li>• Carers Information and Consultation Strategy – Annual Report</li> <li>• RPB Annual Report</li> </ul>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Development of a generic Young Carers training package, including e-learning, involving young carers in the process</li> </ul>	Short-medium term	<ul style="list-style-type: none"> <li>Core budgets</li> <li>Families First</li> <li><a href="#">Cardiff and Vale of Glamorgan Carers Directory</a></li> <li>Dewis Wales</li> </ul>	✓	✓	
<ul style="list-style-type: none"> <li>Other actions to be considered by Cardiff and Vale of Glamorgan Local Authority Carers Workstream. Considerations to include: <ul style="list-style-type: none"> <li>More awareness amongst professionals of the different needs and experiences of carers from diverse communities</li> <li>More awareness in diverse communities of what being a carers is and the support available</li> <li>Easier access to carers' assessments</li> <li>Greater awareness that all carers are entitled to a carer's assessment</li> <li>Asking adult and young carers whether they are willing and able to care</li> </ul> </li> </ul>	Short-medium term				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## 6. Health and Physical Disabilities



### How are we addressing health and physical disability care and support needs?

#### 1. Other Partnership Activity

A number of care and support needs in relation to **health and physical disabilities** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

#### HPD1.1: Promote healthy lifestyles and improve and protect the health and well-being of Cardiff and Vale of Glamorgan residents.

**Contribution to PNA Priorities:** N1-N13

**Contribution to Well-being Objectives:** WBC2-WBC7, WBV1-WBV4

**Contribution to National Outcomes:** 1.1-1.2, 2.1-2.3, 4.1-4.2, 5.2, 7.2-7.4, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• <a href="#">Shaping our Future Well-being Plan 2015-2025</a></li> <li>• <a href="#">Cardiff and Vale Integrated Medium Term Plan</a></li> <li>• <a href="#">Cardiff and Vale Local Public Health plan 2016/17-2018/19</a></li> <li>• <a href="#">Cardiff Well-being Plan</a> and <a href="#">Vale of Glamorgan Well-being Plan</a></li> <li>• <a href="#">Primary Care Plan/GP Cluster Plans</a></li> <li>• <a href="#">Wellbeing 4U Service</a></li> <li>• <a href="#">Cardiff Independent Living Service</a></li> <li>• <a href="#">Strategic Equality Plans</a></li> <li>• <a href="#">Cardiff Housing Strategy 2016-</a></li> </ul>	CVUHB, GPs, Public Health Wales, Local Authorities, Third Sector, Food Cardiff, Summer Holiday Enrichment Programme (SHEP), RSLs, Transport Providers	<ul style="list-style-type: none"> <li>• CVUHB IMTP</li> <li>• Annual Report of the Director of Public Health</li> <li>• Well-being Plan Annual Reports</li> </ul>	<ul style="list-style-type: none"> <li>• Core budgets</li> <li>• Primary Care Fund</li> <li>• ICF</li> <li>• Dewis</li> <li>• Public health</li> <li>• Housing</li> <li>• Transport</li> </ul>	√	√	√

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<p><u>2021</u></p> <ul style="list-style-type: none"> <li>• <a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> <li>• <a href="#">Cardiff Local Development Plan 2006-2026</a></li> <li>• <a href="#">Vale of Glamorgan Local Development Plan 2011-2016</a></li> <li>• <a href="#">Cardiff Transport Strategy – Keep Cardiff Moving</a></li> <li>• <a href="#">Vale of Glamorgan Local Transport Strategy</a></li> </ul>						
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Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## 7. Adult Mental Health and Cognitive Impairment



### How are we addressing care and support needs?

#### 1. Other Partnership Activity

A number of care and support needs in relation to **adult mental health and cognitive impairment** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

#### **AMHCI 1.1: Deliver the Cardiff and Vale of Glamorgan 'Together for Mental Health' Plan, which includes ensuring that:**

- People in Cardiff and Vale of Glamorgan are more resilient and better able to tackle poor mental well-being when it occurs
- The quality of life for people is improved, particularly through addressing loneliness and unwanted isolation
- Services meet the needs of the diverse population of Cardiff and Vale of Glamorgan
- People with mental health problems, their families and carers are treated with dignity and respect
- All children have the best possible start in life, which is enabled by giving parents / care givers the support needed
- All children and young people are more resilient and better able to tackle poor mental well-being when it occurs
- Children and young people experiencing mental health problems get better sooner
- People with a mental health problem have access to appropriate and timely services
- People of all ages experience sustained improvement to their mental health and well-being through access to positive life chances
- Cardiff and Vale of Glamorgan is a dementia friendly region

**Contribution to PNA Priorities:** N1-N11

**Contribution to Well-being Objectives:** WBC3-WBC7, WBV1-WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• Cardiff and Vale Local Mental Health Partnership Board</li> <li>• <a href="#">Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</a></li> <li>• <a href="#">WG Together for Mental Health Delivery Plan 2016-2019</a></li> <li>• <a href="#">Shaping our Future Well-being Strategy</a></li> <li>• <a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li>• <a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>	CVUHB, Local Authorities, SWP, GPs, WAST, CAVAMH, Third Sector	<ul style="list-style-type: none"> <li>• Cardiff and Vale Local Mental Health Partnership Board Annual Report</li> </ul>	<ul style="list-style-type: none"> <li>• Core Budgets</li> <li>• ICF Capital</li> </ul>	✓	✓	✓

Final Draft

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## 8. Sensory Loss and impairment



### How are we addressing care and support needs?

#### 1. Other Partnership Activity

A number of care and support needs in relation to **sensory loss and impairment** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

**SLI 1.1: Deliver the Cardiff and Vale of Glamorgan Eye Care Plan in conjunction with Primary Care, Secondary Care, Cardiff and Vale of Glamorgan University Health Board and Welsh Government**

**SLI 1.2 Develop and implement a health board wide action plan to meet the All Wales Standards for Accessible Information and Communication for People with Sensory Loss, in order to improve provision across Primary Care, Secondary Care and Emergency and Unscheduled Care**

**SLI 1.3 Explore the establishment of a partnership delivery mechanism to meet the wider needs of people with sensory loss and impairment**

**Contribution to PNA Priorities:** N1-N11

**Contribution to Well-being Objectives:** WBC3-WBC4, WBC5-WBC7, WBV1-WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Cardiff and Vale of Glamorgan Eye Care Plan</li> <li><a href="#">CVUHB Strategic Equality Plan</a></li> <li><a href="#">All Wales Standards for Accessible Communication and Information for People with Sensory Loss</a></li> <li>CVUHB 'Standards for Accessible</li> </ul>	CVUHB, GP Clusters, Health board Eye Care Collaborative Groups and public health	<ul style="list-style-type: none"> <li>Eye Care Steering Board</li> <li>CVUHB IMTP</li> <li>CVUHB Strategic Equality Plan</li> <li>Sensory Loss Steering Group</li> </ul>	<ul style="list-style-type: none"> <li>Core Resources</li> <li>Eye Care Wales</li> <li>Low Vision Service Wales</li> <li>Dewis</li> </ul>	✓	✓	✓

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<p>Information and Communication for People with Sensory Loss' Action Plan</p> <ul style="list-style-type: none"> <li>• <a href="#">Deaf and Hard of Hearing Mental Health Network</a></li> <li>• <a href="#">Cardiff Council Sensory Service</a></li> <li>• <a href="#">Vale of Glamorgan Council Sensory Service</a></li> </ul>	<p>lead, School Nurses, Orthoptists, Optometrists, Optometry Wales, Third Sector, Local authorities, Older Person's Commissioner</p>					
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Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## 9. Violence Against Women, Domestic Abuse and Sexual Violence



### How are we addressing care and support needs?

#### 1. Other Partnership Activity

A number of care and support needs in relation to **violence against women and men, domestic abuse and sexual violence** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

#### VAWDASV 1.1 Deliver the Cardiff and Vale of Glamorgan Violence Against Women, Domestic Abuse and Sexual Violence Strategy

**Contribution to PNA Priorities:** N1-N14

**Contribution to Well-being Objectives:** WBC3-WBC7, WBV1-WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Cardiff and Vale of Glamorgan VAWDASV Strategy – <i>under development</i></li> <li><a href="#">WG National Strategy on Violence Against Women, Domestic Abuse and Sexual Violence – 2016-2021</a></li> <li><a href="#">The National Training Framework on violence against women, domestic abuse and sexual violence</a></li> <li><a href="#">South Wales Police and Crime Reduction Plan 2017-21</a></li> <li><a href="#">IRIS (Identification and Referral to Improve Safety) Project</a></li> </ul>	Local Authorities, CVUHB, GPs, SWP, National Probation Service, PCC, Wales Community Rehabilitation Company, LSCB, Cardiff Women’s Aid, Atal Y Fro, Safer Wales, BAWSO,	<ul style="list-style-type: none"> <li><a href="#">Public Service Boards</a></li> <li>Cardiff and Vale VAWDASV Board (from April 18)</li> <li><a href="#">Cardiff Safer and Cohesive Communities Programme Board</a></li> <li><a href="#">Safer Vale Partnership</a></li> <li><a href="#">Local Safeguarding Children Board</a></li> </ul>	<ul style="list-style-type: none"> <li>Core Budgets</li> <li>Welsh Government/PCC VAWDASV funding</li> <li>Supporting People</li> <li>IFSS</li> <li>Cardiff Multi-Agency Safeguarding Hub (MASH)</li> <li>Families First</li> <li>Flying Start</li> <li>Area Planning Board</li> </ul>	✓	✓	✓

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<ul style="list-style-type: none"> <li>• <a href="#">White Ribbon Campaign</a></li> <li>• <a href="#">Local Safeguarding Children's Board</a></li> <li>• <a href="#">Child Sexual Exploitation (CSE) Prevention Strategy for the NHS in Wales 2016 – 2019</a></li> <li>• <a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li>• <a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>	Third Sector		<ul style="list-style-type: none"> <li>• Cardiff Signs of Safety</li> </ul>			
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Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## 10. Asylum Seekers and Refugees

### How are we addressing care and support needs?

#### 1. Other Partnership Activity

A number of care and support needs in relation to **asylum seekers and refugees** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

#### ASR1.1 Deliver the Cardiff and Vale of Glamorgan Community Cohesion Delivery Plan 2017-2020

**Contribution to PNA Priorities:** N1-N8,

**Contribution to Well-being Objectives:** WBC2-WBC7, WBV1-WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>• <a href="#">Welsh Government National Community Cohesion Delivery Plan 2017-2020</a></li> <li>• Cardiff and Vale of Glamorgan Community Cohesion Delivery Plan 2017-2010 (<i>under development</i>)</li> <li>• <a href="#">Welsh Government Refugee &amp; Asylum Seeker Delivery Plan 2016-2019</a></li> <li>• <a href="#">Cardiff Well-being Plan</a> and <a href="#">Vale of Glamorgan Well-being Plan</a></li> <li>• <a href="#">Cardiff City of Sanctuary</a></li> <li>• Inclusive Cardiff Network: Inclusive Cities Project (<i>under development</i>)</li> <li>• Local Strategic Framework on New and</li> </ul>	Local authorities, CVUHB, GPs, Public health Wales, Welsh Refugee Coalition, Third Sector, RSLs, Displaced People in Action	<ul style="list-style-type: none"> <li>• Public Service Boards</li> <li>• <a href="#">Cardiff Safer &amp; Cohesive Communities Programme Board</a></li> <li>• Syrian Resettlement Leadership &amp; Operational Groups</li> </ul>	<ul style="list-style-type: none"> <li>• Core budgets</li> <li>• WG Community Cohesion Funding</li> <li>• Home Office Syrian Resettlement Programme Funding</li> <li>• CVUHB Cardiff Health Access Practice (CHAP) Service</li> </ul>	√	√	√

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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<p>Emerging Communities</p> <ul style="list-style-type: none"> <li>• <a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li>• <a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>						
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Final Draft

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## 11. Offenders



### How are we addressing care and support needs?

#### 1. Other Partnership Activity

A number of care and support needs in relation to **offenders** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

O1.1 Ensure that the local criminal justice system works effectively and efficiently, meeting the needs of victims and challenging offenders						
Contribution to PNA Priorities: N1-N10						
Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV2-WBV3						
Contribution to National Outcomes: 1.1-1.6, 2.1, 2.3, 3.1, 3.3, 4.1, 5.2, 6.1-6.2, 7.3						
How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li><a href="#">South Wales Police and Crime Reduction Plan 2017-21</a></li> <li><a href="#">Transforming Summary Justice Programme</a></li> <li><a href="#">Cardiff and Vale Substance Misuse and Wellbeing Commissioning Strategy 2016-2020</a></li> <li><a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li><a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>	SWP, SWP PCC, National Probation Service, HMP Cardiff, Wales Community Rehabilitation Company, Local Authorities, CVUHB, Third Sector, Ministry of Justice, Welsh Government, Housing, RSLs	<ul style="list-style-type: none"> <li><a href="#">Public Service Boards</a></li> <li><a href="#">Cardiff Safer and Cohesive Communities Programme Board</a></li> <li><a href="#">Safer Vale Partnership</a></li> </ul>	<ul style="list-style-type: none"> <li>Core Budgets</li> <li>Police and Crime Commissioner / National Offender Management Service budget for the Offender Intervention Service (Cardiff and Vale component)</li> <li>IFSS</li> <li>Cardiff Multi-Agency Safeguarding Hub (MASH)</li> <li>Families First</li> <li>Area Planning Board</li> </ul>	√	√	√

## 12. Veterans



### How are we addressing care and support needs?

#### 1. Other Partnership Activity

A number of care and support needs in relation to **veterans** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

#### V1.1 Deliver the Cardiff and Vale of Glamorgan Armed Forces Community Action Plan 2017/2019

**Contribution to PNA Priorities:** N1-N10

**Contribution to Well-being Objectives:** WBC3-WBC5, WBC7, WBV2-WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1, 2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li>Cardiff and Vale Armed Force Community Covenant Action Plan 2017/2019</li> <li><a href="#">Veterans Mental Health Support Group</a></li> <li><a href="#">Cardiff Armed Forces Community Covenant</a></li> <li><a href="#">Vale of Glamorgan Armed Forces Community Covenant</a></li> <li><a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li><a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>	CVUHB, Local authorities, GPs, Public Health, Veterans' NHS Wales, Royal British Legion 160 Brigade Serving Personnel & Veterans' Agency, Third Sector, Housing, RSL	<ul style="list-style-type: none"> <li>Cardiff and Vale Armed Forces Forum</li> <li>CVUHB IMPTP</li> </ul>	<ul style="list-style-type: none"> <li>Veterans' NHS Wales Hub</li> <li>Veterans Population Needs Assessment</li> <li><a href="#">Call to Mind : Wales</a></li> </ul>	✓	✓	✓

## 13. Substance Misuse



### How are we addressing care and support needs?

#### 1. Other Partnership Activity

A number of care and support needs in relation to **substance misuse** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

**SM1.1 Deliver the Cardiff and Vale of Glamorgan Substance Misuse and Wellbeing Commissioning Strategy with a focus on prevention, education, treatment, support and sustainable long –term recovery.**

**SM1.2 Increase the safety of our communities by delivering multi-agency responses in locations where discarded injecting equipment and other drug paraphernalia is prevalent**

**Contribution to PNA Priorities:** N1-N11

**Contribution to Well-being Objectives:** WBC3-WBC5, WBC7, WBV2-WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul style="list-style-type: none"> <li><a href="#">Cardiff and Vale Substance Misuse and Wellbeing Commissioning Strategy</a></li> <li><a href="#">Cardiff Housing Strategy 2016-2021</a></li> <li><a href="#">Vale of Glamorgan Local Housing Strategy 2015-2020</a></li> </ul>	CVUHB, Local Authorities, SWP, Third Sector, NOMS, Wales Community Rehabilitation Company, National Probation Service	<ul style="list-style-type: none"> <li>Cardiff and Vale Substance Misuse Area Planning Board (APB)</li> <li>APB Annual Report</li> <li>APB Quarterly Welsh Government Dashboard</li> </ul>	<ul style="list-style-type: none"> <li>£3.46m Substance Misuse Grant Funding</li> <li>£2.52m NHS ring-fenced allocation for substance Misuse</li> <li>Cardiff and Vale local authorities social services substance misuse teams</li> <li>Cardiff and Vale local authorities community</li> </ul>	✓	✓	✓

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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			<p>care budgets for residential rehabilitation placements</p> <ul style="list-style-type: none"> <li>• Police and Crime Commissioner / National Offender Management Service budget for the Offender Intervention Service (Cardiff and Vale component)</li> </ul>			
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Final Draft

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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Overview of Population Needs – by Population Group

<p><b>1. Older People</b></p>  <p>Older People, Including People with Dementia</p>	N1 – Maintain sustainability of key services supporting older people	N2 – Improve access to information and advice (e.g. one stop shop model)
	N3 – Improve integrated management of mental health and physical issues	N4 – Increase integration of health, housing and social care
	N5 – Reduce social isolation and loneliness while maintaining independence	N6 – Increase support to access practical help with day-to-day tasks such as shopping and gardening
	N7 – Improve support and information for people with dementia, their family and carers	N8 – Provide appropriate housing to meet individuals’ needs and enable people to remain independent
	N9 – Promote accessible built environments (including good lighting and toilets)	N10 – Improve the commissioning of care home places to enable consistent and high quality care
	N11 – Improve public transport services to enable access to activities promoting health and well-being	N12 – Improve access to different types of advocacy
	N13 Increase digital inclusion to enable access to information and services	N14 Promote inter-generational opportunities in communities
<p><b>2. Children and Young People</b></p>  <p>Children and Young People</p>	N1 – Improve support for children and young people affected by parental relationship breakdown and domestic violence	N2 – Improve access to appropriate services in a timely fashion, including primary care and mental health services, and support for young people with ADHD and Autism
	N3 – Improve access to appropriate services for looked after children and children in need, recognising increased rates of emotional and mental health issues	N4 – Increase support for young carers, including respite, and raise awareness of what they do
	N5 – Increase involvement of children and young people in decisions affecting them	N6 Enable smoother transitions between children’s and adult’s services
	N7 – Provide appropriate and safe accommodation	N8 – Further develop vocational educational opportunities and apprenticeships
	N9 – Respond to the increasing numbers and complexity of needs of children and young people with a disability	

<b>3. Learning Disability and Autism</b>  Learning Disability and Autism	N1 – Increase the availability of information and services	N2 – Improve public transport services to enable access to activities promoting health and well-being
	N3 – Provide respite to those in need	N4 – Improve access to day opportunities
	N5 – Increase involvement of people requiring services in decisions affecting them	N6 – Recognise and support people who fall between learning disability and mental health service provision
<b>4. Integrated Family Support Services</b>  Integrated Family Support Services	N1 – Improve support for children and young people affected by parental relationship breakdown and domestic violence	N2 – Improve access to appropriate services in a timely fashion, including primary care and mental health services, and support for young people with ADHD and Autism
	N3 – Improve access to appropriate services for looked after children and children in need, recognising increased rates of emotional and mental health issues	N4 – Provide appropriate and safe accommodation
	N5 – Increase involvement of people requiring services in decisions affecting them	N6 – Increase timely access to low level mental health services (including counselling and family support)
	N7 – Improve support for the families of people with mental health issues	N8 - Prevent and reduce the incidences of adverse childhood experiences (ACEs)
	N9 – Ensure approached are both needs-led and risk-led	N10 – Improve co-ordination between substance misuse services
	N11 – Improve offender access to mental health and substance misuse services, and counselling post-release	N12 – Improve support to offenders and their families to enable family stability
<b>5. Adult and Young Carers</b>  Adult and Young Carers	N1 – Improve access to information (including financial support and services available)	N2 – Improve public transport services to enable access to health and well-being activities
	N3 – Ensure the discharge planning process involves consultation with carers	N4 – Provide appropriate housing to meet individuals' needs and enable people to remain independent
	N5 Provide accessible respite care (including emergency respite) for those in need	N6 – Improve the availability of mental health support to carers
	N7 – Reduce loneliness and social isolation	N8 – Identify carers and provide support to those in need
	N9 – Improve access to carers' assessments	N10 – Enable smoother transitions between children's and adult's services

	N11 – Address perceptions of carers feeling judged by services	
<b>6. Health and Physical Disabilities</b>  Health and Physical Disabilities	N1 – Improve access to information and services	N2 – Maintain and improve the provision and sustainability of community services
	N3 – Improve the flexibility of services, including offering provision closer to home	N4 – Improve transitions between children’s and adult’s services
	N5 – Increase integration of health, housing and social care	N6 – Promote and target service to meet the needs of vulnerable groups
	N7 – Improve public transport services to enable access to activities which promote health and well-being	N8 – Improve the use of public buildings to join-up services and maximise resources
	N9 – Provide appropriate housing to meet individuals’ needs and enable people to remain independent	N10 – Reduce the prevalence of unhealthy behaviours
	N11 – Respond to the increasing prevalence of long-term conditions	N12 – Reduce the levels of air pollution
	N13 – Reduce the number of people living in food poverty	
<b>7. Adult Mental Health and Cognitive Impairment</b>  Adult Mental Health and Cognitive Impairment	N1 – Increase timely access to low level mental health services (including counselling and family support)	N2- Improve the join-up of information, advice and services
	N3 – Reduce loneliness and isolation (especially among people with dementia, asylum seekers and refugees)	N4 – Provide appropriate housing to meet individuals’ needs and enable people to remain independent
	N5 – Continue partnership approach between statutory services and with the third sector	N6 – Improve support for the families of people with mental health issues
	N7 – Improve access to services such as community hubs and one-stop-shops	N8 – Improve information and support for GPs to inform decisions around referrals
	N9 – Improve support for people with dementia, their families and carers	N10 – Improve peer support and mentoring to guide people through the system
<b>8. Sensory Loss and Impairment</b>	N1 – Improve accessible communication and provision of information on services available	N2 – Improve opportunities for increasing mobility and rehabilitation
	N3 – Review purpose and use of registers for sensory impairment	N4 – Increase opportunities to improve social interaction, mental health and well-being
	N5 – Improve the provision of person centred equipment and technology	N6 – Ensure appropriate housing to meet individuals’ needs and enable independent living

 <p>Sensory Loss and Impairment</p>	N7 – Improve access to appropriate specialist services and assessments	N8 – Continue partnership approach between statutory services and with the third sector
	N9 – Identify people with complex needs and sensory impairment who require additional support	N10 – Improve planning for increase in prevalence of people with sight loss
	N11 – Recognise and address diagnosed hearing impairment among older people in care homes	
<b>9. Violence Against Women, Domestic Abuse and Sexual Violence</b>  <p>Violence Against Women, Domestic Abuse and Sexual Violence</p>	N1 – Undertake awareness raising in schools to promote healthy relationships	N2 – Promote the use of positive male role models
	N3 – Provide support and safeguarding to children in households where there is domestic abuse	N4 – Prevent and reduce the incidences of adverse childhood experiences (ACEs)
	N5 – Ensure approaches are both needs-led and risk-led	N6 – Increase the accountability of perpetrators
	N7 – Promote early reporting and the implementation of “Ask and Act”	N8 – Improve transparency in family courts
	N9 – Improve access to information on services and support that is available	N10 – Raise awareness in communities of how they can identify and support people experiencing domestic abuse and sexual violence
	N11 – Provide appropriate, safe and secure accommodation	N12 – Improve the availability of age-appropriate counselling
	N13- Reduce incidences of child sexual exploitation	N14 – Reduce incidences of ‘honour’-based violence
<b>10. Asylum Seekers and Refugees</b>  <p>Asylum Seekers and Refugees</p>	N1 – Improve access to ESOL and interpretation for public services	N2 – Improve access to information on education, hate crime, health and service provision.
	N3 – Improve access to the labour market	N4 – Provide support to help establish links in the community
	N5 – Increase the availability of childcare	N6 – Improve public transport services to enable access to health and social activities
	N7 – Improve engagement with schools	N8 – Improve access to community mental health services
<b>11. Offenders</b>	N1 –Improve access to mental health and substance misuse services, and counselling post release	N2 – Respond to the increase in use of new psychoactive substances
	N3 – Improve support to enable family stability	N4 – Provide appropriate housing and support
	N5 – Improve access to information on employment and welfare	N6 – Provide youth support services and activities

 <p>Offenders</p>	benefits support	
	N7 – Promote healthy lifestyles (including sexual health)	N8 – Increase engagement in education and community activities
	N9 – Improve partnership working and communication between services	N10 – Promote opportunities for continued adult learning and development of life skills
<b>12. Veterans</b>  <p>Veterans</p>	N1 – Improve mental health diagnosis and care	N2 – Reduce social isolation
	N3 – Improve access to housing	N4 – Improve the availability of financial advice
	N5 – Improve the provision of services for all conditions affecting veterans, not just post-traumatic stress disorder	N6 – Reduce substance misuse and self-medication
	N7 – Increase early diagnosis and preventative treatment to reduce long-term limiting illnesses	N8 – Improve transition between active service and civilian life
	N9 – Improve access to information and services	N10 – Reduce safeguarding issues relating to domestic violence
<b>13. Substance Misuse</b>  <p>Substance Misuse</p>	N1 – Respond to the increased number of people buying illicit substances online	N2 – Respond to the growing ‘hidden population’ misusing prescription and over the counter medication
	N3 – Reduce the misuse of neuropathic medications with alcohol and drugs	N4 – Reduce the use of synthetic cannabinoids and nitrous oxide
	N5 – Increase awareness of dual diagnosis (substance misuse and mental health issues in one individual)	N6 – Respond to the increasing prevalence of alcohol related brain damage (ARBD)
	N7 – Respond to the growing impact of ‘legal highs’ on emergency services	N8 – Respond to the increased distribution of more potent heroin
	N9 – Reduce the number of older people (50+ years) misusing alcohol through loneliness and boredom	N10 – Review access to substance misuse services (including opening hours)
	N11 – Improve co-ordination between services	

## Cardiff and Vale of Glamorgan Well-being Objectives

Cardiff Well-being Objectives	Vale of Glamorgan Well-being Objectives
<b>WBC1</b> - A Capital City that works for Wales	<b>WBV1</b> - Enable people to get involved, participate in their communities and shape local services
<b>WBC2</b> - Cardiff's population growth is managed in a resilient way	<b>WBV2</b> - Reduce poverty and tackle inequalities linked to deprivation
<b>WBC3</b> - Safe, confident and empowered communities	<b>WBV3</b> - Give children the best start in life
<b>WBC4</b> - Cardiff is a great place to grow up	<b>WBV4</b> - Protect, enhance and value our environment
<b>WBC5</b> - Supporting people out of poverty	
<b>WBC6</b> - Cardiff is a great place to grow old	
<b>WBC7</b> - Modernising and integrating our public services	

## Social Services: The National Outcomes Framework for People who Need Care and Support, and Carers who need Support

<http://gov.wales/topics/health/socialcare/well-being/?lang=en>

What well-being means	National well-being outcomes
1. Securing rights and entitlements. Also for adults: control over day-to-day life.	1.1 I know and understand what care, support and opportunities are available and use these to help me achieve my well-being 1.2 I can access the right information, when I need it, in the way I want it and use this to manage and improve my well-being 1.3 I am treated with dignity and respect and treat others the same 1.4 My voice is heard and listened to 1.5 My individual circumstances are considered 1.6 I speak for myself and contribute to the decisions that affect my life, or have someone who can do it for me
2. Physical and mental health and emotional well-being Also for children: physical, intellectual, emotional, social and behavioural development.	2.1 I am healthy and active and do things to keep myself healthy 2.2 I am happy and do the things that make me happy 2.3 I get the right care and support, as early as possible.
3. Protection from abuse and neglect.	3.1 I am safe and protected from abuse and neglect 3.2 I am supported to protect the people that matter to me from abuse and neglect 3.3 I am informed about how to make my concerns known.
4. Education, training and recreation.	4.1 I can learn and develop to my full potential 4.2 I do the things that matter to me.
5. Domestic, family and personal relationships.	5.1 I belong 5.2 I contribute to and enjoy safe and healthy relationships.
6. Contribution made to society.	6.1 I engage and make a contribution to my community 6.2 I feel valued in society.
7. Social and economic well-being. Also for adults: participation in work.	7.1 I contribute towards my social life and can be with the people that I choose 7.2 I do not live in poverty 7.3 I am supported to work 7.4 I get the help I need to grow up and be independent 7.5 I get care and support through the Welsh language if I want it.
8. Suitability of living accommodation.	8.1 I live in a home that best supports me to achieve my well-being.

## Glossary

<b>A</b>	
ABMU	Abertawe Bro Morgannwg University Health Board
ACEs	Adverse Childhood Experiences
ACEs Hub	National Hub set up by Cymru Well Wales to tackle the negative impact of Adverse Childhood Experiences
ADHD	Attention Deficit Hyperactivity Disorder
ALN	Additional Learning Needs
AMD	Age-related Macular Degeneration
AMHCI	Adult Mental Health and Cognitive Impairment
APB	Area Planning Board
ARBD	Alcohol Related Brain Damage
ASD	Autism Spectrum Disorder
ASR	Asylum Seekers and Refugees
AYC	Adult and Young Carers
<b>B</b>	
BAWSO	Black Association of Women Step Out
<b>C</b>	
C3SC	Cardiff Third Sector Council
CAMHS	Child and Adolescent Mental Health Services
CAVAMH	Cardiff and Vale Action for Mental Health
CAVC	Cardiff and Vale College
CHAP	Cardiff Health Access Practice - Healthcare Services operating from Cardiff Royal Infirmary for people who find it difficult to visit mainstream GP services
CSC	Central South Education Consortium
CSE	Child Sexual Exploitation

CSING	Cardiff and the Vale Carers Support and Information Network Group
CVIHSC	Cardiff and Vale of Glamorgan Integrated Health and Social Care Partnership
CVUHB	Cardiff and Vale University Health Board
CYP	Children and Young People
<b>E</b>	
ESOL	English for Speakers of Other Languages
<b>G</b>	
GCSE	General Certificate of Secondary Education
GPs	General Practitioners
GVS	Glamorgan Voluntary Service
<b>H</b>	
HMP	Her Majesty's Prison
HPD	Health and Physical Disabilities
<b>I</b>	
IAA	Information, Advice and Assistance
IAS	Integrated Autism Service
ICF	Integrated Care Fund
ID	Identification
IFSS	Integrated Family Support Service
IFST	Integrated Family Support Team
IMTP	(Cardiff and Vale UHB) Integrated Medium Term Plan
IT	Information Technology
<b>J</b>	
JES	Joint Equipment Service
<b>K</b>	
KF	Key Finding
<b>L</b>	
LAC	Looked After Children

LD	Learning Disabilities
LDA	Learning Disabilities and Autism
LSCB	Local Safeguarding Children's Board
<b>N</b>	
NEET	Not in Education, Employment or Training
NEXUS	Nexus is delivered via CAVAMH and involves those who use older people's mental health services and their carers to have say in the way that those services are planned, run and developed
NOMS	National Offender Management Service
<b>O</b>	
O	Offenders
OP	Older People
<b>P</b>	
PACT	Police and Communities Together
PCC	Police and Crime Commissioner
PNA	Population Needs Assessment
PSB	Public Service Board
<b>R</b>	
RPB	Regional Partnership Board
RSL	Registered Social Landlord
<b>S</b>	
SE Wales	South East Wales
SLI	Sensory Loss and Impairment
SM	Substance Misuse
SSWb	Social Services and Wellbeing
SWFRS	South Wales Fire and Rescue Service
SWP	South Wales Police
<b>T</b>	
TBC	To be confirmed

The Vale	The Vale of Glamorgan
<b>V</b>	
V	Veterans
VAWDASV	Violence Against Women, Domestic Abuse & Sexual Violence
<b>W</b>	
WAST	Welsh Ambulance Services NHS Trust
WBC	Well-being Cardiff
WBV	Well-being Vale
WG	Welsh Government
WLGA	Welsh Local Government Association



Cardiff & Vale of Glamorgan  
**INTEGRATED HEALTH  
& SOCIAL CARE PARTNERSHIP**

**PARTNERIAETH IECHYD  
& GOFAL CYMDEITHASOL INTEGREDIG**  
*Caerdydd & Bro Morgannwg*



### **For further information, please contact:**

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